Carol Friesen, PhD, RD

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Greenfield, IN 46140
(317) 326-2994
cfriesen@bsu.edu

PROFESSIONAL CREDENTIALS:

Registered Dietitian, American Dietetic Association, 1980 to present.
Certified Dietitian, State of Indiana, 1994 to present.

EDUCATION:

Michigan State University, East Lansing, MI, 1986-1990.
Degree: Ph.D. Human Nutrition
Emphasis: Community Nutrition and Epidemiology
G.P.A.: 3.8 (115 credits)

The University of Wisconsin-Stout, Menomonie, WI, 1978-1980.
Degree: M.S. Food Science and Human Nutrition
G.P.A.: 3.9 (45 credits)

The College of St. Catherine, St. Paul, MN, 1974-1978.
Degrees: B.A. Nutrition Science (special major)
B.A. Elementary Education (certified MN 1-6)
G.P.A.: 3.8 (138 credits)

WORK EXPERIENCE:

Associate Professor, Department of Family and Consumer Sciences, Ball State University, Muncie, IN, August 1996 to present.

Epidemiologist (E-6), Indiana State Department of Health, Indianapolis, November 7, 1994 to August 1996 (Full time); work part time through grant to BSU from August 1996 to June 2005.

Coordinator of Nutrition Services, Marion County Health Department, Indianapolis, IN, June 11, 1990 to May 20, 1994.

Research/Teaching Assistant, Department of Food Science and Human Nutrition, Michigan State University, East Lansing, MI, 1986-1990.

Instructor, Division of Home Economics, Northeast Missouri State University, Kirksville, MO, 1980-1986.

PROFESSIONAL PUBLICATIONS:

Friesen, CA. (2012). Eat Smart! MyPlate & 2010 Dietary Guidelines, *Journal of Nutrition Education and Behavio*r, November/December 2012 issue.

Hornstrom, GR, Friesen, CA, Ellery, JE and Pike KL. (2011). Nutrition knowledge, practices, attitudes, and information sources of Mid-American Conference college softball players. *Food and Nutrition Sciences*, 2(2), 109-117.

Friesen, CA. (2011). How to Grow a School Garden: A Complete Guide for Parents and Teachers, *Journal of Nutrition Education and Behavior*, 43(2),140.e3.

Friesen, CA (December 2010). Operation Wellness: A University/Community Collaboration to Enhance Adult Wellness. *Family & Consumer Sciences Research Journal*, 39(2), 152–160.

Friesen, CA, Spangler, AA & Altman, LA. (January 2009). Merging food availability and client food preferences to create chef-inspired meals at a Midwest soup kitchen. *Journal of Family and Consumer Science, 101*(1), 18-24.

Friesen, CA, Spangler, AA & McFadden, JR. (2008). Nutrition, food, and wellness: Current benchmarks, trends, and challenges in an ever changing environment. *Journal of Family and Consumer Sciences Education.* 26(National Teacher Standards 2), 14-32. Available at http://www.natefacs.org/JFCSE/v26Standards2/v26Standards2Std4Friesen.pdf

Friesen, CA. (2005) Operation Wellness: A university-community collaboration to improve health in Wells County, Indiana (Faculty Spotlight), *BSU Alumnus*, 63 (1), 12-14. Accessible at http://www.bsu.edu/alumni/july05/facultyspot/.

Friesen, CA, Whitaker, SH, and Piotrowicz, K. (2004). Service learning in an FCS core curriculum: A community-campus collaboration. *Journal of Family and Consumer Sciences*. 96(3), 12-15.

Vann, J, Ahmadi, R, and Friesen, CA. (2004). Energy conservation tips for individuals and families. *The Forum for Family and Consumer Issues.* 9(2):ISSN 1540 5273, http://www.ces.ncsu.edu/depts/fcs/pub/9_2/encon.html.

Chezem, JC, Friesen, CA, and Parker, CG. (2004). Effect of professional postpartum support on infant feeding patterns among breastfeeding participants in the WIC Program, *Family and Consumer Sciences Research Journal*, 32(4), 349-360.

Chezem, JC, Boettcher, J and Friesen, CA. (2003). Breastfeeding knowledge, breastfeeding confidence, and infant feeding plans: Effects on actual feeding practices. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 32(1), 713-720.

Friesen, CA, Altman, L, and Kain, D. (2002). Nutrition knowledge, attitudes, and practices of certified Executive chefs. *Journal of Family and Consumer Sciences*, 94(4), 17-24.

Friesen, CA, Chezem, JC, and Beals, K. (2001). Using the electronic superhighway to 'drive' your foods and nutrition curriculum: Recommended websites for foods and nutrition educators. *Journal of Family and Consumer Science Education,* 19(2), 19-25.

Chezem, JC, Friesen, CA and Clark, H. (2001). Sources of infant feeding information used by pregnant women. *Journal of Perinatal Education*, 10(3), 20-26.

