This is the second spring in a row in which I am saddened to write about a devastating earthquake across the waters that touches us here in Muncie. Last year, Haiti was struck just as we prepared to send one of its sons home after graduation. This year, March 2011 brought both an earthquake and a tsunami smacking Japan. Not only do we have two Japanese graduates from the department, we also have non-Japanese students and faculty worried about family and friends in Japan. I watched the video early that morning in disbelief - there was no way that rush of water was really taking out a whole city. WATER can't do that, can it? Well, it can, and it did. Natural disasters like these are "gifts" that keep on giving; in some areas Haiti 2011 looks no different than it looked in March 2010. Japan will be feeling the effects of this quake for years, maybe decades, to come.

So, imagine that YOUR hometown, or home state, has been devastated by the tornados, hurricanes, blizzards, floods or fires that are typical in your area of the country. The responses pour in, some people offer you support and encouragement. Strangely, though, others suggest that we should not help your state because they knew that disaster could occur, or they have plenty of money, or they shouldn't be living there in harm's way anyway. Further, instead of comforting you, people don't ask any questions about your family, or don't understand why you are STILL upset when the crisis is "over," or tell you to stop looking at the TV so you can forget about it. If these comments make your skin crawl, then you have a tiny idea of what our peers from Japan are experiencing now, and what our peers from Haiti experienced last year. Here's an opportunity to use your training in counseling, counseling psychology and social psychology for the good – step up and ask your colleagues, peers, friends if their families are okay. Express some level of genuine concern; do not assume that their families or friends are not affected. This is not the time to lecture someone on their country's politics, religion, or any other "reason" this tragedy may have befallen them. This is NOT the time to tell them to NOT watch TV or listen to the news. Would YOU turn away if it were your homeland under crisis?

And don't forget to check in later, after the initial shock has passed. While the mass media moves on to the next crisis, the psychological and physical upheaval from THIS crisis continues. We are still working on the rebirth of Ground Zero after 9/11, the physical marks of Hurricane Katrina can still be seen in New Orleans six years later, and many of the victims in Haiti are still living in tent cities a year later.

Finally, look for culturally sensitive options to help. Western models simply translated into Japanese language may not be enough; use a critical eye to verify that the intervention will fit the population. Understand the group with whom you are working; one size does not fit all. Support the experts, and know that we may have to step out of our box and try something different. Find a way to express your empathy that works for you and honors the culture. Your thoughts, prayers, and well wishes certainly count, as do your phone calls, texts, and Facebook messages of concern. Donations to trustworthy causes are also important. As usual, I am surrounded by creative minds; all that CPSY power unleashed and focused is an incredible thing!

My new favorite quote of the moment: "Don’t take donkeys to the Kentucky Derby." Pat Summitt says her father said this to her after she lost her inaugural game as the women's coach at the University of Tennessee in 1974. Apparently she took those words to heart, and she has gone on to dominate women's college basketball ever since. So, are you fighting with donkeys when you should really be racing with thoroughbreds?

– Dr. Sharon Bowman
Congratulations to our Faculty and Students!

_**International Handbook of Cross-Cultural Counseling: Cultural Assumptions and Practices Worldwide,**_ which was co-edited by Dr. Larry Gerstein and Dr. Stefania Ægisdóttir, was awarded Division 52’s Ursula Gielen Global Psychology Book Award for 2010. The book offered the greatest contribution to psychology as an international discipline and profession.

Dr. Larry Gerstein will be recognized as a George and Frances Ball Distinguished Professor on July 1, 2011. He has also been named a Fellow of Division 52, International Psychology, and a Fellow in Division 48, Society for the Study of Peace, Conflict and Violence.

Deborah Miller, first-year doctoral student, was awarded the Student Poster Award for Commitment to Diversity at the IPA conference in 2010 for her poster titled “Positively LGBT: Positive psychology and LGBT research.”

Dr. Sharon Bowman, along with two other members of the State Psychology Board, received the James Linden Community Service Award for updating the rules for post-doctoral licensure hours for psychologists.

