
Carol Friesen, PhD, RD

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Greenfield, IN 46140
(317) 326-2994
cfriesen@bsu.edu

PROFESSIONAL CREDENTIALS:

Registered Dietitian, American Dietetic Association, 1980 to present.
Certified Dietitian, State of Indiana, 1994 to present.

EDUCATION:

Michigan State University, East Lansing, MI, 1986-1990.

Degree: Ph.D. Human Nutrition

Emphasis: Community Nutrition and Epidemiology

G.P.A.: 3.8 (115 credits)

The University of Wisconsin-Stout, Menomonie, WI, 1978-1980.

Degree: M.S. Food Science and Human Nutrition

G.P.A.: 3.9 (45 credits)

The College of St. Catherine, St. Paul, MN, 1974-1978.

Degrees: B.A. Nutrition Science (special major)

B.A. Elementary Education (certified MN 1-6)

G.P.A.: 3.8 (138 credits)

WORK

EXPERIENCE:

Associate Professor, Department of Family and Consumer Sciences,
Ball State University, Muncie, IN, August 1996 to present.

Epidemiologist (E-6), Indiana State Department of Health, Indianapolis,
November 7, 1994 to August 1996 (Full time); work part time through
grant to BSU from August 1996 to June 2005.

Coordinator of Nutrition Services, Marion County Health Department,
Indianapolis, IN, June 11, 1990 to May 20, 1994.

Research/Teaching Assistant, Department of Food Science and Human
Nutrition, Michigan State University, East Lansing, MI, 1986-1990.

Instructor, Division of Home Economics, Northeast Missouri State
University, Kirksville, MO, 1980-1986.

PROFESSIONAL PUBLICATIONS:

Friesen, CA (December 2010). Operation Wellness: A University/Community Collaboration to Enhance
Adult Wellness. *Family & Consumer Sciences Research Journal*, 39(2), 152-160.

Friesen, CA, Spangler, AA & Altman, LA. (January 2009). Merging food availability and client food
preferences to create chef-inspired meals at a Midwest soup kitchen. *Journal of Family and
Consumer Science*, 101(1), 18-24.

- Friesen, CA, Spangler, AA & McFadden, JR. (2008). Nutrition, food, and wellness: Current benchmarks, trends, and challenges in an ever changing environment. *Journal of Family and Consumer Sciences Education*. 26(National Teacher Standards 2), 14-32. Available at <http://www.natefacs.org/JFCSE/v26Standards2/v26Standards2Std4Friesen.pdf>
- Friesen, CA. (2005) Operation Wellness: A university-community collaboration to improve health in Wells County, Indiana (Faculty Spotlight), *BSU Alumnus*, 63 (1), 12-14. Accessible at <http://www.bsu.edu/alumni/july05/facultyspot/>.
- Friesen, CA, Whitaker, SH, and Piotrowicz, K. (2004). Service learning in an FCS core curriculum: A community-campus collaboration. *Journal of Family and Consumer Sciences*. 96(3), 12-15.
- Vann, J, Ahmadi, R, and Friesen, CA. (2004). Energy conservation tips for individuals and families. *The Forum for Family and Consumer Issues*. 9(2):ISSN 1540 5273, http://www.ces.ncsu.edu/depts/fcs/pub/9_2/encon.html.
- Chezem, JC, Friesen, CA, and Parker, CG. (2004). Effect of professional postpartum support on infant feeding patterns among breastfeeding participants in the WIC Program, *Family and Consumer Sciences Research Journal*, 32(4), 349-360.
- Chezem, JC, Boettcher, J and Friesen, CA. (2003). Breastfeeding knowledge, breastfeeding confidence, and infant feeding plans: Effects on actual feeding practices. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 32(1), 713-720.
- Friesen, CA, Altman, L, and Kain, D. (2002). Nutrition knowledge, attitudes, and practices of certified Executive chefs. *Journal of Family and Consumer Sciences*, 94(4), 17-24.
- Friesen, CA, Chezem, JC, and Beals, K. (2001). Using the electronic superhighway to 'drive' your foods and nutrition curriculum: Recommended websites for foods and nutrition educators. *Journal of Family and Consumer Science Education*, 19(2), 19-25.
- Chezem, JC, Friesen, CA and Clark, H. (2001). Sources of infant feeding information used by pregnant women. *Journal of Perinatal Education*, 10(3), 20-26.
- Chezem, JC and Friesen, CA. (1999). Attendance at breast-feeding support meetings: Relationship to demographic characteristics and duration of lactation in women planning postpartum employment, *Journal of the American Dietetic Association*, 99(1), 83-85.
- Chezem, JC, Friesen, CA, Montgomery, P, Fortman, T, and Clark, H. (1998). Lactation duration: Influences of human milk replacements and formula samples on women planning postpartum employment, *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 27(6), 646-651.
- Friesen, CA and Hoerr, SL. (1990). Nutrition education strategies for worksite wellness: Evaluation of a graduate course targeted to worksite wellness majors, *Journal of the American Dietetic Association*, 90(6), 854-6.