Chezem, JC and Friesen, CA. (1999). Attendance at breast-feeding support meetings: Relationship to demographic characteristics and duration of lactation in women planning postpartum employment, *Journal of the American Dietetic Association,* 99(1), 83-85.

Chezem, JC, Friesen, CA, Montgomery, P, Fortman, T, and Clark, H. (1998). Lactation duration: Influences of human milk replacements and formula samples on women planning postpartum employment, *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 27(6), 646-651.

Friesen, CA and Hoerr, SL. (1990). Nutrition education strategies for worksite wellness: Evaluation of a graduate course targeted to worksite wellness majors, *Journal of the American Dietetic Association,* 90(6), 854-6.

BOOKS:

Friesen, CA and Reilly, R. (2011). Testbank for Nutrition: An Applied Approach, Third Edition. Pearson Publishing Company, San Francisco, CA.

Friesen, CA, Ferguson, DE and Wray, PS. (1994). 5 A Day-For Better Health: K-2; 3-4; 5-6 Grade Nutrition Education Curriculum, Burford Printing Company, Columbus, IN.

Friesen, CA and Wilson, AK. (1980). Programmed Chemistry Principles as they Relate to Foods, 230p. University of Wisconsin-Stout Publications Office, Menomonie, WI, copy-righted text.

SELECT REFEREED POSTER SESSIONS:

Friesen, CA, Garant, AR. (2012). Impact of Early Child Life Events on the BMI of Obese Children Enrolled in the Pediatric Over Weight Education and Research (POWER) Program, Association of State and Territorial Public Health Nutrition Directors, ASTPHND, Traverse City, MI, June 10, 2012.

Pucciarelli, DL, Schroeder, AL, Friesen, CA. (2012). New culinary uses for pork testicles from immunologically castrated male pigs. *EB* (vol. 26, pp. 636.6). *The FASEB Journal.* www.fasebj.org/cgi/content/meeting_abstract/26/1_MeetingAbstracts/636.6, San Diego, CA, April 23, 2012.

Pucciarelli, DL, Friesen, CA, Burt, T, Sorg, A. (2012). The Effect of Living Arrangement on Dietary Intake of Athletes who Participated in Special Olympics living in Delaware County, Annual Indiana Dietetic Association, Indianapolis, April 19, 2012.

Driver, S.L, Friesen, C.A. (2012). An Evaluation of Feeding American's Backpack Program at Second Harvest Food Bank of East Central Indiana from the Perspective of Site Coordinators and Parents, Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 19, 2012.

Garant, AR, Friesen, CA, Chezem, JC, Kotecki, J, Gupta, S. (2012). Maternal and Infant Factors Associated with Body Mass Index among Children in a Pediatric Overweight Education Program, Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 19, 2012.

Durham, MR, Friesen, CA. (2012). Impact of an Educational Strategy to Change Knowledge, Attitudes, and Consumption of Fruits and Vegetables among High School Students in a Rural Indiana Community, Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2011.

Kumley, RF, Friesen, CA, Judge, LW, Pierson, EE, Pike, KL. (2011). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern University, National Strength and Conditioning Association, Las Vegas, NV, July 9, 2011.

Friesen, CA, Driver, SL. (2011). An Evaluation of the Nutrient Content of the BackPack for Kids Program at Second Harvest Food Bank of East Central Indiana, Association of State and Territorial Public Health Nutrition Directors, Salt Lake City, Utah, June 12, 2011.

Driver, SC, Friesen, CA. (2011). Feeding America's Backpack Program at Second Harvest Food Bank of East Central Indiana, Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.

Kumley, RF, Pike, KL, Judge, LW, Pierson, EE, Friesen, CA. (2011). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern, Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.

Martin, LM, Pike, KL, Blom, LC, Pucciarelli, DL, Friesen, CA. (2011). Application of the Theory of Anticipatory Guidance to Understand the Nutritional, Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.

Kumley, RF, Friesen, CA, Judge, LW, Pierson, EE, Pike, KL. (2011). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern University, 27th Annual SCAN Symposium, SCAN, Chicago, IL, March 21, 2011.

Lindsay, M, Friesen, CA, Pike, KL, Blom, LC, Pucciarelli, DL. (2011). Application of the Theory of Anticipatory Guidance to Understand the Nutritional Habits and Needs of Underclass Collegiate Athletes, 2011 SCAN Symposium, Sports Cardiovascular and Wellness Nutrition, Chicago, IL, March 11, 2011.

Friesen, CA, Ferguson, DE. (2010). Implementation of the Supermarket Smarts Pilot Program. Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2010.

Trumbo, KC, Friesen, CA, Pucciarelli, D. (2010). The Effect of Sports-Focused Nutrition Education among Men and Women Collegiate Athletes. Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2010.

Friesen, CA and Harmeson, AM. (2010). Determination of the Validity and Reliability of the Special Olympics Healthy Athletes Heath Promotion Dietary Intake Questions, Association of State and Territorial Public Health Nutrition Directors, Baltimore, MD, June 13-15, 2010.

