30th Annual

2017 Great Lakes Counseling Psychology Conference
Get in on the Action!
Science, Research, and Practice
March 31 & April 1, 2017
Ball State University

Hosted by:
Ball State's Department of Counseling Psychology, Social Psychology and Counseling

Generously Sponsored by:
Division 17 of the American Psychological Association
Ball State University Center for Peace and Conflict Studies
Journal for Social Action in Counseling & Psychology

www.bsu.edu/GreatLakes2017
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March 30, 2017
Welcome

Ball State University’s Department of Counseling Psychology, Social Psychology and Counseling proudly welcomes you to Muncie, Indiana for the 30th Annual Great Lakes Regional Counseling Psychology Conference!

This year’s theme, “Get in on the Action! Science, Research, and Practice,” calls us to not just absorb knowledge, but to apply it in our work. Counseling Psychologists have the power to effect change through our work as advocates for our clients, students, and the general public. We have invited four symposium speakers (Drs. Candice (Crowell) Hargons, Laurie McCubbin, Rex Stockton, and Chalmer Thompson) to discuss their Action-oriented work as applied to science, practice, and/or social change. We hope you will be as impressed with their contributions to the field as we have been.

We are particularly excited to welcome the 2016-2017 President of the Society of Counseling Psychology (SCP), Division 17, Dr. Martin Heesacker, as our keynote speaker. The Great Lakes Conference has a tradition of inviting SCP’s current President to give the keynote address. Dr. Heesacker’s presentation, Counseling Psychology in the Trump Era, is a particularly timely reminder that counseling psychology is influenced by events outside of the counseling room. In turn, we have the ability (and responsibility) to effect change.

Ball State University is also the host institution for SAS (Student Affiliates of Seventeen), of the Society of Counseling Psychology. The SAS leadership has scheduled some programming, and a social event, as part of the conference. If you aren’t already a member of SAS, talk to one of our representatives about joining, as it is a great way to network with other students and keep current on topics relevant to your academic training and career.

We intend to donate a portion of the profit (if there is any) to the following local organizations: Enough is Enough, Muncie OUTreach, Exodus Refugee Immigration, and Reconciliation Achieved through Community Engagement (R.A.C.E.). We may donate to additional organizations depending on the financial outcome of the conference.

We are very proud of the Great Lakes Region’s continuing support of the counseling psychology conference; 30 years old and still going strong! On behalf of our entire conference team, we hope you enjoy the events during the next two days and you return home refreshed, invigorated, and even more committed to getting in on the action!

Sharon Bowman, Ph.D. and Lawrence Gerstein, PhD
Conference Co-Chairs, Great Lakes 2017 Steering Committee
Conference Program Schedule

Friday, March 31

8:00 AM–3:00 PM  Registration/Check-In  Alumni Lounge 2nd floor Student Center

All presentations are on the 2nd or 3rd floors of the Student Center

9:00 AM-12 PM  Pre-Conference Workshop
Ballroom  Integrated Care: Models, Collaboration, Challenges, and Ethics
Joseph Biggs, Ph.D., HSPP
This is a closed session. Pre-registration was required.

1:00 PM-1:50 PM
Rm 302  Symposium: Putting Them First: Training in Counseling First Generation College Students
Chair: Yamini Bellare, M.A. (Ball State University)
Co-Chair: Kerry Beduna, M.A. (Ball State University)

First Generation College Students (FGS): Who are They?
Yamini Bellare, M.A. (Ball State University)

Cultural Considerations in Counseling First Generation College Students (FGS)
Kerry Beduna, M.A. (Ball State University)

Multiculturally Competent Counseling with First Generation College Students: A Training Program
Lauren Pucci, M.A. (Ball State University)

Rm 305  Paper Session 1
Chair: Byron Long, M.A. (Ball State University)

Safe Sisters: A Bystander Intervention Program to Prevent Sexual Assault
Rachel P. Feldwisch, M.A., M.S. (Indiana University-Bloomington)

Social Pressures and Body Dissatisfaction: The Moderating Role of Self-Concept
Chris Modica, Ph.D. (Wright State University)

Funding and Performance: Comparing Historically Black and Predominantly White Institutions
Steven M. Sanders, M.S. (Cleveland State University) & Chieh-Yu Liao (Cleveland State University)
Friday, March 31
1:00 PM-1:50 PM (Continued)

Music Lounge

Roundtable: How can University Counselors Advocate for Trans Students of Color? Focusing on Career Trajectories and Professional Growth
Pia Nathani, M.S. (Ball State University), Alicia Key, M.A. (Ball State University), Samuel Colbert, B.A. (Ball State University), & Niharika Anant, M.S. (Kent State University)

Rm 308

Symposium: Applications of Positive Psychology to the Classroom, Counseling, and Outreach
Chair: Matt Powless, M.S.Ed. (Indiana University)
Discussant: Nancy McKean Blackwell, Ed.S. (Indiana University)

Gratitude Group in Counseling
Yue Li, M.S. (Indiana University)

Positive Psychology in the Classroom
Nancy Goodrich Mitts, M.Ed. (Indiana University)

Positive Psychology Interventions Implemented through Outreach
Matt Powless, M.S.Ed. (Indiana University)

Pine Shelf Room

Roundtable: Mandatory Reporting, Secondary Trauma and Trust within the Therapeutic Relationship
Poh Li Lau, Ph.D. (University of Malaya, Indiana University), Kiersten Thaxton, B.A. (Indiana University), & Elizabeth Curtis, B.A. (Indiana University)

Rm 301

Roundtable: What is Successful Aging and How Does it Affect Us?
Renee Zucchero, Ph.D. (Xavier University), Michiko Iwasaki, Ph.D. (Loyola University), & Donald R. Nicholas, Ph.D. (Ball State University)

Rm 310

Poster Session 1: Psychotherapy and Research
1. Technology and Older Adults: The Effect of Cyber Social Networking on Wellbeing
Anastasia E. Canell (Loyola University Maryland)

Poster Session 1: Psychotherapy and Research continued
2. Process Model of Self-Forgiveness Responses as Predictors of Relationship Satisfaction
Lucas Huckaby, B.A. (University of Louisville), Dominic Schmuck, B.S. (University of Louisville) & Mark Leach, Ph.D. (University of Louisville)
Friday, March 31
1:00 PM-1:50 PM (Continued)
Rm 310  **Poster Session 1: Psychotherapy and Research continued**

3. Multicultural and Recruitment Issues in Caregiver Studies
Courtney Hull, M.S., (West Virginia University) Alexandria Kinder, M.A., (West Virginia University) & Kelly Thomas, M.S. (West Virginia University)

4. The Role of Social Dominance in Adopting Racial Attitudes
Amber Drozd, M.A. (Trinity Christian College)

5. Strength Based Supervision: A Pilot Study of Supervisor and Supervisee Perceptions
Erica Wiley Whiteman, M.A. (Cleveland State University)

6. Client’s interpersonal style and therapy outcome
Elisheva Havlik, B.S. (University of Northern Iowa), Sage Comstock, B.S. (University of Northern Iowa) & Seong-In Choi, Ph.D. (University of Northern Iowa)

