Athletic Training
Suggested Time Table for Courses

Fall Semester

Freshman

Courses	Hours
AT 196 - Introduction to Athletic Training	2
ANAT 201 - Human Anatomy OR EXSCI 292 - Anatomy	3
ENG 103 (UCC) - English Composition 1	3
HIST 150 (UCC) - The West in the World	3
COMM 210 (UCC) - Fundamentals of Public Communication	3
PEFWL (UCC) - Fitness & Wellness	2
Sub-Total	**16**

Sophomore

Courses	Hours
AT 370 - Lower Extremity Orthopedic Evaluation in Athletic Training	3
*Physical, Earth, & Life Sciences (UCC) - 1 of 2 required courses	3
MATHS 125 (UCC) - Mathematics and its Applications	3
Social & Behavioral Sciences (UCC) - 1 of 2 required courses	3
Fine Arts & Humanities (UCC) - 1 of 2 required courses	3
Sub-Total	**15**

Junior

Courses	Hours
FCSFN 340 - Principles of Human Nutrition	3
AT 398 - Applied Anatomy in Athletic Training	1
AT 372 - Therapeutic Modalities in Athletic Training	3
NUR 320 - Pharmacotherapeutics	2
EXSCI 201 - Physical Fitness Concepts	3
Elective Course	3
Sub-Total	**15**

Senior

Courses	Hours
EXSCI 493 - Advanced Concepts in Exercise Physiology	3
AT 495 - Medical Aspects of Sport & Physical Activity	3
AT 496 - Clinical Experience in Athletic Training	1
Elective Course	3
Elective Course	3
Elective Course	3
Sub-Total	**16**

Required Athletic Training Courses	60

*Recommended Physical Science - CHEM 111 - General Chemistry 1 (4)
**Recommended Distribution Elective - PHYCS 110 - General Physics (4)

Spring Semester

Freshman

Courses	Hours
AQUA 260 – First Responder	3
AT 340 - Prevention and Care of Musculoskeletal Injuries	4
ENG 104 (UCC) - English Composition 2	3
Physical, Earth, & Life Sciences (UCC) - 1 of 2 required courses	3
Social & Behavioral Sciences (UCC) - 1 of 2 required courses	3
Sub-Total	**15**

Sophomore

Courses	Hours
PHYSL 205 - Human Physiology	3
EXSCI 294 - Anatomical Kinesiology	3
AT 371 - Upper Extremity Orthopedic Evaluation in Athletic Training	3
Fine Arts & Humanities (UCC) - 1 of 2 required courses	3
International/Global Studies (UCC) - 1 required course	3
EXSCI 147 - Weight Training	1
Sub-Total	**16**

Junior

Courses	Hours
AT 392 - Practicum 1 in Athletic Training	3
AT 498 - Organization & Administration in Athletic Training	2
AT 373 - Therapeutic Exercise & Techniques in Athletic Training	3
AT 477 - Psychology of Injury Rehabilitation	3
**Distribution Elective Course	3
Sub-Total	**14**

Senior

Courses	Hours
AT 492 - Practicum 2 in Athletic Training	3
AT 497 - Current Concepts in Athletic Training	2
Elective Course	3
Elective Course	3
Elective Course	2
Sub-Total	**13**

Total Credit Hours	120