BOOKS:

- Friesen, CA and Reilly, R. (2011). Testbank for Nutrition: An Applied Approach, Third Edition. Pearson Publishing Company, San Francisco, CA.

Friesen, CA, Ferguson, DE and Wray, PS. (1994). 5 A Day-For Better Health: K-2; 3-4; 5-6 Grade Nutrition Education Curriculum, Burford Printing Company, Columbus, IN.

Friesen, CA and Wilson, AK. (1980). Programmed Chemistry Principles as they Relate to Foods, 230p. University of Wisconsin-Stout Publications Office, Menomonie, WI, copy-righted text.

SELECT REFEREED POSTER SESSIONS:

Friesen, C.A. & Ferguson, D.E. (2010). "Implementation of the Supermarket Smarts Pilot Program." Indiana Association of Family and Consumer Sciences fall meeting, Indianapolis, IN, September 30, 2010.

Trumbo, K.C., Friesen, C.A., & Pucciarelli, D. (2010). "The Effect of Sports-Focused Nutrition Education among Men and Women Collegiate Athletes." Indiana Association of Family and Consumer Sciences fall meeting, Indianapolis, IN, September 30, 2010.

Harmeson, A.M., Kandiah, J., Jones, J., Leahy, A., & Friesen, C.A. (2010). "An Evaluation of the Validity and Reliability of the Healthy Athletes® Health Promotion Questionnaire Used to Assess the Dietary Intake of Delaware County Special Olympics Athletes." Indiana Dietetics Association, April 2010.

Trumbo, K.C., Friesen, C.A., & Pucciarelli, D. (2010). "The Effect of Nutrition Education Intervention on Men and Women Collegiate Athletes." Indiana Dietetics Association, Indianapolis, IN, September 30, 2010.

Weiss, T., Friesen, C.A., Thompson, N., Altman, L. & Spangler, A. "The Relationship between Nutrition Knowledge and Dietary Behavior among Adolescents." Indiana Association of Family and Consumer Sciences fall meeting, Indianapolis, IN, September 26, 2008.

Friesen, C.A., Thompson, N.E., Spangler, A.A. & Whitaker, S. "Impact of a University Family and Consumer Sciences Curriculum on Students' Confidence and Competence in their Ability to Use Technology." American Association of Family and Consumer Sciences annual meeting, Milwaukee, WI, June 18, 2008.

Friesen, C.A. and Hormuth, L. "Body Mass Index, Food Choices and Nutrition Knowledge and Attitudes of Fourth Grade Students in Wells County, IN: 2003-04 through 2006-07", Association of State and Territorial Public Health Nutrition Directors (ASTPHND) Annual Meeting, Madison, WI, June 7, 2008.

Friesen, C.A., Hornstrom, G.R. & Perkins, A.J. "Validation Study of the BioMeasure Adult Fitness Measuring System." Indiana Public Health Association annual meeting, W. Lafayette, IN, May 12, 2008.

