## Burden of Smoking Among Adults in Indiana

### THE BURDEN OF SMOKING IN INDIANA
- 21.2% of the adult population of Indiana, or about 1.0 million, report being a current smoker.
- The number of adults who report being a current smoker decreases as either income or education levels increase.
- On average, over 9,700 deaths per year in Indiana are attributable to smoking (CDC, 2010).
- In Indiana, over $2.6 billion in productivity loss and approximately $2.2 billion in healthcare costs are attributable to smoking (CDC, 2010).
- Smoking causes cancer, heart disease, stroke, and lung disease (CDC, 2010).
- Indiana ranks 10th worst in terms of percentage of population who currently smoke among the 50 states and the District of Columbia.
- Cigarette smoking is the leading cause of preventable death in United States, accounting for 1 in 5 deaths, or approximately 443,000, each year (CDC, 2010).
- Tobacco kills half of its users. Approximately one person dies every six seconds due to tobacco (WHO, 2011).

### SOME ADULTS ARE MORE LIKELY TO SMOKE

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex</td>
<td>23.3% of males report being a current smoker compared to 19.3% of females, of which 58.2% and 61.3%, respectively, have tried to quit smoking.</td>
</tr>
<tr>
<td>Age</td>
<td>21.2% of adults 18-24 years old, 26.1% of adults 25-44 years old, 22.6% of adults 45-64 years old, and 8.0% of adults 65+ years old report being a current smoker.</td>
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<tr>
<td>Race/Ethnicity</td>
<td>16.8% of Hispanic adults , 20.6% of white, non-Hispanic adults, 30.1% of black, non-Hispanic adults, and 25.0% of other/multiracial, non-Hispanic adults report being a current smoker.</td>
</tr>
<tr>
<td>Income</td>
<td>39.4% of adults with household incomes of less than $15,000, 30.9% of adults with household incomes of $15,000-$24,999, 24.2% of adults with household incomes of $25,000-$49,999, 16.6% of adults with household incomes of $50,000-$74,999, and 11.1% of adults with household incomes of $75,000+ report being a current smoker.</td>
</tr>
<tr>
<td>Education</td>
<td>35.1% of adults with less than a high school education, 25.3% of adults with a high school education, 24.8% of adults with some college education, and 8.9% of adults with a college education report being a current smoker.</td>
</tr>
</tbody>
</table>
The percentage of current smokers in Indiana and the United States has decreased over the past 20 years; however, Indiana is well above the national average.

The percentage of former smokers has remained relatively consistent in the long-term.

The percentage of adult smokers who have attempted to quit at least once has increased over the past 20 years.

### Trend of Smoking

The following figure displays the trend in the percentage of adults in Indiana and the United States who report being current smokers.

![Current Smokers Graph](image)

### Trend of Quitting Smoking

The following figure displays the trend in the percentage of adults in Indiana and the United States who report attempting to quit smoking at least once.

![At Least Attempting to Quit Smoking Graph](image)

### Footnote

1 Statistically significant differences at 5% significance level: SEX: males & females; AGE: all pairwise except 18-24 & 25-44 and 18-24 & 45-64; RACE/ETHNICITY: white, non-Hispanic & black, non-Hispanic and black, non-Hispanic & Hispanic; INCOME: all pairwise; EDUCATION: all pairwise except graduated h.s. & some college

### Bibliography