7. Personality and mentoring initiation by doctoral students
Natacha L. Keramidas, M.S. (The University of Akron)

8. Asexuality and Hypersexual Behavior: Implications for Practice and Research
Sai Marakani, B.S. (Ball State University), Steven Scally, B.A. (Ball State University), Emily Boswell, B.A. (Ball State University), Nathan Walters, M.A. (Ball State University), & Joshua Staples, M.A., M.S. (Ball State University)

9. Review of GSM Couples in Couple Therapy Research, Practice, and Theory
Elliot Spengler, M.A. (University of Tennessee, Knoxville), Elliott Devore, M.A. (University of Tennessee, Knoxville), Paul Spengler, Ph.D. (Ball State University), & Nicholas Lee, Ph.D. (Radford University)

10. Multicultural Factors in the Presentation and Treatment of Eating Disorders
Julie Matsen, M.A. (Ball State University)

11. The Links Between Stereotype Vulnerability, Sexual Identity, and Burnout
Abby Bastnagel, B.S. (Purdue University)
Friday, March 31
1:00 PM-1:50 PM (Continued)
Rm 310  **Poster Session 1: Psychotherapy and Research continued**
12. Community-Based Research for Social Change: Outreach Efforts, Challenges and Insights
Mary McGrath (Loyola University Maryland), Brianna Plummer (Loyola University Maryland), Allison Lloyd (Loyola University Maryland), Amy Henninger, M.S. (Loyola University Maryland), & Michiko Iwasaki, Ph.D. (Loyola University Maryland)

13. Counseling Couples and Families
Miranda Dean, M.S. (Ball State University), & Grace Yoder, M.A. (Ball State University)

Nathan Walters, M.A. (Ball State University), Elliot Spengler, M.A. (University of Tennessee-Knoxville), & Paul Spengler, Ph.D. (Ball State University)

15. Early Counselor Development in Undergraduate Students
Betsy Varner, B.A. (Ball State University), Scott Barrera, B.S. (Ball State University), Sai Marakani, B.S. (Ball State University), Emily Boswell, B.A. (Ball State University), & Steven Scally, B.A. (Ball State University)

16. Strength-Based Assessment Within Rural Mental Health
Paul Pohto, M.Ed. (Radford University) & Phil Schulte, M.A. (Radford University)

1:45 PM-3:30 PM  **Snacks & Soft Drinks Alumni Lounge**

2:00 PM-2:50 PM
Rm 301  **Roundtable: Healing the Healers: Addressing the Need for Self-Care among Counselors in Training**
Yamini Bellare, M.A. (Ball State University), Heather Wilson, M.A. (Ball State University), Stefania Ægisdóttir, Ph.D., HSPP (Ball State University), & Hugh Kwon, M.A. (Ball State University)

Rm 306  **Roundtable: Case Conceptualization in the Era of Eclecticism and Evidence-Based Practices**
Cheryl B. Warner, Ph.D. (Indiana University-Purdue University Columbus)
Friday, March 31
2:00 PM-2:50 PM (Continued)

Music Lounge

Roundtable: Advocacy and Social Justice Initiatives for Ethnic/Racial Minority Students
Khanh N. Nghiem, Ph.D., HSPP (Ball State University Counseling Center)

Rm 305

Symposium: Enhancing Cross-Cultural Competence Through Immersion: A Trip to Iceland
Chair: Stefánia Ægisdóttir, Ph.D. (Ball State University)

Why a Cultural Immersion Course? Theoretical, Empirical, and Pedagogical Foundation
Stefánia Ægisdóttir Ph.D. (Ball State University)

Lesson Plan: Experiences and Activities in Iceland
Rachael Collins, M.A. (Ball State University)

Outcome: The Immersion Course’s Impact on Cross-Cultural Counseling Competence
Nathan Walters, M.A. (Ball State University)

Rm 308

Symposium: Social Justice in Integrated Healthcare: Multisystemic Advocacy and Counseling
Chair: Georgiana Sofletea, Ed.M., M.A. (Ball State University)
Discussant: Donald R. Nicholas, Ph.D. HSPP, ABPP (Ball State University)

Social Justice and Advocacy in Integrated Healthcare: Counseling Clients in Poverty
Georgiana Sofletea, Ed.M., M.A. (Ball State University)

Advocacy and Counseling
More Services to More Clients: Integrated Healthcare for Children and Adolescents
Katlyn Rice, M.S. (Ball State University)

Integrated Healthcare as Social Justice
Katie Rider Mundey, M.A. (Ball State University)

Pine Shelf Room

Roundtable: Applications of Social Justice in Careers in Psychological Assessment
Amanda Cleveland, Ph.D. (Lander University), & Tracy Ksiazak Ph.D. (ACT)
Friday, March 31
3:00-3:50 PM

Rm 306  **Roundtable:** The Social Justice Initiative: Promoting Advocacy in Counseling Psychology Programs
Jordan Joyner, M.S. (Radford University) & Kierra Landrum, M.Ed. (Radford University)

Rm 303  **Invited Symposium:** Strategies and Outcomes of Social Action and Advocacy Research
Chair: Pia Nathani, M.S. (Ball State University)
Discussant: Yamini Bellare, M.A. (Ball State University)

The Resilience Movement in Interdisciplinary Research: The Journey Continues
Laurie Dawn McCubbin, Ph.D. (University of Louisville)

Working as an Applied Researcher
Rex Stockton, Ed.D. (Indiana University)

Rm 307  **Roundtable:** Is There Space for Me? When Disability & Sexual Identity Intersect
Sarah Meyer, B.A. (Ball State University), Sam Colbert, B.A. (Ball State University), & Kristina Stewart, B.A. (Ball State University)

Rm 301  **Roundtable:** Child/Adolescent Counseling Psychology: Potential for Collaboration, Intervention, and Prevention
Katlyn Rice, M.S. (Ball State University), Corie Hess, M.S. (Ball State University), & Theresa Kruczek, Ph.D., HSPP (Ball State University)

Pine Shelf Room  **Roundtable:** Treating Survivors of Domestic Violence through the Intersection of Societal Systems
Alisha Guthery-Morse, M.A. (Antioch University Seattle)

4:00 PM-4:50 PM

Ballroom  **Student Meeting Hosted by SAS (Student Affiliates of Seventeen)**
Four roundtable discussions sponsored by SAS intended to provide a forum for students to collaborate and connect on research and practice related to multiculturalism, social justice, scholarship, networking, and prevention.