Hornstrom, G., Friesen, C.A., Pike, K., & Ellery, J. "Nutrition Knowledge, Practices, Attitudes, and Information Sources of Mid-American Conference College Softball Players," SCAN (Sports, Cardiovascular and Wellness Nutrition Association, Boston, MA, April 9, 2008.

Friesen, C.A. & Hornstrom, G.R. "Impact of Participation in a Pilot Coordinated School Health Program on the Physical Activity Patterns and Nutrition Habits of Students in Wells County, IN."

Association of State and Territorial Public Health Nutrition Directors (ASTPHND) Annual Meeting, Portland, ME, June 10-12, 2007.

Friesen, C.A. & Hornstrom, G.R. "Physical Activity Patterns and Nutrition Habits of Fourth and Sixth Grade Students in Wells County, Indiana: A Comparison over Time." American Association of Family and Consumer Sciences, Knoxville, TN, June 20-23, 2007.

Friesen, C.A., Altman, L.A., & Spangler, A.A. "Food Preferences of Adults who Obtain Meals at Harvest Soup Kitchen in Muncie, Indiana." American Association of Family and Consumer Sciences, Knoxville, TN, June 20-23, 2007.

Friesen, CA. "Operation Wellness: A University/Community Collaboration to Improve Health in Wells County, Indiana", INshape Indiana Governor's 2006 Health Conference, Indianapolis, IN, November 28, 2006.

Altman, L., Friesen, C, & Spangler, A. "Menu Descriptors are Perceived by Consumers as Associated with "Appealing" and "Healthy" Entrées: Choose Your Words Carefully", Indiana Association of Family and Consumer Sciences, Marten House, Indianapolis, IN, November 15, 2006.

Friesen, CA. "Operation Wellness: A University-Community Collaboration to Improve the Health of Individuals in Wells County, Indiana". Association of State and Territorial Public Health Nutrition Directors (ASTPHND), Seattle, WA, June 11-13, 2006.

Friesen, C, Delagrange, S, & Hornstrom, G. "Nutrition and Physical Activity Habits of School-Aged Children in a Rural Indiana Community", Indiana Public Health Association, West Lafayette, IN. May 11, 2006.

Friesen, CA, Spangler, A, Shah, K. and Altman, L. "Identification of "Appealing" and "Healthy" Menu Entrée Descriptors and Determination of Factors Influencing Customer's Food Selection and Frequency of Eating Out", Indiana Dietetics Association, Indianapolis, IN, April 6, 2006.

Hornstrom, G and Friesen, CA. "Evaluation of the Nutrition Habits and Physical Activity Patterns of Fourth and Sixth Grade Students in Wells County, Indiana: A Comparison over Time", Indiana Dietetics Association spring meeting, Indianapolis, IN. April 6, 2006.

Friesen, CA. "Operation Wellness: A Community Program to Improve Health", American Association of Family and Consumer Sciences, Minneapolis, MN, June 14, 2005.

Friesen, CA, Knox, F, and Purcell, J. "Operation Wellness: An Overview", Indiana Dietetic Association, Indianapolis, IN, March 25, 2004.

Friesen, CA, Knox, F, and Purcell, J. "Operation Wellness: A Community-Based Wellness Program in Wells County, IN", Priester Health Education Conference, St. Louis, MO, April 15, 2004.

Friesen, CA and Knox, FA. "Operation Wellness: An Overview", Indiana Association of Family and Consumer Sciences, Muncie, IN, November 3, 2004.

Knox, FA and Friesen, CA. "TPAN: A Look into Teachers' Attitudes Toward Physical Activity and Nutrition: Are Schools Prepared to Fight the Obesity Epidemic?" Indiana Association of Family and Consumer Sciences, November 3, 2004.

Altman, L and Friesen, CA. "If the Chefs Prepare It, Will the Consumer Eat It?", Indiana Association of Family and Consumer Sciences. November 6, 2003.