Drs. Sharon Bowman and Kristin McGovern are also currently running for Division 17, Society of Counseling Psychology, president and secretary respectively.

Dustin Shepler, third-year doctoral student, was interviewed by a _Counseling Today_ writer to discuss the implications of work with dual minority clients.

Dr. Donald Nicholas received the National Institute of Health Award of Merit for his service on the National Cancer Institute’s PDQ Supportive and Palliative Care Editorial Board.

Juliza Ramirez-Wylie, first-year doctoral student, was awarded the Outstanding Counseling Psychology Student Award 2010 from the University of Louisville.

Mona Ghosheh, third-year doctoral student, received The National Register of Health Service Providers in Psychology Awards Committee’s National Psychologist Trainee Register (NPTR) Credentialing Scholarship.

Aarika VanNatter, third-year doctoral student, received the Excellence in Teaching Award for 2010-2011 from Ball State University’s Graduate School.
Program Update
As you may be aware, the Clinical Mental Health Counseling program is accredited by CACREP (Council for Accreditation in Counseling and Related Programs) and we have enjoyed a long history of CACREP-accreditation. We were, in fact, the first Community Counseling program in the state to be accredited, over 30 years ago. Over the years, we have proudly upheld our standards of excellence and we have continually evaluated and updated the program. Recently, there have been some exciting changes made to the program. In Fall, 2009, we officially changed our old 48-hour Community Counseling track to the current 60-hour Clinical Mental Health Counseling track to be consistent with the July 2009 changes in CACREP standards. The program revisions will help students not only meet CACREP standards, but also meet licensing standards for Indiana and other states. We are delighted to be able to offer students the best preparation possible for a career as a mental health counselor.

In order to maintain accreditation, a thorough self-study of our program was conducted and was submitted a report to CACREP, who then followed up with a site visit by three CACREP representatives. The site team came to evaluate both the Clinical Mental Health Counseling program and the School Counseling program. While here, site visitors met with the program directors, faculty, current students, alumni, internship site supervisors, and various administrators. The site visitors noted many impressive and positive aspects of our programs and also shared some helpful suggestions for improving the programs even more. The official results will be received in July 2011.

I would like to thank all who participated for your time and assistance in the CACREP accreditation process and site visit. I would also like to recognize the work of Kodee Walls and Erin Davis, our extraordinary graduate assistants to the master’s program. Overall, I am very proud of our programs, department, students, faculty, and alumni – you represented us well!

February admissions deadline. Admission to the program has become increasingly competitive in recent years, and it is no surprise that there is another outstanding pool of applicants to choose from.

Upcoming Counseling Association Conferences
The American Counseling Association (ACA) Annual Convention was held March 23-27, 2011, in New Orleans, Louisiana. Visit the ACA website: www.counseling.org/Students for helpful information for counseling students or to become a member.

The Indiana Counseling Association annual conference was held March 17-18 in Valparaiso, Indiana. The 2011 theme is “Creative Counseling in a Chaotic World.”

For more information, visit the ICA website: http://www.indianacounseling.org/ Spring Admissions
After the CACREP site visit, the program directors immediately turned their attention to master’s program admissions, and we have been busy reviewing applications from the

— Dr. Kristin McGovern
This semester the Graduate School approved a new Certificate in Identity and Leadership Development for Counselors. What is exciting about this Certificate is the opportunity for school counselors to become Building Level Administrators (BLA). Effective November 2010, the section regarding BLA requirements now extends to school counselors. This change allows the holder of a school counselor license to complete the course requirements, and serve as a BLA in any K-12 school setting.

The purpose of the certificate is three-fold: 1) to provide advanced coursework for those in counseling or related fields, so they gain the knowledge and leadership skills necessary to meet the needs of their students/clients; 2) to introduce Ball State University’s Certificate in Identity and Leadership Development in Counseling, in collaboration with Mr. Stedman Graham, as a convenient, yet rigorous means of earning expertise in motivating and engaging secondary students/clients; and 3) to provide a vehicle to earn advanced graduate credits in a specialized field for those school counselors who are interested in becoming Building Level Administrators.