5:00-6:30 PM  **Conference Social Hour, Alumni Lounge**
Taco Bar Provided & DJ Phoenix in the House!
Friday, March 31
7:30 PM - ???  SAS (Student Affiliates of Seventeen) Get Together
    Elm Street Brewery
    519 N. Elm St., Muncie, IN 47305
    No Cover, No Food Available, But Carry in Food Allowed!
    https://www.facebook.com/elmstreetbrewing/?fref=nf

Saturday, April 1
7:45 AM–12:00 PM  Registration/Check-In
    Alumni Lounge 2nd floor Student Center

7:45-10:00 AM  Continental Breakfast, Alumni Lounge

9:00-9:50 AM  
Rm 301  **Roundtable:** Coming Out in Sports: Discussing Challenges and Support Strategies
    Jesse A Steinfeldt, Ph.D. (Indiana University), Brooke Boyts, B.A. (Indiana University), Julia Cawthra, M.A. (Indiana University), & Jeffrey Grimes, B.A. (Indiana University)

Rm 303  **Roundtable:** Making the Most Out of Internship
    Natacha Keramidas, M.S. (University of Akron), Maya K. Akinfosile, B.A. (University of Akron), & Nathaniel Chapman, M.S. (University of Akron)

Rm 306  **Roundtable:** E Pluribus Unum: The Future of Polyamory and Consensual Non-Monogamy

Rm 305  **Paper Session 2**
    Chair: Pia Nathani, M.S. (Ball State University)
    Gender bias and the enduring American dream
    Matthew Graziano, Ph.D. (Seton Hall University) & Noelany Pelc (Seton Hall University)

Rm 307  **Roundtable:** Support Each Other! Establishing a Peer Mentoring Program in Graduate Psychology Programs
    Rachel K. Turk, M.S. (Radford University)
Saturday, April 1
9:00 AM-9:50 AM (Continued)

Rm 308  **Symposium:** Employing Physical Activities and Sport to Promote Social Change and Justice
Chair: Lawrence H. Gerstein, Ph.D. (Ball State University)
Co-Chair: Lindsey Blom, Ed.D. (Ball State University)

Merging Disciplines for Social Justice Work
Lauren Dalicandro, B.A. (Ball State University)

Social Justice Among Athletes
Chad Sims, M.A. (Ball State University)

The Group Fitness Salad Bowl
Sarah Wheat, B.A. (Ball State University)

Music Lounge  **Roundtable:** Get in on the Action: Promoting Social Justice on Campus
Chelsea Latorre, M.Ed. (West Virginia University), Sarah Milam, M.A. (West Virginia University), Jonathan Nauser, M.S. (West Virginia University), Alexandria Kinder, M.A. (West Virginia University), & Courtney Hull, M.S. (West Virginia University)

Pine Shelf Room  **Roundtable:** Supporting the Career Development of First Generation College Students
Kristin Roberts, M.A., LLPC (Western Michigan University), Kris Pence, M.A., LLPC (Western Michigan University), Mark St. Martin, Ph.D., LPC, LP (Western Michigan University), & Walter Malone, M.A. Ed. (Western Michigan University)

Rm 302  **Symposium:** Instilling Hope to Reduce Suicide Risk at Three Sites
Chair: Khanh N. Nghiem, Ph.D. (Ball State University Counseling Center)
Discussant: Sylwia P. Hodorek, Ph.D. (Ball State University Counseling Center)

Share the Care Week: Suicide Prevention Outreach that Empowers Students
Khanh N. Nghiem, Ph.D. (Ball State University Counseling Center) & Zhenni Wang, M.S. (Ball State University)
Saturday, April 1
9:00 AM-9:50 AM (Continued)

Rm 302  Symposium continued: Instilling Hope to Reduce Suicide Risk at Three Sites
        Connecting Students of a Rural University through Messages of Hope
        Ian Evans, M.S. (Radford University)

        Community Outreach through Messages of Hope
        Jeremiah Burkhart, M.S. (Radford University)

10:00-10:50 AM

Rm 302  Symposium: Transforming Knowledge into Action: Social Justice Training in an APA Accredited University Counseling Center
        Chair: Pei-Yi Lin, Ph.D. HSPP (Ball State University Counseling Center)
        Discussant: Azadeh Fatemi, Ph.D. (Ball State University Counseling Ctr)

        Supporting Students Who Support Sexual Assault Survivors
        Rachel Feldwisch, M.A. (Ball State University)

        First in My Family: Assisting First Generation Students in Accessing an Equitable College Experience
        Esther Sexton, M.A. (Ball State University)

        Assessment of International Student Needs
        Zhenni Wang, M.A. (Ball State University)

Rm 305  Roundtable: Caring for Autism: Integrating Counseling and Applied Behavior Analysis
        Dalton Gibbs, B.A. (Indiana University)

Pine Shelf Room  Roundtable: Managing Stress, Anxiety and Safety for Immigrants Post Election
        Minnah W. Farook, M.A., Ed.S. (University of Kentucky) & Roberto L. Abreu, M.S., Ed.S. (University of Kentucky)

Rm 303  Roundtable: Perspectives on Cultural Competency in Integrated Care
        Jordan Joyner, M.S. (Radford University) & Elizabeth Cottrell, M.A. (Radford University)

Music Lounge  Roundtable: Connection within Disconnection: Group Therapy with Millennial College Students
        Shengying Zhang, Ph.D. (DePauw University Counseling Services) & Scott Hamilton, M.S., LMHC, NCC (DePauw University Counseling Services)
Saturday, April 1
10:00 AM-10:50 AM (Continued)

Music Lounge
Roundtable: Connection within Disconnection: Group Therapy with Millennial College Students
Shengying Zhang, Ph.D. (DePauw University Counseling Services) & Scott Hamilton, M.S., LMHC, NCC (DePauw University Counseling Services)

Rm 307  
Paper Session 3
Chair: Scott Barrera, B.A. (Ball State University)

A Conceptual Content Analysis of Publicly Available Depression Research
Stephanie Garcia (Cleveland State University)

Discrimination, Negative Inferential Style, & Depressive Symptoms in Adolescence
Caroline M. Pittard, M.Ed. (University of Louisville) & Patrick Pössel, Ph.D., PD (University of Louisville)

Reducing Bullying Through a Targeted Social and Communication Skills Intervention
Chad A. Rose, Ph.D. (University of Missouri)

Rm 308  
Symposium: Pakistani and Indian Adults’ Mental Health Beliefs and Psychological Help Seeking
Chair: Stefánia Ægisdóttir, Ph.D. (Ball State University)

Psychological Help Seeking in India
Yamini Bellare, M.S. (Ball State University)

Psychological Help Seeking in Pakistan
Stefánia Ægisdóttir, Ph.D. (Ball State University) & Muhammad Rizvan, Ph.D. (University of Karachi)

Rm 310  
Poster Session 2: Race and Cultural Issues
1. Comparing the Rates of Depression in African-American College Students
Steven M. Sanders (Cleveland State University)

2. The Relationship Between Resilience and Post-Migration Growth Among International Students
Chieh-Yu Liao (Cleveland State University)
Saturday, April 1
10:00 AM-10:50 AM (Continued)
Rm 310  **Poster Session 2: Race and Cultural Issues continued**

3. Femininity Ideology of Muslim-American Women
   Alia Azmat, B.A. (Purdue University)

4. Examining Wellbeing and Social Marginalization in the Lives of Black Sexual Minority Women
   Angela Lewis, M.S. (Western Michigan University)

5. Religious Commitment and Humility in Muslims’ Forgiveness of Microaggressions
   J. Michael Hart, M.S. (University of Louisville) & Mark M. Leach, Ph.D. (University of Louisville)