Kruckenberg, MA, Kaminsky, LA, Hargens, TA & Friesen, CA. (June 2010). The relationships between current and past physical activity participation and bone status in a mixed menopausal population. Medicine and Science in Sports and Exercise, 42(5 Suppl): S180.

Harmeson, AM, Kandiah, J, Jones, J, Leahy, A, Friesen, CA. (2010). An Evaluation of the Validity and Reliability of the Healthy Athletes® Health Promotion Questionnaire Used to Assess the Dietary Intake of Delaware County Special Olympics Athletes. Indiana Dietetics Association, April 21, 2010.

Trumbo, KC, Friesen, CA, Pucciarelli, D. (2010). The Effect of Nutrition Education Intervention on Men and Women Collegiate Athletes Indiana Dietetics Association, Indianapolis, IN, April 21, 2010.

Friesen, CA, Chezem, JC. (2009). Validation Study of the BioMeasure Adult Measuring System. American Association of Family and Consumer Sciences, Knoxville, TN, June 25-27. 2009.

Friesen, CA, Dudoit, J. (2009). Analysis of Health Promotion Data Obtained during the 2008 Indiana Special Olympics games: A Comparison of Indiana and National Data. Association of State and Territorial Public Health Nutrition Directors, Santa Fe, NM, June 14-16, 2009.

Weiss, T, Friesen, CA, Thompson, NE, Altman, L, Spangler A. (2009). Does a Students' Nutrition Knowledge Correlate with their Purchase of "Better Choice" Foods in a Middle School Cafeteria Setting? Indiana Dietetic Association, Indianapolis, IN, April 23, 2009.

Friesen, CA. (2009). Operation Wellness, A University-Community Collaboration to Improve Health in Wells County, Indiana: Lessons Learned. Building a Healthier Community: Eat Well, Live Well regional meeting, Chicago, IL, January 23, 2009.

Weiss, T, Friesen, CA, Thompson, N, Altman, L, Spangler, A. (2008). The Relationship between Nutrition Knowledge and Dietary Behavior among Adolescents. Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 26, 2008.

Friesen, CA, Thompson, NE, Spangler, AA, Whitaker, S. (2008). Impact of a University Family and Consumer Sciences Curriculum on Students' Confidence and Competence in their Ability to Use Technology. American Association of Family and Consumer Sciences, Milwaukee, WI, June 18, 2008.

Friesen, CA, Hormuth, L. (2008). Body Mass Index, Food Choices and Nutrition Knowledge and Attitudes of Fourth Grade Students in Wells County, IN: 2003-04 through 2006-07, Association of State and Territorial Public Health Nutrition Directors, Madison, WI, June 7, 2008.

Friesen, CA, Hornstrom, GR, Perkins, AJ. (2008). Validation Study of the BioMeasure Adult Fitness Measuring System. Indiana Public Health Association, W. Lafayette, IN, May 12, 2008.

Hornstrom, G., Friesen, C.A., Pike, K., & Ellery, J. "Nutrition Knowledge, Practices, Attitudes, and Information Sources of Mid-American Conference College Softball Players," SCAN (Sports, Cardiovascular and Wellness Nutrition Association, Boston, MA, April 9, 2008.

Friesen, C.A. & Hornstrom, G.R. "Impact of Participation in a Pilot Coordinated School Health Program on the Physical Activity Patterns and Nutrition Habits of Students in Wells County, IN." Association of State and Territorial Public Health Nutrition Directors (ASTPHND) Annual Meeting, Portland, ME, June 10-12, 2007.

Friesen, C.A. & Hornstrom, G.R. "Physical Activity Patterns and Nutrition Habits of Fourth and Sixth Grade Students in Wells County, Indiana: A Comparison over Time." American Association of Family and Consumer Sciences, Knoxville, TN, June 20-23, 2007.

Friesen, C.A., Altman, L.A., & Spangler, A.A. "Food Preferences of Adults who Obtain Meals at Harvest Soup Kitchen in Muncie, Indiana." American Association of Family and Consumer Sciences, Knoxville, TN, June 20-23, 2007.

Friesen, CA. "Operation Wellness: A University/Community Collaboration to Improve Health in Wells County, Indiana", INshape Indiana Governor's 2006 Health Conference, Indianapolis, IN, November 28, 2006.

Altman, L., Friesen, C, & Spangler, A. "Menu Descriptors are Perceived by Consumers as Associated with "Appealing" and "Healthy" Entrées: Choose Your Words Carefully", Indiana Association of Family and Consumer Sciences, Marten House, Indianapolis, IN, November 15, 2006.

Friesen, CA. "Operation Wellness: A University-Community Collaboration to Improve the Health of Individuals in Wells County, Indiana". Association of State and Territorial Public Health Nutrition Directors (ASTPHND), Seattle, WA, June 11-13, 2006.

Friesen, C, Delagrange, S, & Hornstrom, G. "Nutrition and Physical Activity Habits of School-Aged Children in a Rural Indiana Community", Indiana Public Health Association, West Lafayette, IN. May 11, 2006.

