Ball State University Staff Council Meeting #5 Thursday, February 16, 2012 Student Center, Room 301-302

Members Present:

Brenda Ayers, Susan Calvin, Rhonda Clark, Amanda Collins, Cathy Cunningham, Marilyn Davis, John DeVoss, Kimberlee Fogle, Bartley Hainz, Bradley Johnston, David Kaufman, Lisa Kaufman, Teresa Kennedy, Sarah Kreps, Sarah McKillip, Kate Murray, Angela Pickett, Teresa Rector, Loretta Smith, Josephine Turner, Melanie Turner, Angela Zahner

Guests Present: Judy Burke

Excused Absences: Shannon Bell, Kay Collins, Kathleen Harrold, Dorothy Marvell, Andrea Sadler, Shawna

Sewell

I. & II. Call to Order-Welcome Guests. President Loretta Smith called the meeting to order at 1:15 p.m. and welcomed guests to the meeting.

III. Kate Murray introduced today's speaker, Rhonda Murr, Director of the Working Well program on campus. Rhonda discussed with the council the thought of finding a balance between life and work. Our health status can be determined as 10% access to care, 20% genetics, 20% environment, and 50% behavior. The goal is for optimal health. She distributed a folder to all members with information on the Nutrition Assessment Lab, Weight Watchers at Work, health coaching, tobacco cessation, the lunch and learn series, life health assessments, and biometric screenings. The health coach on staff is employed by Ceridian and Ball State and is available for encouragement, developing a partnership, identifying concerns, and ideas to get around obstacles. Health coaching can take place from six months to a year. This is all free and confidential.

The <u>Incentive Program</u> runs every year from July 1 through June 30. It would be helpful when taking the <u>life assessment</u>, that you know your numbers: cholesterol, glucose, height, weight, blood pressure. After taking the life assessment, you will have a health score, with detailed feedback. Incentives for participating in different parts of the Working Well program include a \$90 wellness voucher or a \$75 Master Card gift card. The Working Well program is located in the basement of the Student Health Center, just down the hall from the Employee Health Clinic.

Rhonda announced the new <u>Wellness Ambassadors</u> program, which is new. Staff can be a liaison between their department and the BSU Working Well program. She invited everyone to check out the new website at: <u>www.bsu.edu/about/administrativeoffices/workingwell/ambassadors</u>.

- IV. **Roll Call** M. Turner called the roll of representatives and alternates. Roll called showed 22 representatives present, six excused absences, and three unexcused absences.
- IV. Approval of Minutes from December 15, 2011

A motion was made and seconded (L. Kaufman/Hainz) to approve the minutes.

The motion carried.

V. Committee Reports

- a. **Employee Relations** B. Hainz no report.
- b. **Public Relations** A. Collins. Amanda updated the council on the Food and Needs Drive. We collected 650 items which included food and cleaners. She thanked the council for their contributions. The Salvation Army was overwhelmed by our generosity.
- c. **Elections** T. Kennedy no report.
- d. **Hospitality** A. Zahner. Angie reported the delivery of the Christmas gifts on December 19 to our family. There were eight gifts for each and which included a coat for everyone in the family. There was enough money donated to provide a full meal for the holiday. The Salvation Army has heard from the family and they expressed appreciation to the council for the gifts and food.
- e. **Research** E. Buchanan no report.
- f. Salary and Employee Benefits D. Kaufman no report.
- g. **Angels for Life** C. Cunningham. Cathy reported the January Angels for Life Blood Drive was a success. On 1/24, there were 110 appointments with 93 units received and 25 deferred; 1/25 there were 115 appointments with 95 units received and 31 deferred. The next blood drive is scheduled for March 28-29. They could use help at the registration table.

h. Special Committees

- 1. **A. Jane Morton Award** K. Murray. Kate reported nominations have been received. Please let her know if anyone needs more time to get a nomination submitted; the committee can work with them.
- **2. Public Safety** L. Smith no report.

VI. Unfinished Business

A. Follow-Up to RFI #35-2009/2010 – Weekend parking situation for library employees with restricted pass for Emens garage. After discussion in June, referred back to Research Committee for creation of a small task force to try to work out a resolution with Parking Services.

Response: Cathy Cunningham reported no response regarding a meeting from the chairperson of the Parking Subcommittee.

VII. Request for Information/Policy Change

There were no RFI's submitted for this month's meeting.

IX. New Business

Vice president, Kate Murray, discussed the meeting cancellation in January. The Communications Center did not get the announcement out in time. It was sent the same time staff council members were made aware of the cancellation. The speaker was unable to attend and there were no RFI's for January. The meeting would not have been cancelled if there had been RFI's to discuss.

X. Announcements

- a. Buy one get one tickets for Staff (unless noted otherwise)
 - -Dala (Pruis) 2/16/12
 - -Celtic Nights: A Journey of Hope (Emens) 3/1/12
 - -Sharon Isbin (Sursa) 3/16/12
 - -Susan Werner (Pruis) 3/22/12
 - -The Intergalactic Nemesis (Emens) 3/29/12
 - -Moscow Festival Ballet: Sleeping Beauty (Emens) 4/18/12 Special Pricing \$15/ticket for BSU faculty and staff
 - -Franc D'Ambrosio (Pruis) 4/24/12

b. The next meeting is March 15, 2012.

XI. Adjournment

A motion was made and seconded (Zahner/Cunningham) to adjourn. The meeting adjourned at 1:50p.m.

Respectfully submitted,

Melanie Turner Secretary, Staff Council