Kimberli Pike, MS, RD, CSSD

EDUCATION

Master of Science, Dietetics December 2000

Ball State University, Muncie, Indiana

Thesis: Nutrition practices, beliefs, and information sources of elite ice hockey players

Bachelor of Science, Dietetics July 1995

Ball State University, Muncie, Indiana

TEACHING EXPERIENCE

Director, Didactic Program in Dietetics August 2005 - Present

Department of Family and Consumer Sciences

Ball State University Muncie, Indiana

Instructor and Academic Advisor August 2004 – Present

Department of Family and Consumer Sciences Ball State University Muncie, Indiana

PROFESSIONAL EXPERIENCE

Sports Dietitian, Philadelphia Flyers Organization December 2006 – June 2009

Voorhees, New Jersey

Consultant, Sports Dietitian December 1997 – Present

Multiple sports, Ball State University; Various Elite Ice Hockey Organizations including: Columbus Blue Jackets (National Hockey League), Cincinnati Mighty Ducks (formerly of the American Hockey League), Fort Wayne Komets (formerly the International Hockey League), Indianapolis Ice (formerly of the International Hockey League), and various independent athletes of the National Hockey League and its affiliates (athletes representing 18 different NHL rosters in 2012).

Coordinator, Madison County Women, Infants, and Children Program February 1998 – August 2004

Anderson, Indiana

Consultant, Anderson Family Practice May 1999 – December 2000

Anderson, Indiana

REFERED PROFESSIONAL POSTER PRESENTATIONS

Kumley, R., Friesen, C., Judge, L., Pierson, E., and **Pike, K.** (2011) *Hydration and Fluid Replacement, Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern University*Sports, Cardiovascular and Wellness Nutrition (SCAN) Appeal Conference

Sports, Cardiovascular and Wellness Nutrition (SCAN) Annual Conference Chicago, Illinois

Martin, L. Friesen, C., Blom, L., Pucciarelli, D., and **Pike, K.** (2011) *Application of the Theory of Anticipatory Guidance to Understand the Nutritional Habits and Needs of Underclass Collegiate Athletes* Sports, Cardiovascular and Wellness Nutrition (SCAN) Annual Conference Chicago, Illinois

Hornstrom, G., Friesen, C., Ellery, J., and **Pike, K.** (2008) *Nutrition Knowledge, Practices, Attitudes, and Information Sources of Mid-American Conference College Softball Players* Sports, Cardiovascular and Wellness Nutrition (SCAN) Annual Conference Boston, Massachusetts

RESEARCH

Consulting Registered Dietitian and Assistant

Philadelphia Eagles Sweat Study

Primary Researcher: Dr. Sandra Fowkes-Godek

West Chester University

West Chester, PA

Consulting Registered Dietitian and Assistant

Philadelphia Flyers Sweat Study

Primary Researcher: Dr. Sandra Fowkes-Godek

West Chester University

West Chester, PA

PRESENTATIONS

Fluid and Electrolyte Monitoring in Professional Sports

Indiana Dietetic Association (IDA)

Indianapolis, IN

The Role of the Registered Dietitian on the Sports Medicine Team

Athletic Training Program Indiana Wesleyan University

Marion, IN

Nutrition for Sports Injury Recovery

Great Lakes Athletic Training Association (GLATA)

Chicago, IL

Dietetics Program Curriculum Updates

Academic Advising Staff

Ball State University

Muncie, IN

The Role of the Registered Dietitian on the Sports Medicine Team

Exercise Science Program

Indiana Wesleyan University

Marion, IN

The Role of the Registered Dietitian on the Sports Medicine Team

Athletic Training Program Ball State University

Muncie, IN

August 2008

February 2008

April 2012

March 2012

March 2012

January 2012

August 2011

February 2011

The Pathway to Becoming a Registered Dietitian August 2010 **Admission Office Staff Ball State University** Muncie, IN **Enjoy a Healthy Summer** May 2010 Delaware County 4H Program Muncie, IN The Role of the Sports Dietitian on the Sports Medicine Team March 2010 **Athletic Training Program Anderson University** Anderson, IN **Identifying Athletes at Nutritional Risk** February 2010 **Athletic Training Program Ball State University** Muncie, IN The Role of Registered Dietitians in Sports Medicine February 2010 Indiana Wesleyan University Marion, IN **Top Five Nutrition Improvements Every Hockey Player Should Make** February 2010 Fort Wayne Komets Organization Fort Wayne, IN The Role of the Registered Dietitian on the Athletic Training Team November 2009 **Exercise Science and Athletic Training Programs Ball State University** Muncie, IN **Full Potential: Nutrition for Pre-Teens** October 2009 **Lecture Series** Yorktown Middle School Yorktown, IN The Professional Value of the Board Certification in Sports Dietetics March 2009 **Expert Panelist Indiana University**

Fluid and Electrolyte Balance for Active People

Control Indiana Diotatic Association

March 2009

Central Indiana Dietetic Association
Indianapolis, IN

Muncie, IN

Intensive Sports Nutrition Workshop (Series)

Ball State University Men's and Women's Volleyball

September 2008 – January 2009

Fast Nutrition Tips for Firefighters on the Move

Cherry Hill Fire Department

Cherry Hill, NJ

Sleep Deprivation, Stress, and Eating

Psychology Department Ball State University Muncie, IN March 2007

January 2008

Nutrition Without Obsession

Eating Disorder Awareness Week Psychology Department Ball State University Muncie, IN February 2007

CERTIFICATIONS:

Board Certified Specialist in Sports Dietetics

Commission on Dietetic Registration

February 2008

Registered Dietitian

Commission on Dietetic Registration

May 1998

AWARDS:

Outstanding Teacher of the Year, Department of Family and Consumer Sciences, Ball State University 2006-2007 and 2009-2010.

PROFESSIONAL MEMBERSHIP & PRACTICE GROUPS:

Academy of Nutrition and Dietetics
Indiana Dietetic Association
Sports, Cardiovascular and Wellness Nutrition (SCAN)
Collegiate and Professional Sports Dietitians Association (CPSDA)
Nutrition and Dietetics Educators and Practitioners (NDEP)
Dietitians in Integrative and Functional Medicine (DIFM)