Friesen, CA, Spangler, A, Shah, K. and Altman, L. "Identification of "Appealing" and "Healthy" Menu Entrée Descriptors and Determination of Factors Influencing Customer's Food Selection and Frequency of Eating Out", Indiana Dietetics Association, Indianapolis, IN, April 6, 2006.

Hornstrom, G and Friesen, CA. "Evaluation of the Nutrition Habits and Physical Activity Patterns of Fourth and Sixth Grade Students in Wells County, Indiana: A Comparison over Time", Indiana Dietetics Association spring meeting, Indianapolis, IN. April 6, 2006.

Friesen, CA. "Operation Wellness: A Community Program to Improve Health", American Association of Family and Consumer Sciences, Minneapolis, MN, June 14, 2005.

Friesen, CA, Knox, F, and Purcel1, J. "Operation Wellness: An Overview", Indiana Dietetic Association, Indianapolis, IN, March 25, 2004.

Friesen, CA, Knox, F, and Purcell, J. "Operation Wellness: A Community-Based Wellness Program in Wells County, IN", Priester Health Education Conference, St. Louis, MO, April 15, 2004.

Friesen, CA and Knox, FA. "Operation Wellness: An Overview", Indiana Association of Family and Consumer Sciences, Muncie, IN, November 3, 2004.

Knox, FA and Friesen, CA. "TPAN: A Look into Teachers' Attitudes Toward Physical Activity and Nutrition: Are Schools Prepared to Fight the Obesity Epidemic?" Indiana Association of Family and Consumer Sciences, November 3, 2004.

Altman, L and Friesen, CA. "If the Chefs Prepare It, Will the Consumer Eat It?", Indiana Association of Family and Consumer Sciences. November 6, 2003.

Chezem, JC and Friesen, CA. "Breastfeeding Attitudes of Women Planning Exclusive and Partial Breastfeeding", American Dietetic Association Annual Meeting, Philadelphia, PA, October 22, 2002.

DeGraaf, RL, Chezem, JC, and Friesen, CA. "Breastfeeding Confidence of Mothers who Choose to Exclusively Breastfeed and Combination Feed their Infants", American Dietetic Association Annual Meeting, Philadelphia, PA, October 22, 2002.

Friesen, CA and Chezem, JC. "Variety in the Diet of College Students: Will Completion of a Personal Nutrition Course Have an Impact on the Type of Foods Consumed?" Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 3, 2002.

Friesen, CA and Chezem, JC. "Impact of a Personal Nutrition Course on Self-Reported Variety in a College Student's Diet", American Dietetic Association Annual Meeting, St. Louis, MO, October 22, 2001.

Friesen, CA. "Relationship Between Maternal Birth Weight and Infant Birth Weight: A Stratified, Matched Study Using Birth Certificates", American Dietetic Association Annual Meeting, Denver, CO, October 19, 2000.

Chezem, JC, Friesen, CA, Beals, K, and Stemnock, L. "Status of Fruit and Vegetable Intake Practices in Indiana: Results of the 1998 Indiana Behavior Risk Factor Surveillance System (BRFSS)", Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 19, 2000.

Beals, K, Friesen, CA, Chezem, JC, and Stemnock, L. "Status of Obesity and Weight Loss Practices in Indiana: Results of the 1998 Indiana Behavior Risk Factor Surveillance System (BRFSS)", Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 19, 2000.

Friesen, CA, and Eigenbrod, JA. "Evaluating the Quality of Nutrition Education in Indiana's Elementary Schools: Does Taking a College Course in Nutrition Make A Difference?", Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 12, 2000.

Friesen, CA. "Use of BRFSS Data to Determine Effectiveness of Outreach Strategies in the Indiana Breast and Cervical Cancer Early Detection Program", American Public Health Association Annual Meeting, Washington, DC, November 17, 1998.

Friesen, CA and Moorman, JE. "Fruit and Vegetable Consumption Among Adults in Indiana: How Do We Compare with the Nation?", Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 3, 1997.

Friesen, CA. "Evaluation of A K-6 Grade Nutrition Education Curriculum Entitled '5 a Day - For Better Health'", Indiana Public Health Association Annual Meeting, Indianapolis, IN, March 1994.

SELECT REFEREED ORAL PRESENTATIONS:

Friesen, C.A. "Anthropometric Indices, Dietary Intake Patterns, and Health Behaviors of Indiana and Non-Indiana Special Olympics Athletes." Indiana Public Health Association, Indianapolis, IN, April 6, 2010.

Friesen, C.A. "Operation Wellness: Results and Lessons Learned." Indiana Public Health Association, W. Lafayette, IN, May 12, 2008.

Friesen, C.A. "Operation Wellness: Operation Wellness: A University-Community Collaboration to Increase Physical Activity and Improve Eating Behaviors in a Rural Indiana County." Indiana Dietetics Association annual meeting, Indianapolis, IN, April 16, 2008.

