UNDERGRADUATE MINOR IN INTERPERSONAL RELATIONS
Department of Counseling Psychology and Guidance Services
Teachers College

About the minor:
This minor is valuable for students entering careers that require much contact with
people, such as psychology, social work, criminal justice, nursing, teaching, special
education, speech pathology/audiology, etc. These courses are intended to (1) help
students improve their own understanding of principles and dynamics of human
interaction, (2) provide students with experiences that will enhance their effectiveness in
human interaction, and (3) provide a complement for students majoring in human
services areas.

Requirements:
The minor requires 15 total semester hours with a minimum of 9 hours required
from the CPSY courses listed below. The minor is to be declared through the student’s
advising resource center. Students may complete the minor in one of two ways:

Option 1: They may take all 15 hours from courses in the Department of Counseling
Psychology.

OR

Option 2: They make take a minimum of 9 hours of CPSY courses and take the
remaining 6 hours from approved electives listed on this paper.

Counseling Psychology Courses for the Minor in Interpersonal
Relations:

CPSY 230 Human Relationship Development (3)
CPSY 360 Interrelational Aspects of Sexuality (3)
CPSY 400 Fundamentals of Counseling (3)
CPSY 420 Techniques of Psychological Interventions (3)
CPSY 470 Introduction to Cross-Cultural Counseling (3)
CPSY 490 Issues in Counseling (1-6)

(This is an individual studies course provided to offer students an opportunity to
pursue individual studies in a psychological topic of their interest or to assist a CPSY
doctoral student or faculty member with research. Enrollment is by permission only. This
course is not required to complete the minor but can be applied to the minor if it is
selected.)

Up to 6 hours of the following electives may be applied to Option 2 of the minor.

NUR 350 Psychiatric Mental Health Nursing
COMM 240 Intro to Human Communication
COMM 440 Interpersonal Communication
COMM 370 Nonverbal Communication in Human Interaction

HSC 261 Health, Sexuality, and Family Life
HSC 465 Alcohol Problems
HSC 469 Health and Aging
HSC 471 Death and Dying

ANTH 341 Anthropology and Women
ANTH 481 Culture, Economy, and Development

PSYSC 213 Psychology of Human Adjustment
PSYSC 277 Psychology of Sexual Behavior
PSYSC 324 Psychology of Women

EDMU 205 Introduction to Multicultural Education
EDMU 206 Advanced Study of Ethnic and Multicultural Group Behavior

FCSFC 202 Family Wellness
FCSFC 475 Marriage

WMNST 210 Intro. To Women’s Studies

PHIL 202 Ethics

SOC 221 Intro. to Race and Ethnic Relations
SOC 235 Sociology of Women
SOC 343 Deviance
SOC 260 Society and the Individual
SOC 421 Racial and Cultural Minorities in United States
SOC 424 Family
SOC 431 Aging and the Life Course
SOC 433 Sociology of Mental Health

SOCWK 200 Social Work Practice 1 with Field Experience
SOCWK 230 Human Behavior and the Social Environment 1
SOCWK 330 Human Behavior and the Social Environment 2
SOCWK 400 Social Work Practice 3
SOCWK 410 Social Work Practice 4

EDPSY 250 Human Growth and Development
EDPSY 350 Child Psychology
EDPSY 351 Adolescent Psychology
EDPSY 355 Adult Psychology
EDPSY 430 Mental Health

EDEL 452 Psychology of Early Childhood

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