   Nathan Walters, M.A. (Ball State University), Paulina Wojtach, B.A. (Ball State University), Kailah Glock, B.S. (Ball State University), & Mychaela Adkison (Ball State University)

7. International Counseling Psychology Students’ Supervisory Experience
   Stefanía Ægisdóttir, Ph.D. (Ball State University)

8. Examination of Family Resilience Model among Mexican Caregivers of Children with Cancer
   Katie Watterson, M.S. (University of Louisville), Laurie D. McCubbin, Ph.D. (University of Louisville), & Filiberto Toledano-Toledano, Ph.D. (Universidad Nacional Autónoma de México)

9. Multicultural Competence in Supervision: How to Measure It?
   Yuye Zhang, M.S.W. (Ball State University) & Chad Sims, M.S.Ed. (Ball State University)

10. Development of Attitudes Towards Internationalization and Immigration
    Brittany Wright, B.S. (Purdue University)

11. Barriers to Accessing Mental Health Services for African Americans
    Jody Zhong, B. A. (University of Louisville) & Laurie D. McCubbin, Ph.D. (University of Louisville)
Saturday, April 1
10:00 AM-10:50 AM (Continued)

Rm 310  Poster Session 2: Race and Cultural Issues continued
12. Risk and Protective Factors Shaping Interventions for Pacific Islander Girls
   Laurie D. McCubbin, Ph.D. (University of Louisville) & Maame-Safowaa Geary, M.A. (University of Louisville)

13. Help Seeking in African American Adolescents
   Emma C. Westra, B.A. (Western Michigan University CECP)

14. Examining Academic Resilience for African American Adolescents
   Maisha S. Lassiter, M.A. (Western Michigan University)

15. Mexican American Cultural Values, Acculturation, and Resilience to PTSD in Survivors of Intimate Partner Violence
   Alejandra Gonzalez, B.S. (University of Akron)

16. Identity Negotiation Processes of Transgender Asians, Asian-Americans, and Pacific Islanders
   Jayden L. Thai, M.Ed (University of Louisville)

17. Acculturative Stress, Perfectionism and Career Adaptability in International Students
   Brittany Carbaugh, M.A. (Cleveland State University) & Donna Schultheiss, Ph.D. (Cleveland State University)

18. Acculturative Stress and Coping Mechanisms Among Mexican Immigrants
   Rebecca Tuinstra, M.A., TLLP (Western Michigan University)

19. A Pilot Study of the MATOAS-24: A Short Scale to Measure Attitudes Toward Older Adults
   Michiko Iwasaki, Ph.D. (Loyola University Maryland), Katelyn Hough, B.S. (Loyola University Maryland), Laché T. Wilkins, B.S. (Loyola University Maryland), & Anahys Aghababian (Loyola University Maryland)
Saturday, April 1
11:00-11:50 AM

Rm 303  Invited Symposium: Social Action and Advocacy Preparation and Engagement
Chair: Chad Sims, M.S.Ed. (Ball State University)
Discussant: Wendy Gonzalez-Canal, M.A. (Ball State University)

Run for your Life: Leadership and Governance in Strategic Action
Candice Hargons, Ph.D. (University of Kentucky)

Social Action and Advocacy Preparation and Engagement
Teaching Advocacy in Counseling Psychology and Counselor Education: A Different Angle
Chalmer Thompson, Ph.D. (Indiana University-Purdue University)

Rm 301  Roundtable: Phinishing First: Experiences of First-Gen Students in Doctorate Programs
Quillian D. Murphy, M.S. (Indiana University), Patricia D. Gonzalez, B.A. (Indiana University), Nelson Zounlome, B.S. (Indiana University), & Lucille Gardner, M.S. (Spalding University)

Rm 307  Roundtable: Walk the Talk, Social Justice and Bystander Intervention Training Model
Azadeh Fatemi, Ph.D. (Ball State University Counseling Center) & Pei-Yi Lin, Ph.D. HSPP (Ball State University Counseling Center)

Music Lounge  Roundtable: The Invisible Heroes: Cohort Cohesiveness and Psychology Graduate Students’ Wellbeing

Pine Shelf Room  Roundtable: Challenges for Counseling Psychologists in Working with Vulnerable Populations in Restrictive Settings
Katie Watterson, M.S. (University of Louisville), K. Chinwe Idigo, M.S. (University of Louisville), & Kelsea Visalli, M.Ed. (University of Louisville)

Rm 306  Roundtable: The Heroin Epidemic: A Call for Action by Counseling Psychologists
Julie Langan, B.A. (Loyola University Maryland) & Michiko Iwasaki, Ph.D. (Loyola University Maryland)
Saturday, April 1
12:00-12:50 PM Lunch and Welcome
Ballroom

1:00-1:50 PM KEYNOTE SPEAKER
Ballroom Counseling Psychology in the Trump Era
Dr. Martin Heesacker, Ph.D. (University of Florida)
President, APA Society of Counseling Psychology

1:45 PM-3:30 PM Snacks & Soft Drinks Alumni Lounge

2:00-2:50 PM Informal Student Discussion with APA Division 17 President
Ballroom Dr. Martin Heesacker, Ph.D. (University of Florida)
President, APA Society of Counseling Psychology

Orr Room Closed Meeting of Doctoral Program Training Directors

3:00-3:50 PM 
Rm 306 Roundtable: Counseling as Peace Work: The Time has Come!
Lawrence H. Gerstein, Ph.D. (Ball State University Center for Peace & Conflict Studies), Taciana Pinheiro Oliver Indovina, M.A. (Ball State University), Hunter Sully, M.A. (Ball State University), & Kailah Glock, B.A. (Ball State University)

Rm 301 Roundtable: Returning to Our Roots: Counseling Veterans with Severe Mental Illness
Aieyat Zalzala, M.S.Ed. (Purdue University) & Jacks Cheng, Ed.M., M.A. (Indiana University)

Rm 302 Symposium: Counseling and Social Justice with Vulnerable University Students: Refugees, Undocumented Immigrants and International Students
Chair: Georgiana Sofletea Ed.M., M.A. (Ball State University)
Discussant: Renae D. Mayes, Ph.D., NCC (Ball State University)

Counseling and Advocacy: Giving Voice to Refugee College Students
Georgiana Sofletea Ed.M., M.A. (Ball State University)

Counseling and Social Justice with Vulnerable University Students: Refugees, Undocumented Immigrants & Intl Students
Social Justice Considerations while Counseling Undocumented Immigrant College Students
Yamini Bellare, M.A. (Ball State University)
Symposium continued: Counseling and Social Justice with Vulnerable University Students: Refugees, Undocumented Immigrants and International Students
Social Justice Initiatives in the Transition of International Students to Academic Life in the U.S.
Pia Nathani, M.S. (Ball State University)

Rm 303 Roundtable: Attitudes about Mental Illness and Mental Health Treatment
Stephanie RiCharde, Ph.D. (Virginia Military Institute) & Holly Skillman-Dougherty, Ph.D. (Marian University)

Rm 307 Roundtable: Diversity and Social Justice Training-Reflection, Process, Dialogue and Action
Pei-Yi Lin, Ph.D. HSPP (Ball State University), Rachel Feldwisch, M.A. (Ball State University), Zhenni Wang, M.A. (Ball State University), & Esther Sexton, M.A. (Ball State University)