The workshop is from June 14th -16th 2011, at the Ball State Indianapolis Center.

If you are interested in completing the workshop with Mr. Graham for credit or for Professional Growth Points (PGP’s)/(CRU’s) or interested in enrolling in the certificate to start working on your BLA license visit: www.bsu.edu/distance/teencounseling.

We anticipate this will be an annual event with Mr. Graham.

CACREP and NCATE

A special “Thank You” to all current, and former school counseling students and supervisors who participated in either the CACREP and/or NCATE accreditation visits this semester. Yes, there were both visits within 2 weeks in February! We look forward to hearing from both accreditation teams this summer.

St. Lucia and the National Multicultural Summit

Several students who went to St. Lucia last summer presented a poster at the National Multicultural Conference and Summit on Thursday, January 27, 2011, in Seattle, Washington. The title of their poster presentation was “Dating Violence: The Development of a Primary Prevention Program in St. Lucia.” This group will also be part of an APA symposium this summer in Washington, D.C., entitled, “The Impact of Cross Cultural Immersion Experiences on the Development of Multicultural Counseling Competencies.” This symposium will not only address the St. Lucia experience but also programs in South Africa and Kenya.

– Dr. Charlene Alexander
Hope for the Holidays

During the month of December, the Counseling Psychology and Guidance Services Practicum Clinic offered Hope for the Holidays. The program, designed to give gifts to children who are seen by the Practicum Clinic, was a huge success! We would like to extend a big “Thank you” to the Social Justice League, Burris Key Club members who volunteered, the Practicum Clinic, and all of you who donated gifts!

-Gunnar Ingolfsson

Caring Arts Program

The Caring Arts Program was developed to give children with emotional disabilities necessary creative outlets and opportunities for social interaction in a safe environment.

Youth will spend a full week in the summer engaged in creative arts, such as visual art, music, and drama, as well as physical activities including dance and exercise.

The kids are divided into three age groups with kindergarteners and first graders in the youngest group, second and third graders in the middle group, and fourth and fifth graders in the oldest group. Social skills building, along with better understanding and control of emotions, are the primary goals. The children experience a group therapy modality with three to ten children per group.

Each group is facilitated by three master’s student counselors, and the program is directed by a doctoral student in partnership with the Arts and Recreation Coordinator from Hillcroft, Miss Sarah Strom. Additionally, art teachers specifically trained in special education guide the art components of the program.

Caring Arts will run Monday through Friday, June 13 through 17 (last week of Summer Session 1). There are three shift options:

Option 1: 8:30 a.m. arrival, half hour of group supervision
   9:00 children arrive, Caring Arts begins
   11:30 - Noon - shift change
   Get a free lunch and update the incoming counselors on the morning’s progress

Option 2: 11:30 a.m. arrive for a free lunch and get updated on the morning’s progress from the morning counselors
   Noon resume activities with children
   2:00 children go home, group supervision begins
   2:30 p.m. afternoon counselor's dismissed

Option 3: Come for the whole time and earn direct service hours fast!
   8:30 to 2:30

Please note that although counselors can choose between these three options, they must be able to attend all five days of the program as well as an orientation which will last approximately two hours., (date & time TBD).
Where are you originally from?
Iceland. Iceland is small nation, right now about 300,000 people live in the whole country. It’s about the size of Kentucky. It was settled in 874, they say, by Vikings. The capital is Reykjavík, and it’s the northern most capital in the world, up by the Arctic Circle. I grew up in Hafnarfjörður, which is a town of 26,000 people about 10 km (6 miles) from the capital.