Friesen, C.A. "Special Olympics Healthy Athletes® Health Promotion." Indiana Special Olympics Winter Professional Update, Indianapolis, IN, February 7, 2008.

Altman, L.A., and Friesen, C.A "Choose Your Words Carefully." ACF (American Culinary Federation), Nashville, TN. April 29, 2007.

Friesen, C.A. "Operation Wellness: Development, Implementation, and Evaluation." Indiana Cancer Coalition, Indianapolis, IN, April 25, 2007.

Lopaki, S, Friesen, CA, and Willaert, AM. "C-C Partnerships: The View from the Funder's Balcony", Community-Campus Partnerships for Health's 10th anniversary conference Mobilizing Partnerships for Social Change, April 13, 2007, Toronto, ON Canada!.(90 minute; joint presentation with Robert Wood Johnson, Ball State University, and Mankato State University).

Friesen, C.A., "What's New in Nutrition? What you Need to Know!" Midwest GMA/FPA, Indianapolis, IN, March 13, 2007.

Friesen, C.A. "Operation Wellness." Robert Wood Johnson Local Initiative Funding Partners Annual Meeting, Scottsdale, AZ, October 12, 2006.

Friesen, C.A. "Operation Wellness: Development, Implementation and Mid-Term Evaluation." Indiana FACS Teachers' Statewide Conference, Indianapolis, IN, April 18, 2006.

Altman, L, Foster, D, and Friesen, C. "Fundraising Activities for Student Organizations", Great Lakes Hospitality and Tourism Educators Conference, E. Lansing, MI, December 3, 2005.

Friesen, CA. "Operation Wellness: Development, Implementation and Mid-Term Evaluation", Indiana Public Health Association annual meeting, Bloomington, IN, May 19, 2005.

Friesen, CA and Knox, FA. "Elementary Teachers' Perceptions, Practices, and Curriculum Needs Related to Nutrition Education and Physical Activity in Wells County, IN", 2005 Priester National Extension Health Education Conference, Lexington, KY, April 13, 2005.

Friesen, CA and Whitaker, S. "Integrating the FCS Body of Knowledge into a Freshman Introductory Course", American Association of Family and Consumer Sciences Annual Meeting, San Diego, CA, June 29, 2004.

Whitaker, SH, Friesen, CA, and Piotrowicz. "Inclusion of a Service Learning Component into a University FCS Core Curriculum," Indiana Association of Family and Consumer Sciences. November 6, 2003.

Friesen, CA and Gardner, JG. "Use of GIS to Target Outreach Activities and to Evaluate Screening Success in the Indiana Breast and Cervical Cancer Early Detection Program", CDC's 15th National Conference on Chronic Disease Prevention and Control, Washington, DC, November 30, 2000.

Gardner, JG and Friesen, CA. "Application of GIS in the Indiana Breast and Cervical Cancer Early Detection Program", NBCCEDP Data Manager's Conference, Denver, CO, May 25, 2000.

Friesen, CA, Ferguson, DE, and Wray, PS. "Evaluation of a K-6 Grade Nutrition Education Curriculum with 'Kid-Appeal': 5 a Day - For Better Health". American Public Health Association Annual Meeting, Washington, DC, October 1994.

Friesen, CA, Ferguson, DE, and Wray, PS. "Five a Day - For Better Health: A Curriculum with Kid-Appeal". Society for Nutrition Education Annual Meeting, Portland, OR, July 1994.

SELECT INVITED ORAL PRESENTATIONS:

Friesen, C. A., "A Roadmap to Healthy Living, Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2011.

Friesen, CA. "Nutrition Guidelines for Wellness and Obesity Prevention: New Challenges, New Solutions." Indiana Association of Family and Consumer Sciences Annual meeting, Indianapolis, IN, September 24, 2010.

Friesen, CA. "Operation Wellness," Robert Wood Johnson Local Initiative Funding Partners Annual Meeting, Scottsdale, AZ, October 12, 2006.

Friesen, CA. "Operation Wellness: Development, Implementation and Mid-Term Evaluation", Indiana FACS Teachers' Statewide Conference, Indianapolis, IN, April 18, 2006.

Friesen, CA. "Operation Wellness: Overview," BSU Panel Presentation (One of four presentations) Delegation from the Netherlands, Middletown Project, Muncie, IN, November 11, 2004.

Friesen, CA. "Helping Lead a Horse to Water…And Hoping they Drink!" Presentation to Dr. David Haber, Fisher Institute for Wellness and Gerontology's Changing Health Behaviors graduate class at Ball State University, November 8, 2004.

Friesen, CA. "Childhood Obesity: What Can I Do?", Indiana Association of Health, Physical Education, Recreation and Dance (IAHPERD), Indianapolis, IN, November 5, 2004.

Friesen, CA. "Community Action for Active and Healthy Kids. Taking Action for Children's Health Conference." Sponsored by Action for Healthy Kids/Clarian Health/Dairy and Nutrition Council/Indiana Department of Education, Indianapolis, IN, November 4, 2004.