Rm 308 Symposium: Recognizing Racial Trauma: Research, Clinical Implications, and Advocacy Work
Chair and Discussant: Connor Fais, M.A. (West Virginia University)

Introduction and Review of Racial Trauma Research
Connor Fais, M.A. (West Virginia University) & Adrionia Molder, M.S. (West Virginia University)

Clinical Implications For Counseling Psychologists
Sarah Berkey Milam, M.A. (West Virginia University) & Ben Darling, M.A. (West Virginia University)

Raising Awareness and Advocacy Implementation
Chelsea Latorre, M.Ed. (West Virginia University) & Tim Swiger, M.S. (West Virginia University)

Pine Shelf Room Roundtable: Social Justice and Advocacy in Counseling Psychology:
Working with Refugees and Immigrants
Yacob Tekie, M.A. (University of Tennessee Knoxville) & Joel Muller, M.A. (University of Tennessee Knoxville)
Saturday, April 1
3:00-3:50 PM (Continued)

Poster Session 3: Social Justice

1. Comparing Abilities Across Juvenile Forensic Cases
   Stephanie Garcia (Cleveland State University), Adam Cusner (Cleveland State University), & Lindsey Bisgrove (Cleveland State University)

2. In Pursuit of [Social] Justice: The Road to Advocacy
   Victoria Day, M.A. (Ball State University) & Brandon Millspaugh, M.A. (Ball State University)

3. Understanding Social Class in Counseling
   Chelly Neuenschwander, M.A. (Ball State University) & Kristen Reser, M.A. (Ball State University)

4. Ambushes and Unprovoked Attacks Against Law Enforcement: A Final Report
   Jeneice Shaw, M.A. (West Virginia University), Chelsea Latorre, M.Ed. (West Virginia University), Olivia Scott, M.S. (West Virginia University), & Jeff Daniels, Ph.D. (West Virginia University)

5. U.S. Mental Health Policy: History and Future Implications
   Daniel M. Goldberg, M.S.Ed. (Indiana University – Bloomington), & Shakira L. Smith, B.S. (Indiana University – Bloomington)

6. Exploring the Use of Social Media for Activism of Race-Related Issues
   Betsy Varner, M.A. (Ball State University) & Jacob Yuichung Chan, Ph.D. (Ball State University)

7. Student Veterans’ College Adjustment Experiences
   April Krowel, M.A. (Ball State University)

8. A Preliminary Study of Social Class and Classism Consciousness Scale
   Yu Chak Sunny Ho, M.A., Ed.M. (The University of Iowa), Laurence Chan, M.A., Ed.M. (The University of Iowa), Yun Loh Garrison, M.A. (The University of Iowa), & Cindy Kim, M.A. (The University of Iowa)

9. Policy and Counseling Psychology
   Alia Azmat, B.A. (Purdue University), Brittany Wright, B.S. (Purdue University), Sara Khalid, B.A. (Purdue University), & Ayşe Çiftçi, Ph.D. (Purdue University)
**Saturday, April 1**

**3:00-3:50 PM (Continued)**

**Rm 310**  
**Poster Session 3: Social Justice continued**  
10. Process Model of Self-Forgiveness Responses as Predictors of Relationship Satisfaction  
Lucas Huckaby, B.A. (University of Louisville), Dominic Schmuck, B.S. (University of Louisville) & Mark Leach, Ph.D. (University of Louisville)

**4:00-4:50**

**Rm 307**  
**Roundtable:** Challenging the Status Quo: Ethical Rationale for Implementing Critical Therapy  
Treatjane Brown, B.A. (University of Akron)

**Music Lounge**  
**Roundtable:** Not X nor Y: Transforming Intersectionality for Social Action  
Jacks Cheng, Ed.M., M.A. (Indiana University – Bloomington)

**Music Lounge**  
**Roundtable:** Not X nor Y: Transforming Intersectionality for Social Action  
Jacks Cheng, Ed.M., M.A. (Indiana University – Bloomington)

**Rm 310**  
**Poster Session 4: Advancement of Science**  
1. Literature Review of College Students’ Perceptions of Virginity  
Parrish Williams, M.A. (Purdue University)

2. Review of Cultural Considerations in Home-School Collaboration  
Stephen Matteson, M.A. (Ball State University)

Sarah Milam, M.A. (West Virginia University)

4. Psychosocial and Emotional Effects of being HIV-Positive on Children  
Ratanpriya Sharma, MSED (Indiana University) & Rex Stockton, Ed.D. (Indiana University)

5. The Emotional and Behavioral Impact Associated with Attending an Alternative School  
Adam Cusner, M.A., LPC (Cleveland State University), Stephanie Garcia, M.A. (Cleveland State University), & Lindsey Bisgrove, M.A. (Cleveland State University)
Saturday, April 1

4:00-4:50  **Poster Session 4: Advancement of Science continued**

Rm 310  

- **6. Alternatives to Traditional School and Discipline: Research Among School-Aged Youth**
  Dinah Hudson (Adler University-Chicago) & Haile Pollard-Durodola (Adler University-Chicago)

- **7. Zero Tolerance Policies and the Student-Teacher Relationship**
  Sara Nardone, M.S. (Cleveland State University)

- **8. Hope and Self-Forgiveness Among Morally Injured Combat Veterans**
  Tim Swiger, M.S. (West Virginia University)

- **9. Research Methods and Empirical Standards in Sports Psychology**
  Joshua Staples, M.A., M.S. (Ball State University) & Nile Brandt, B.A. (Ball State University)

- **10. Shame, Posttraumatic Growth & Masculinity in Male Sexual Abuse Survivors**
  Shana DiGregorio, B.A. (The University of Akron) & Joshua Sampson (The University of Akron)

- **11. Gender Differences in Smile Solicitation**
  Martin Heesacker, Ph.D. (University of Florida), Caitlin R. Moriarty (University of Florida), Genelle D. Samson (University of Florida), Ariana M. Giampietro (University of Florida), Kara E. Jess (University of Florida), & Haley N. Ferguson (University of Florida)

  Hunter Sully, M.A. (Ball State University) & Byron Long, M.A. (Ball State University)

- **13. An Examination and Review of the Expanded Nigrescence Theory**
  Darrielle Allen, B.S. (Western Michigan University)

- **14. Impact of Suicide Stigma on Intent to Prevent Suicide**
  Julio Brionez, M.S. (University of North Dakota)

- **15. The Nigerian American Experience: A Story of Resiliency**
  K. Chinwe Idigo, M.S. (University of Louisville)


**Saturday, April 1**

**Poster Session 4: Advancement of Science continued**

**Rm 310**

16. Ethnocultural Considerations in the Manifestations and Coping of Traumatic Stress
Sara Khalid, B.A. (Purdue University) & Ayşe Çiftçi, Ph.D. (Purdue University)

17. Construction and Initial Validation of Multidimensional Upward Mobility Stress (MUMS)
Yunkyong Loh Garrison, M.A. (University of Iowa) & William M. Liu, Ph.D. (University of Iowa)