From where did you obtain your bachelor’s, master’s and Ph.D. degrees and what were your majors?
My bachelor’s degree is from the University of Iceland, and I majored in psychology. Our education system is different from the U.S., and after compulsory education at 16, people often choose what route they want to take in their career (trade school, academics). In order to go to a university you have to take a 4-year program of school that ends with a University Entrance Exam, usually at the age of 20. You declare a major or a track in this 4-year program. I majored in natural sciences, but took a few psychology courses on the side. I originally wanted to study biology or medicine at a University. I studied medicine for one year at the University of Iceland but then quit and went to psychology. At the university level, students have finished all general studies and specialization begins. Since I was specializing in psychology, all the courses I took were psychology and research related.

My master’s and Ph.D. degrees are from Ball State University. I have an M.A. in community counseling. My Ph.D. cognate was research methods. I came to BSU by coincidence. I had never heard of BSU but found it, among few others, in the APA book of accredited doctoral programs in counseling psychology. I remember that one of my criteria for feasible programs in the U.S. was that they were not in a large city as I had two children and wanted a safe environment for them. I had never been to the U.S. at that time and had never heard of Muncie, Indiana.

I was originally going to study social psychology or cognitive psychology in England, but while at the University of Iceland, I took two elective courses (vocational psychology and individual differences) from Dr. Sölvína Konráðs who was finishing her Ph.D. in counseling psychology from the University of Minnesota. She fascinated me, she was smart and witty and really challenged the “armchair” psychology tradition and advocated for applied work. She was the first Icelander to get a Ph.D. in counseling psychology. I was the second.

Where did you complete your internship for your master’s and Ph.D.?
For my master’s program, I was at Meridian Services. It was called Comprehensive Mental Health Services at that time. And then for my Ph.D., I interned at the Delaware County Juvenile Detention Center, which is operated by the Youth Opportunity Center. I developed a counseling service program there as they didn’t have any planned services at that time. I provided family counseling, individual counseling, and a lot of crisis intervention. I ran about 6-10 groups a week. I had a lot of stuff to do but I enjoyed it and learned a lot.

Please describe your work within the department.
I currently teach Research Methods in the master’s and doctoral programs; Appraisal Methods, Program Evaluation, Practicum, and Introduction to Mental Health Counseling in the summer. I also mentor a lot of students and provide clinical supervision for a few doctoral students. I’m on student committees, department and university committees, and perform reviews for scholarly journals in counseling and counseling psychology. Then I do my own research as time allows. If I had to summarize my work in one sentence, it would be “problem solving and answering questions.” I don’t really have a favorite class to teach. I enjoy teaching all the different classes, and my favorite class really depends on my connection with the students/class each time. My least favorite role as a professor is grading papers. I like reading them but I don’t like putting grades on them; it’s a challenge for me.

What is your favorite thing to do outside academia?
Be out in nature, travel, and explore. I like to work in my yard and garden, it’s small; but I like to be outside and close to nature.

What country would you most like to visit?
I really would like to go to Faroe Islands and to Greenland. These two countries are close to home, but I have never been there. I would also like to go to Russia. There is something about Russia that intrigues me, and I’d like to learn Russian.

What are your favorite books?
The Master and Margarita by Mikhail Bulgakov. He’s a Russian author, and he wrote it in the 30’s. It is, among other things, about when the Devil visits Moscow. I also like two South American writers: Gabriel Garcia Marquez and his book One Hundred Years of Solitude and Isabel Allende and her book Eva Luna. Then there is the Icelandic author Halldór Laxness, who is the only Icelander to win the Nobel prize for literature. One of my favorites of his books is Christianity under the Glacier. I am actually reading an English translation of it now. It is interesting that all these books can be categorized as magical-realist and you can understand them on several levels.

What is your favorite movie?
I have no specific favorite movies. However, if you operationally define “favorite” by how many times one has seen one movie, it turns out to be The Rocky Horror Picture Show. I believe I saw that movie in the theaters in Iceland about 14 times when I was a teenager in the 70s.
CPSY Doctoral Interview: Alicia Harlow

Where is your hometown?
Mason, Michigan, which is in the Lansing area. I lived there until I went to college.