Knox, F. and Friesen, C. "Operation Wellness: The Process of Building a Community-Based Wellness Program." Indiana Association of Family Consumer Science Conference, July 26, 2004, Muncie, IN.

Friesen, CA. "Improving Your Presentation Skills: Practical Ideas for the Real World", Indiana Public Health Association (IPHA), Lafayette, IN. May 10, 2004.

Friesen, CA. "Obesity in America: Overview of Statistics, Resources, and Programs with an Emphasis on Operation Wellness." Eastern Indiana District Dietetic Association, Muncie, IN, October 14, 2003.

Friesen, CA. "Operation Wellness: How Can a FCS Professional Impact the Epidemic of Obesity?" Keynote Address: Shaping Lives of Families and Professionals, Multi-State AFCS Conference, Indianapolis, IN, July 29, 2003.

Friesen, CA. "Operation Wellness: Connecting the FACS Curriculum to Community Initiatives that Increase Wellness and Enhance Health of Individuals and Families". Indiana Family and Consumer Sciences Teachers Professional Development Conference, Indianapolis, IN, April 28, 2003.

Friesen, CA. "Stress and Nutrition: Fight Back with Phytochemicals", Indiana State Family and Consumer Science Educator's Conference, Indianapolis, IN, May 2, 2002.

Friesen, CA. "Nutrition and Chronic Disease: Making the Pieces Fit", Indiana Family and Consumer Sciences Teachers Professional Development Conference, Adams Mark, Indianapolis, IN, May 1, 2001.

Friesen, CA. "Incorporating Technology into the High School Classroom: Nutrition and Health Areas", Two-hour presentation to high school Health/Family Consumer Science teachers and coaches. Switzerland County High School, Vevay, IN, January 22, 1999.

Friesen, CA. "Use of Technology (e.g., software and Internet) to Teach Nutrition at the Elementary Education Level", Legacy 21 Professional Development Series (broadcast live via local TV, IHETS, and tape-delayed), Ball State University, Ball Communications Building, Room 129, October 16, 1997.

Friesen, CA. "The '5 A Day - For Better Health' Program". Indiana Dietetic Association Annual Spring Meeting, Indianapolis, IN, April, 1994.

CHAIR, GRADUATE STUDENT THESIS (Completed):

(1) Amanda Garant, Fall 2011 - January 10, 2012.
(2) Lindsay Martin, Fall 2010 - October 21, 2011.
(3) Monica Durham, Spring 2010 - June 10, 2011.
(4) Perkins, Amy, Summer 2008 - April 8, 2011.
(5) Roberta (Bobbi) Kumley, January 2010 - November 2010.
(6) Alisha Harmeson, January 2009-November 2009
(7) Josette Dudoit, September 2008-April 2009.
(8) Theresa Weiss, January 2008-August 2008.
(9) Laura Hormuth, April 2006-November 2007.
(10) Tonya Chapman, January 2006-November 2007.
(11) Grete Hornstrom, January 2005-April 2007.
(12) Susan Delagrange, September 2002-April 2006.
(13) James Allain, October 2004-November 2005.
(14) Francois Knox, December 2004-April 2005.
(15) Darci Cook, Spring 2000 – April 2005.
(16) Jennifer Purcell, January 2004-June 2004.
(17) Kristine Slavin-Smith, May 2002-June 2004.
(18) Komal Shah, March 2003 – November 2003.
(19) Jody Miller, June 2003-November 2003.
(20) Emily Bone, November 2001-December 2002.

CHAIR, GRADUATE STUDENT THESIS (In Process):

(1) Amanda Capehart, Spring 2012 - Present.
(2) Elise (Kristen) Lindstrom, Summer 2011 - Present.
Victoria Parry, Summer 2011 - Present.
(3) Amanda Bolin, Spring 2011 – Present.

CHAIR, GRADUATE STUDENT RESEARCH PAPER (Completed):

(1) Britney Merchant, Spring 2012 - April 4, 2012.
(2) Jessica Johnson, Spring 2011 - January 12, 2012.
(3) Salman Aljaziri, Fall 2011 - November 20, 2011.

CHAIR, GRADUATE STUDENT RESEARCH PAPER (In Process):

(1) Mary Tippman Harter, Spring 2012 - Present.

COMMITTEE MEMBER, GRADUATE STUDENT THESIS (Completed):

(1) Alison Sorg, Summer 2011 – May 2012.
(2) Bollinger, Laura, Spring 2011 - January 7, 2012.
(3) Cook, Megan, Fall 2010 - September 14, 2011.
(4) Ashley Magistrelli, August 2009-May 2010.
(5) Andrew Wheat, May 2009-May 2010.
(6) Micaela Krukenberg, May 2008-April 2009.
(7) Anthea Janele Bayless, August 2004-June 2006.
(8) Emily Suiter, November 2001-November 2002.