18. Let’s Talk: A Program Evaluation of an Abbreviated Diversity Dialogue Initiative
Kerrie Wilkins-Yel, Ph.D. (Indiana University), Jeffrey Grimes (Indiana University), & Laura Gumbiner, M.A. (Indiana University)

19. Measuring Quality of Life using the WHOQOLBREF for Transgender Populations
Michael Evitts, M.S. (Western Michigan University)

20. Concerns of LGBTQ+ Students and Recommendations for Improving School Climate
Gregory A. Satmare, M.A. (Ball State University) & Maria E. Hernández Finch, Ph.D. (Ball State University)

21. Self-Forgiveness: A Perpetrator’s Way of Improving Relationships Post Infidelity
Dominic Schmuck, M.Ed. (University of Louisville), Luke Huckaby, B.A. (University of Louisville), & Mark Leach, Ph.D (University of Louisville)

**Rm 308**

**Symposium: Critical Approaches to Comprehensive Trauma Treatment with Marginalized Groups**
Chair: Poh Li Lau, Ph.D. (Indiana University, University of Malaya)
Co-Chair: Kiersten Thaxton, B.A. (Indiana University)
Discussant: Elizabeth Curtis, B.A. (Indiana University)

Orienting our Notions of Traumatic Experiences and their Significance
Poh Li Lau, Ph.D. (Indiana University, University of Malaya)

Addressing both Neurobiological and Social Factors Underlying Trauma
Kiersten Thaxton, B.A. (Indiana University)
Saturday, April 1
4:00-4:50 PM (Continued)

Rm 308  Symposium continued: Critical Approaches to Comprehensive Trauma Treatment with Marginalized Groups
Ethical Considerations in Case Conceptualization and Trauma-Intervention Strategies
Elizabeth Curtis, B.A. (Indiana University)

Rm 301  Roundtable: Self-Care and Optimal Performance: General Principles and Student-Athlete Specific Strategies

Pine Shelf Room  Roundtable: Implementation of Mindfulness for Clients and Practitioners
Elliot Spengler, M.A. (University of Tennessee, Knoxville), Katherine A. Lenger (University of Tennessee, Knoxville), & Doug Spiker, M.A. (University of Kentucky)
Martin Heesacker is professor of psychology at the University of Florida (UF). He earned his Ph.D. in 1983 from the University of Missouri. He has served as chair of UF’s Department of Psychology, Chair of the Association of Heads of Departments of Psychology, Chair of the Council of Counseling Psychology Training Programs, Treasurer and Executive Board Member of the Council of Graduate Departments of Psychology, Executive Board Member of the American Psychological Association’s (APA’s) Commission on Accreditation, Director of UF’s accredited doctoral training program in counseling psychology, and as Chair of the promotion and tenure committee for UF’s College of Liberal Arts and Sciences. He currently serves as President of the Society of Counseling Psychology. Dr. Heesacker has been a faculty member in the Psychology Departments of Southern Illinois University, Carbondale and The Ohio State University. He has been an editorial board member for the two major journals in counseling psychology. Dr. Heesacker has authored or co-authored over 100 scholarly publications, over 100 scholarly conference presentations (37 of which were invited), and has supervised or co-supervised 31 doctoral dissertations. Dr. Heesacker’s published research has been cited over 2,200 times in other scholarly publications, according to the Publish or Perish database. Dr. Heesacker received the Early Career Award in Counseling Psychology from the APA and a J. William Fulbright Scholarship to the Netherlands. He was elected to membership in Sigma Xi, The Scientific Research Society and to the Society of Experimental Social Psychology. He has been named a fellow in the Counseling Psychology and the Men and Masculinity Divisions of APA. Dr. Heesacker received the Davis Productivity Award from Florida TaxWatch, an Eli Lilly Foundation Teaching Fellowship, and two UF teaching awards. He has received the Teacher of the Year award three times, most recently in 2013, as well as an Outstanding Service Award from Psi Chi, UF’s psychology honor society. He has received both the Distinguished Faculty Award and the Distinguished Mentor of Undergraduate Research Award from the University of Florida’s Blue Key Society, as well as a teaching award from UF’s College of Liberal Arts and Sciences.
Invited Symposium Speakers

Candice Hargons, Ph.D.
Assistant Professor, Counseling Psychology
University of Kentucky

Laurie Dawn McCubbin, Ph.D.
Director of Counseling Psychology Training
University of Louisville

Rex Stockton, Ed.D.
Chancellor’s Professor
Department of Counseling and Educational Psychology
Indiana University

Chalmer Thompson, Ph.D.
Associate Professor, Counseling and Counselor Education
Indiana University-Purdue University Indianapolis
International Academic Boycott of Conferences

Dr. Anthony Naidoo of Stellenbosch University in Stellenbosch South Africa, and several of his students had presentations accepted for this conference. Recently, however, Dr. Naidoo and his students respectfully withdrew from attending and asked us to present their statement, which we share below:

“We have not taken this decision lightly as this was planned as a unique opportunity to consolidate an academic relationship that has been developing between the Department of Counseling Psychology at BSU and the Psychology Department at Stellenbosch University over more than a decade. In light of President Donald Trump’s Executive Order placing a 90-day ban that denies US entry to citizens from seven Muslim majority countries we cannot in good conscience participate in the conference as if we are unaffected by this. The Order tramples on affected people with residence rights in the US, institutionalizes racism, and fosters a social climate in which people racialized as Muslim are vulnerable to ongoing and intensifying acts of oppression, violence and hatred.

In solidarity with people affected by the ‘Muslim ban’ we have opted to align ourselves with the International Academic Boycott of Conferences held in the USA and respectfully withdraw from the Great Lakes Conference.

In pursuit of a broader international social justice awareness raising among US academics and students of the implications of the Trump order on the people affected, acknowledgement at the conference of this stance that we have taken will be appreciated.”
In Memoriam: Dr. James Croteau, Western Michigan University

In September 2016, the counseling psychology family at Western Michigan University in Kalamazoo experienced the loss of its faculty member, James Croteau, Ph.D., from a heart attack. Dr. Croteau was a scholar, passionate advocate for social justice, colleague, poet, husband, dog trainer, and friend. His unexpected passing has affected not only his Bronco family, but it also has created ripples throughout the region and across the profession. Dr. Croteau’s wisdom, and his guiding hand are sorely missed.