Where did you go for your bachelor’s and master’s degrees, what were your majors?
I went to Eastern Michigan for my undergrad, and I studied Japanese, so something completely different from this. I was really an undecided student. I remember people asking me what I was majoring in, and I would make something up every time. At the community college I was attending for a while, they had a study abroad program to Japan, so I decided to participate in that. I had a really good experience, so I decided to major in Japanese. Teachers from the community college taught us while we were on this trip. We worked on this cruise ship that went around a lake in Japan; we wore cheesy uniforms; and people would come on the boat for a chance to speak English. We were a novelty back then. We had one apartment building that we all stayed in and that was for one academic year.

After I got married [the day of my last final was the day of my rehearsal dinner, I could not wait to get married] my husband and I went back to Japan and wound up living there for four and a half years teaching English. I did a master’s in Japan in teaching English as a Second Language and thought that was what I really wanted to do. I later realized that I just liked working with people one-on-one more. When we moved out to California I did a master’s in counseling at San Francisco State and realized I just really, really liked it and wanted to continue.

What do you think of your experiences at Ball State and in the program so far?
Well, moving to the Midwest was the last place I wanted to live, because I didn’t know where my husband was going to work. Luckily that has worked out, because he’s working from home now. I really like it here! The people are really friendly, and it’s an unusual size place—not a big city or a small town. The program is extremely stressful, but I have a really great cohort. I love my cohort, and the faculty are really supportive. I wish there were more people interested in career research so I could have someone to collaborate with. Other than that, I feel like whatever I want to do I can always find support.

What are your research interests?
Career and multiculturalism and how the two intersect. I’m also interested in how programs, like study abroad and other immersive programs, affect career self-efficacy. My dissertation will probably be centered around something similar.

What are your future plans and career goals?
I’m undecided as to whether I want to teach or work in a counseling center, I enjoy both. I know I want to work with college students, so I would really like to work at a college.

What are some of your favorite things to do?
I love to hike! When I lived in upstate New York, probably beginning in April, I would hike every weekend through the Adirondacks. So any chance I get, I hike. I like camping, kayaking and canoeing. My husband is also an artist, so we like to go to galleries. I have no talent for it, but I have really learned how to appreciate it! I also love to travel.

Which country in the world would you most like to visit?
I haven’t been back to Japan in about 10 years and ever since the earthquake last month, I wish I could go back there. I would really like to be there, supporting friends, regardless of how dangerous it is.

What is your favorite book? Movie?
I think my favorite book is still Les Miserable, it’s a great philosophical story of redemption. I also really like the Harry Potter series; I think it’s the only thing I’ve read took so long for the last one to come out. I read them to each other to relax.
Where is your home?
I live in Indianapolis, Indiana, on the northwest side.

Where did you go for your bachelors degree, what was your major?
I graduated from Ball State’s Exercise Science (Cardiac Rehabilitation) program with a minor in Gerontology.

Why did you select this field of study?
I have been working as a massage therapist for the past 14 years with disabled veterans. The wars we are presently involved in have created a population with a large amount of traumatic brain injury and post traumatic stress disorder. I came back to school so I could better understand the effects and figure out what I can do to better serve this population of veterans. I would like to learn how I can implement psychology with massage and produce a more effective way to assist with their rehab process.

What do you think of your experiences at Ball State so far?
I have always liked the Ball State campus and the people I meet every day.

What have you liked about the M.A. program?
I have enjoyed the classes, professors and all the new information that I learn about in every class. I really like the people I’m working with in the rehab track and the passion we all share to make a difference for the disabled population.

What are your future plans and career goals?
My short term goal is to help people fulfill their vocational desires, working with the Vocational Rehabilitation Services. My long term goal is to further develop my massage abilities and create a therapy that involves counseling and body work.

What are some of your favorite things to do?
My favorite thing is spending time with my family. I enjoy going on Boy Scout outings with my twin boys. I also love to cook and eat just about anything.