COMMITTEE MEMBER, GRADUATE STUDENT THESIS (In Process):

(1) Samantha Tickle, Spring 2012 - Present.

CHAIR, UNDERGRADUATE HONORS THESIS:

(1) Stacy Driver, January 2012- April 2012.
(2) Katrina Boisvert, January 2005 - May 2005.
(3) Jennifer Lounsberry, August 2004 - December 2004.

GRANTS FUNDED:

Title:	Development of an Evaluation Strategy to Measure the Effectiveness of the Mandatory Research Component in Family and Consumer Sciences Using BlackBoard
Agency:	Office of Institution Effectiveness
Amount:	$1,000.00
Dates:	May-December 2012
PI:	Carol Friesen
Submitted:	2012

Title:	Nutrition Education: Enhancing the Nutrition of Low-Income
Agency:	BSU Honors College
Amount:	$2,476.00
Dates:	2011 - 2012
PI:	Friesen, Carol A.
Submitted:	April 2011

Title:	The "BackPack for Kids" Program: Enhancing the Nutrition of Low-Income Children in Delaware County, One Bite at a Time
Agency:	BSU Honors College
Amount:	$1800
Date:	August 2010-May 2011
Co-PI's:	Dr. Carol A. Friesen and Stacey C. Driver, Honors Student in Dietetics
Submitted:	March 23, 2010

Title: Athens or Bust!
Agency: Indiana Special Olympics International
Amount: $1500
Date: August 2009-May 2010
Co-PI's: Dr. Carol A. Friesen, Andrea Singer and Lauren Steinmetz
Submitted: June 2009

Title: The Sounds of Health: Using Emerging Media for Health Education and Practice
Agency: BSU Provost's Immersive Learning Initiative
Amount: $18,641
Date: July 2009-May 2010
Co-PI's: Drs. Carol A. Friesen and Jane Ellery, Stan Sollars, and Patty Hollingsworth
Submitted: March 2009

Title: BioMeasure Adult Measuring Instrument Validation Study
Agency: Glenview Health Systems
Amount: $3,025
Date: July 2008-May 2009
Co-PI's: Drs. Carol A. Friesen and Jo Carol Chezem
Submitted: February 2008

Title: Implementation of a Nutrition Assessment Lab
Agency: BSU Provost's Epi Immersion Grant
Amount: $5,500
Date: July 1, 2006-June 30, 2007
Co-PI's: Dr. Carol Friesen and Kimberli Pike
Funded: May 18, 2006

Title: Building Intellectual Capital in the Sciences, Lilly V Proposal: Development of a Nutrition Assessment Lab
Agency: BSU Lilly V Grant
Amount: $60,042
Date: July 1, 2006-June 30, 2007
Co-PI's: Drs. Carol Friesen, Jo Carol Chezem and Jayanthi Kandiah
Submtted: May 2006

Title: Student Learning Outcomes in Family and Consumer Sciences: Comparison of Pre-Test (FCS 103) and Post (FCS 403) Test Assessment Tools Related to Core Competencies, Technology, and Professional Development.
Agency: BSU Summer Assessment Grant
Amount: $1,0000
Date: Summer 2006
PI: Dr. Carol Friesen
Submitted April 1, 2006

Title: FCS Graduate Student Evaluation Survey.
Agency: BSU Summer Assessment Grant
Amount: $3,0000
Date: Summer 2005
Principal: Drs. Carol Friesen. Sue Whitaker, and Scott Hall
Submitted April 8, 2005

Title: Diabetes Prevention and Control Grant (Sub-Contract to BSU)
Agency: Indiana State Department of Health.
Amount: $29,692
Dates: March 30, 2004-March 31, 2005
Principal: Carol Friesen
Submitted: March 26, 2004

Title: Center for Workplace Wellness
Agency: BSU Provost Initiative
Amount: $50,000
Dates: July 1, 2004-June 30, 2005
Principal: Jane Ellery, Fishers Institute of Wellness
Co-PI: Carol Friesen, FCS, Nancy Dillard, Nursing, Sam Cotton, IT
Submitted: January 15, 2004

Title: Assessment of FCS Program Effectiveness
Agency: BSU Summer Assessment Grant
Amount: $2,400
Date: Summer 2005
Principal: Drs. Joan McFadden and Carol Friesen.
Submitted: April 2, 2004

Title: Diabetes Prevention and Control Grant (Sub-Contract to BSU)
Agency: Indiana State Department of Health.
Amount: $29,692
Dates: March 30, 2004-March 31, 2005
Principal: Carol Friesen
Submitted: March 26, 2004

Title: Epidemiologic Consultation IN-BCCP.
Agency: Indiana State Department of Health.
Amount: $25,298
Dates: July 1, 2004-June 30, 2005
Principal: Carol Friesen
Submitted: March 3, 2004

Title: Center for Workplace Wellness
Agency: BSU Provost Initiative
Amount: $50,000
Dates: July 1, 2004-June 30, 2005
Principal: Jane Ellery, Fishers Institute of Wellness
Co-PI: Carol Friesen, FCS, Nancy Dillard, Nursing, Sam Cotton, IT
Submitted: January 15, 2004

Title: Inclusion of a Service Learning Component into the FCS Major: Discovering the Heart and Soul of the Profession.
Agency: Indiana Campus Compact 2003-2004 Scholarship of Engagement
Amount: $3,000
Status: Funded at 100%
Dates: May 2003-May 2004
Principal: Drs. Sue Whitaker and Carol Friesen
Submitted: April 8, 2003.