A memorial scholarship fund has been established in honor of Dr. Croteau. The Dr. James M. Croteau Memorial Scholarship is intended to support students who have a demonstrated commitment to LGBT studies and/or issues related to sexual orientation, race, diversity, inclusion and social justice. Annual award recipients will be incoming or current master’s or doctoral students in Counselor Education or Counseling Psychology at Western Michigan University. Donations may be made using the following link to the university development office: www.mywmu.com/croteaufund. More information about Dr. Croteau’s life and legacy may be here: http://www.lifestorynet.com/obituaries/dr-james-m-croteau.113700.
2017 Great Lakes Regional Counseling Psychology Committees

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Lawrence Gerstein (Co-Chair)
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  Kevin Cannon
  Craig Deken
  Tacianna Indovina
  Alicia Key
  Byron Long
  Julie Matsen
  Pia Nathani
  Georgiana Sofletea
  Paul Spengler
  Hunter Sully
  Grace Yoder

**Assistant Conference Coordinator**
Kassie Shellabarger

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Grace Yoder (Co-Chair)
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Paulina Wojtach

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Rebecca Kinsey
April Krowel
Claire Kubiesa
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Joseph Miller
Program Proposal Reviewers continued
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Katie Rice
Manisha Rustagi
Steven Scally
Jessica Shrack
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Elisabeth Nickels
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Craig Deken (Chair)
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Kerry Beduna (Chair)
Cirie Hess

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Julie Matsen (Chair)
Joseph Miller
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Tacianna Indovina (Chair)
Scott Barrera
Christopher Guion
Hunter Sully
Betsy Varner

Photography & Videography
Alicia Key (Chair)

Disability Accommodations
Georgiana Sofletea (Chair)
SAVE THE DATE!

2018 Great Lakes Regional Counseling Psychology Conference

March 23 & 24, 2018

Western Michigan University

Kalamazoo, Michigan
Universities in the Great Lakes Counseling Psychology Regional Conference

   Ball State University
   Cleveland State University
   Indiana University
   Loyola University - Chicago
   Purdue University
   University of Akron
   University of Louisville
   Western Michigan University
Student Affiliates of Seventeen

About Us
Student Affiliates of Seventeen (SAS) is a national membership organization for students associated with the Society of Counseling Psychology, Division 17 of the American Psychological Association. SAS is a vehicle for enhancing communication between counseling psychology leaders and counseling psychologists-in-training. SAS members are encouraged to increase their identification with the profession by experiencing formal involvement with the discipline’s professional organization, and the division benefits from the commitment and active participation of students who bring new ideas, energy, and enthusiasm to the division. SAS members benefit by learning about SCP and APA, developing leadership skills, networking with professionals in the field, and mentoring and being mentored.

Benefits of Joining
• Access to the SAS website and SAS Newsletter.
• Hard copies of The Counseling Psychologist (8 issues per year).
• Information on finding, applying to and interviewing for internships.
• Information on licensure in psychology.
• Find out about conferences and conventions.
• Live chats and discussions with prominent professionals in counseling psychology.
• Video clips of conference presentations and talks by counseling psychologists.
• Networking with students and professionals with similar interests.
• Student-focused programming at the APA Annual Convention.
• Learn more about award opportunities for students in counseling psychology.

Connect with Us
http://www.div17.org/students/student-affiliates-of-17-sas

https://www.facebook.com/APASCPSAS

https://www.linkedin.com/groups/4113992/profile
# History of Great Lakes Regional Counseling Psychology Conference

The first Great Lakes Regional Counseling Psychology Conference was held in 1988 at The Ohio State University in Columbus, OH. Since that time, eleven different universities have hosted the conference—now in its 30th consecutive year.

<table>
<thead>
<tr>
<th>Year</th>
<th>Previous Hosts</th>
<th>Theme</th>
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<tbody>
<tr>
<td>2017</td>
<td>Ball State University Muncie, IN</td>
<td><em>Get in on the Action! Science, Practice, and Social Change</em></td>
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<tr>
<td>2016</td>
<td>Indiana University Bloomington, IN</td>
<td><em>Using Our Voice: Our Profession as a Platform for Change</em></td>
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<tr>
<td>2015</td>
<td>Ball State University Muncie, IN</td>
<td><em>Navigating the crossroads into the future</em></td>
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<tr>
<td>2014</td>
<td>Cleveland State University Cleveland, OH</td>
<td><em>Building Bridges Within the World of Counseling Psychology and Beyond its Borders</em></td>
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<tr>
<td>2013</td>
<td>Western Michigan University Kalamazoo, MI</td>
<td><em>Counseling Psychology Engaging the Community and the World</em></td>
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<tr>
<td>2012</td>
<td>Purdue University West Lafayette, IN</td>
<td><em>Searching for Cultural Understanding: An Intentional Focus on Diversity, Social Justice, and Internationalization</em></td>
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<tr>
<td>2011</td>
<td>Indiana University Bloomington, IN</td>
<td><em>Progress in Science and Practice</em></td>
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<td>2010</td>
<td>University of Akron Akron, OH</td>
<td><em>Counseling Psychology: Expanding the Horizon</em></td>
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<tr>
<td>2009</td>
<td>Ball State University Muncie, IN</td>
<td><em>From Results to Action: Applying Research on Diversity</em></td>
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<tr>
<td>2008</td>
<td>Western Michigan University Kalamazoo, MI</td>
<td><em>Counseling Psychologists as Scientist-Practitioners in a Changing World</em></td>
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<td>2007</td>
<td>University of Akron Akron, OH</td>
<td><em>Counseling Psychology: State of the Art &amp; Science</em></td>
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<tr>
<td>2006</td>
<td>Purdue University West Lafayette, IN</td>
<td><em>Counseling Psychology on Campus: Research, Training, and Practice</em></td>
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<td>2005</td>
<td>Indiana University Bloomington, IN</td>
<td><em>Working the Hyphen: Integrating Science and Practice in Counseling Psychology</em></td>
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<td>2004</td>
<td>Ball State University Muncie, IN</td>
<td><em>Accountability in Graduate Training: Everything I need to Know?</em></td>
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<td>2003</td>
<td>Western Michigan University Kalamazoo, MI</td>
<td><em>Counseling psychology: Building Bridges – Making a World of Difference</em></td>
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<td>2002</td>
<td>Michigan State University East Lancing, MI</td>
<td><em>From Ambivalence to Action: Strengthening Our Investment in Positive Psychology</em></td>
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<td>2001</td>
<td>University of Akron Akron, OH</td>
<td><em>Counseling Psychology: Rooted in the Past, Branching into the Future</em></td>
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<tr>
<td>2000</td>
<td>Ball State University Muncie, IN</td>
<td><em>Socially Engaged Counseling Psychologists: Advocacy, Action, and Accountability</em></td>
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<tr>
<td>1999</td>
<td>The Ohio State University Columbus, OH</td>
<td><em>Revisioning Counseling Psychology for the 21st century</em></td>
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<tr>
<td>Year</td>
<td>Institution/Location</td>
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<tr>
<td>1998</td>
<td>Indiana University Bloomington, IN</td>
<td><em>From Personhood to Policy: Exploring the Identity of Counseling Psychology</em></td>
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<tr>
<td>1997</td>
<td>Western Michigan University Kalamazoo, MI</td>
<td><em>Celebrating Counseling Psychology</em></td>
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<td>1996</td>
<td>Ball State University Muncie, IN</td>
<td><em>Diversity in Counseling Psychology</em></td>
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<td>1995&lt;sup&gt;1&lt;/sup&gt;</td>
<td>Kent State University Kent, OH</td>
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<td>1989</td>
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<tr>
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<td>The Ohio State University Columbus, OH</td>
<td><em>No theme</em></td>
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<sup>1</sup>Information on the theme could not be located.
Take Action Today:
Reject Trump’s Budget Cuts to Programs for Underserved Populations

Tell Congress to reject the Trump Administration's budget that would deal large cuts to science, education and programs for the underserved. The Trump Administration's FY 2018 budget would increase spending for defense, law enforcement and border wall construction.