Which country in the world would you most like to visit?
I don’t have a specific country I want to see but have a plan to bicycle across Europe.

What is your favorite book? Movie?
My favorite book is the “Conversations with God” collection. My favorite movie is “Silver Streak”.

Scott with his wife and twin sons.
Alumni News, Babies, and Weddings


Rochelle Manor, Ph.D. (1994) has opened a satellite clinic in Grand Haven, Michigan.

Rosalyn Davis, Ph.D. (2006) was awarded the Early Career Psychologist (ECP) Credentialing Scholarship for her exemplary commitment to professional excellence.


Seong-In Choi, Ph.D. (2008) has joined the faculty of the master’s in counseling program at Westminster College in Salt Lake City, Utah. She will be an assistant professor.

Jenelle Boo, Ph.D. (2010) received the BSU Alumni Dissertation of the Year Award. She will be honored at a graduate student recognition ceremony on April 14, 2011.

Katie Beth Richardson, M.A. (2009) and her husband were blessed with identical twin girls on December 6, 2010, Aurora Lilliana Richardson (born at 12:44 p.m.) and Katelyn Elizabeth Richardson (born at 12:43 p.m.).

Christine Smith, Ph.D. (2004) currently directs the counseling center at Clayton State in Morrow, Georgia.

Renee Zucchero, Ph.D. (1998) earned tenure and promotion to rank of associate professor at Xavier University.

Mandy Cleveland, Ph.D. candidate was offered the position of Assistant Professor at the Lander University in Greenwood, South Carolina.

Erica Hurley and Phillip Keck

David Adams, M.A. (2010), Ph.D. student, announced his engagement to his longtime girlfriend Chelsea, a registered nurse at Memorial Medical Center in Springfield, Illinois. Their wedding ceremony will take place at St. Thomas Catholic Church in Peoria, Illinois on August 2011.

David Adams with fiancée Chelsea

Baby Marie Ann Kim

Our very own Dr. Jeong Han Kim and his wife Hyeyoung Kim welcomed their second child, a girl, on Sunday, March 27, 2011, at 11:41 a.m. Marie weighed in at 6 lbs. 1 oz.

Dr. Kim with son, Eugene and daughter, Marie.
Recent Presentations and Publications

Presentations


Clougher, K. M., & Green, M. (2011, March). *Artistic symbols and healing with Native Americans*. Presentation at Indiana Counseling Association Conference, Valparaiso University, Valparaiso, IN.


Publications


### At a Glance—Academic Year Calendar Info

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<tr>
<td>May 7</td>
<td>Spring 2011 Commencement</td>
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<td>May 16</td>
<td>Full Summer and 1st Summer classes begin.</td>
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<td>May 20</td>
<td>Late Registration</td>
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<td>May 30</td>
<td>Memorial Day, No classes</td>
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<tr>
<td>June 20</td>
<td>2nd Summer courses begin</td>
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<td>June 27</td>
<td>Course withdrawal ends</td>
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<td>July 4</td>
<td>Independence Day</td>
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<td>July 22</td>
<td>Summer Semester Ends</td>
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<td>July 23</td>
<td>Summer Commencement</td>
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<td>August 22</td>
<td>Fall Semester begins</td>
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<td>August 26</td>
<td>Late registration and change of course ends.</td>
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<td>September 5</td>
<td>Labor Day</td>
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<td>October 17-18</td>
<td>Fall Break</td>
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<td>October 25</td>
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<td>November 23-27</td>
<td>Thanksgiving Break</td>
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### School Psychology Bulletin
You are hereby invited to submit manuscripts to the New School Psychology Bulletin <http://www.nspb.net/> an Open Access, peer-reviewed research journal created and operated by graduate students at The New School for Social Research in New York City.
VOTE!

Dr. Sharon Bowman  
for Division 17,  
Society of Counseling Psychology, President!

Dr. Kristin McGovern  
for Division 17,  
Society of Counseling Psychology, Secretary!

Ballots for Division 17 will be in the mail soon!