Title: Evaluation of Computer Competency of FCS Faculty and Students.
Agency: BSU Summer Assessment Grant
Amount: $1,200
Status: Funded
Date: Summer 2003
Principal: Dr. Carol Friesen
Submitted April 1, 2003

Title: Analysis of Cholesterol Levels of Wells County Fourth Grade Students, 2001-03.
Agency: Caylor-Nickel Foundation
Amount: $8,505
Status: Funded at 100%
Dates: August 2003-May 2004
Principal: Carol Friesen
Submitted: March 18, 2003

Title: Epidemiologic Consultation IN-BCCP.
Agency: Indiana State Department of Health.
Amount: $30,598
Status: Funded at 100%
Dates: July 1, 2003-June 30, 2004
Principal: Carol Friesen
Submitted: February 28, 2003

Title: Bridging the Gap between FCS 103 and FCS 403.
Agency: Lilly II Department Retention Grant
Amount: $20,000
Status: Funded at $17,300
Dates: May 2003 – May 2004
Principal: Drs. Sue Whitaker and Carol Friesen
Submitted: February 21, 2003

Title: Operation Wellness
Agency: Robert Wood Johnson Foundation
Local Initiative Funding Partners (LIFP)
Amount: $1,000,000
Status : Funded at $900,000
Dates: July 1, 2003-June 30, 2007
Principal: Carol Friesen
Submitted: November 27, 2002

Title: Assessment of the Physical Activity Patterns and Nutrition Knowledge and Beliefs among Teachers in Grades K-12 and Students in 4th, 6th, and 8th Grade in Wells County
Agency: Caylor-Nickel Foundation
Amount: $15,000
Status: Funded at 100% to Ball State University
Dates: August 2002-May 2003
Principal: Carol Friesen
Submitted: July 2002

Title:	Helping Students Build a Commitment to the Major and Profession through Understanding the Heart and Soul of Family and Consumer Sciences.
Agency:	Lilly II Grant through BSU
Amount:	$20,000
Status:	Funded, $2,500
Dates:	May 2002-May 2003
Principal:	Drs. Carol Friesen and Sue Whitaker
Submitted:	March 2002

Title:	Epidemiologic Consultation to the Indiana Breast and Cervical Cancer Early Detection Program (IN-BCCP).
Agency:	Indiana State Department of Health.
Amount:	$53,700-$75,000
Status:	Funded at 100% to Ball State University
Dates:	September 1996 to 2003
Principal:	Friesen, CA

Title:	Evaluating the Quantity of Nutrition Education Included in Indiana's Elementary Schools
Agency:	OARSP, Ball State University
Amount:	Summer Graduate Student ($947) plus a $292 SEET award.
Status:	Funded at 100%
Dates:	July 1, 1999-July 24, 1999
Principal:	Friesen, CA

Title:	Development, Implementation, and Evaluation of a Nutrition Education Curriculum for Children in Grades K-6
Agency:	MCH Block Grant from the ISDH
Amount:	$10,000
Status:	Funded at 100%
Dates:	July 1991
Principal:	Friesen, CA, Marion County Health Department

PROFESSIONAL MEMBERSHIPS:

Academy of Nutrition and Dietetics, 1980-present.
Indiana Dietetic Association, 1990-present.
Central Indiana Dietetic Association, 1990-present.
American Institute of Nutrition (AIN), 2007-present.
Society for Nutrition Education and Behavior, 1980-present.
American Public Health Association, 1988-present.
Indiana Public Health Association, 1990-present.
Indiana Nutrition Council, 1991-present.
American Association of Family and Consumer Sciences, 1998+.
Indiana AAFCS, 1998-present.

PROFESSIONAL HONORS:

- Tony and Mary Hulman Health Achievement Award for Exceptional Contribution to Preventive Medicine and Public Health, October 14, 2008.
- Mortar Board Faculty Appreciation Award, Clavia Chapter, Ball State, University, November 2007
- BSU Council on the Environment (COTE) Green Initiative Award, April 2007.

- Finalist, Ball State University Outstanding Teacher of the Year, 2004 and 2001.
- Outstanding Teacher of the Year, Department of FCS, Ball State University, 2009-10, 2006-07, 2003-04 and 2000-2001.
- Outstanding Future Leader, American Home Economics Association, 1990.
- Michigan Outstanding Young Professional, Michigan Home Economics Association, 1990.
- Outstanding Graduate Student, College of Human Ecology, Michigan State University, 1989-90.