To Email Your Senator, scan this QR code:

or Visit:

http://cqrcengage.com/apapolicy/app/write-a-letter?1&engagementId=316933&lp=0
Call Your Senator Today!

To be routed to your district's senator, call 202-224-3121

Leave a voicemail and read the following script or create your own script:

As a constituent and (student/professional) in the field of psychology, I urge you to reject the short-sighted and narrow view of the nation's needs that are evident in this budget.

The budget is a seismic shock to the U.S.'s scientific infrastructure. Please oppose the 18% cut in the National Institutes of Health, and even larger cuts in the scientific programs of the Environmental Protection Agency and National Oceanic and Atmospheric Administration, all of which would make it harder for the agencies to provide scientific data on which to base sound federal policies.

Cuts to the U.S. Department of Education target needed programs including afterschool, academic and cultural enrichment programs, and reduce support for programs designed to increase access to higher education for low-income, first generation students.

Health and safety net programs would be harmed by the cuts in this budget. I strongly oppose the 18.9% cut in the Department of Health and Human Services, that would put at risk the Title X family planning program, support for caregivers, Minority Fellowship Program, Head Start and other programs and the 13.2% cut in the Department of Housing and Urban Development. Furthermore, I am very concerned about the fate of Department of Justice programs not detailed in the budget.

I oppose the 77% cut to the Health Resources Services Administration's health profession training programs, which could eliminate the Graduate Psychology Education Program, a vital program that is training a competent psychology workforce while expanding access to integrated care for those in rural and underserved areas.

I urge you to reject this budget that prioritizes defense programs at the expense of critical domestic priorities. Please maintain the principle of parity included in the Budget Control Act. I look forward to hearing how you plan to vote.
Stay Informed

The proposed budget calls for a $54 billion increase in defense and homeland security spending (approximately 10%) for FY 2018 with corresponding cuts to domestic spending. With a few exceptions, e.g. veterans’ healthcare, most domestic programs would be cut. While the President’s budget includes unspecified increases for suicide prevention, serious mental illness and children’s mental health, and touts a $500 million increase to combat the opioid crisis, the other cuts to education, health, safety net programs, and science would undermine the research pipeline, workforce and supports needed to treat those communities that are most at risk.

The budget cuts would include:

- 18% (approximately $6 billion) from the National Institutes of Health which funds basic, applied and clinical research on health and mental health. The Agency for Healthcare Research and Quality (AHRQ) which focuses on developing research evidence to improve healthcare quality, would be folded into NIH.
- 14% ($9.2 billion) from the U.S. Department of Education, eliminating investments in educational equity and quality including: after-school, academic and cultural enrichment programs for high-poverty schools; and programs supporting effective teaching and professional development. The Trump budget reduces support for programs designed to increase access to higher education for low-income, first generation students including TRIO and GEAR UP as well as denies graduate students access to Work Study funds and proposes deep funding cuts to that program.
- 77% ($403 million) from the Health Resources Services Administration’s health profession training programs, which could eliminate the Graduate Psychology Education Program;
- 18.9% from the U.S. Department of Health and Human Services. The budget does not specify how programs such as Head Start, the Minority Fellowship Program, support for caregivers and Title X family planning would be affected.
- 13.2% from the U.S. Department of Housing and Urban Development, including elimination of the Community Development Block Grant.
- A $200 million reduction to the Special Supplemental Nutrition Program for Women, Infants, and Children.
- Details were not available for the National Science Foundation, Office of Justice Programs, Office of Violence Against Women, Substance Abuse and Mental Health Services Administration and many other programs below the departmental level.

Some background: By increasing the defense spending cap, the Trump budget violates the Budget Control Act of 2011 which specified spending limits for defense and nondefense programs through 2021. In order to appeal to members of both parties, that law also established the principle of parity, meaning that the defense and non-defense portions of the discretionary budget should be treated the same -- no large cuts on one side and not the other.

Many members of Congress have spoken in opposition to elements in the Administration’s budget already. The extreme positions advocated in this budget should serve as an impetus for psychologists to weigh in right away with their members of Congress to oppose the large domestic policy cuts that would impact the ability of scientists, educators and clinicians to create and communicate knowledge and use psychology to benefit society and improve people’s lives.
Even if Congress fails to adopt the Trump budget, many members will rally to it and fight for specific cuts in order to pay for an increase in defense spending.

And remember, Congress has still not settled spending for the current Fiscal Year 2017. Federal programs are currently funded with a Continuing Resolution (CR), and are being held to the Fiscal Year 2016 spending levels. The CR is set to expire on April 28, 2017, so new legislation to fund government operations through September must be passed by then. The spending increases that were approved by the Appropriations Committees are looking less and less likely to materialize.

TAKE ACTION: Urge your members of Congress to oppose the Administration’s budget, and to oppose drastic cuts in scientific research, health, education, and other programs.

Source: http://cqrcengage.com/apapolicy/app/write-a-letter?1&engagementId=316933&lp=0
Resources for Advocacy

Definitions

a. **Activism** is an intentional action to bring about social change (e.g., Rosa Parks)

b. **Advocacy** involves informing, assisting, and influencing decision makers to promote interests on behalf of a vulnerable group (Lating et al., 2009) For example, calling your Member of Congress to “support suicide prevention initiatives.”

c. **Lobbying** refers to a set of activities designed to influence legislation, being in support of or in opposition of specific legislation (NP Action, 2005). It involves communicating with public office holders with respect to changing federal laws, regulations, policies or programs. For instance, lobbying would be calling your Member of Congress and asking him or her to “support S.1299, the Garrett Lee Smith Memorial Act.”

Contacting your Elected Officials:
You can find out who your elected officials are at this link:
http://www.commoncause.org/take-action/find-elected-officials/
https://www.govtrack.us/congress/members
https://www.countable.us/
https://5calls.org/
You can contact the U.S. Capitol Switchboard at **202-225-3121** (Switchboard Operator, who can connect you with your MoCs) or **202-224-3121** (automated system that can route you).

Organization Websites
https://thesixtyfive.org/home
https://www.womensmarch.com/
https://www.indivisibleguide.com/

Volunteer
Civil Liberties: https://www.aclu.org/
There are a number of opportunities on this site to take immediate action.
See the drop down box on this site to locate a State ACLU office.
Environment: http://www.greenpeace.org/usa/
Immigration: https://www.informedimmigrant.com/donations/
Refugees: www.welcomingrefugees.org/
Women's Health: https://iwhc.org/about-us/ http://nwlc.org/
LGBT Advocacy: www.hrc.org/
Racial Justice: http://www.showingupforracialjustice.org/affiliated_groups_local_contacts

Upcoming Marches on Washington
Join or start a Tax Day March – April 15 calling on Pres. Trump to release his taxes
March for Science – Saturday, April 22 (Earth Day) https://www.marchfor科学.com/
March for Jobs, Justice and Climate – April 29 https://peoplesclimate.org/
Where to Get Information