- Chezem, JC and Friesen, CA. "Breastfeeding Attitudes of Women Planning Exclusive and Partial Breastfeeding", American Dietetic Association Annual Meeting, Philadelphia, PA, October 22, 2002.
- DeGraaf, RL, Chezem, JC, and Friesen, CA. "Breastfeeding Confidence of Mothers who Choose to Exclusively Breastfeed and Combination Feed their Infants", American Dietetic Association Annual Meeting, Philadelphia, PA, October 22, 2002.
- Friesen, CA and Chezem, JC. "Variety in the Diet of College Students: Will Completion of a Personal Nutrition Course Have an Impact on the Type of Foods Consumed?" Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 3, 2002.
- Friesen, CA and Chezem, JC. "Impact of a Personal Nutrition Course on Self-Reported Variety in a College Student's Diet", American Dietetic Association Annual Meeting, St. Louis, MO, October 22, 2001.
- Friesen, CA. "Relationship Between Maternal Birth Weight and Infant Birth Weight: A Stratified, Matched Study Using Birth Certificates", American Dietetic Association Annual Meeting, Denver, CO, October 19, 2000.
- Chezem, JC, Friesen, CA, Beals, K, and Stemnock, L. "Status of Fruit and Vegetable Intake Practices in Indiana: Results of the 1998 Indiana Behavior Risk Factor Surveillance System (BRFSS)", Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 19, 2000.
- Beals, K, Friesen, CA, Chezem, JC, and Stemnock, L. "Status of Obesity and Weight Loss Practices in Indiana: Results of the 1998 Indiana Behavior Risk Factor Surveillance System (BRFSS)", Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 19, 2000.
- Friesen, CA, and Eigenbrod, JA. "Evaluating the Quality of Nutrition Education in Indiana's Elementary Schools: Does Taking a College Course in Nutrition Make A Difference?", Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 12, 2000.
- Friesen, CA. "Use of BRFSS Data to Determine Effectiveness of Outreach Strategies in the Indiana Breast and Cervical Cancer Early Detection Program", American Public Health Association Annual Meeting, Washington, DC, November 17, 1998.
- Friesen, CA and Moorman, JE. "Fruit and Vegetable Consumption Among Adults in Indiana: How Do We Compare with the Nation?", Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 3, 1997.
- Friesen, CA. "Evaluation of A K-6 Grade Nutrition Education Curriculum Entitled '5 a Day - For Better Health'", Indiana Public Health Association Annual Meeting, Indianapolis, IN, March 1994.

SELECT REFEREED ORAL PRESENTATIONS:

- Friesen, C.A. "Anthropometric Indices, Dietary Intake Patterns, and Health Behaviors of Indiana and Non-Indiana Special Olympics Athletes." Indiana Public Health Association, Indianapolis, IN, April 6, 2010.

- Friesen, C.A. "Operation Wellness: Results and Lessons Learned." Indiana Public Health Association, W. Lafayette, IN, May 12, 2008.
- Friesen, C.A. "Operation Wellness: Operation Wellness: A University-Community Collaboration to Increase Physical Activity and Improve Eating Behaviors in a Rural Indiana County." Indiana Dietetics Association annual meeting, Indianapolis, IN, April 16, 2008.
- Friesen, C.A. "Special Olympics Healthy Athletes® Health Promotion." Indiana Special Olympics Winter Professional Update, Indianapolis, IN, February 7, 2008.
- Altman, L.A., and Friesen, C.A. "Choose Your Words Carefully." ACF (American Culinary Federation), Nashville, TN. April 29, 2007.
- Friesen, C.A. "Operation Wellness: Development, Implementation, and Evaluation." Indiana Cancer Coalition, Indianapolis, IN, April 25, 2007.
- Lopaki, S, Friesen, CA, and Willaert, AM. "C-C Partnerships: The View from the Funder's Balcony", Community-Campus Partnerships for Health's 10th anniversary conference Mobilizing Partnerships for Social Change, April 13, 2007, Toronto, ON Canada!.(90 minute; joint presentation with Robert Wood Johnson, Ball State University, and Mankato State University).
- Friesen, C.A., "What's New in Nutrition? What you Need to Know!" Midwest GMA/FPA, Indianapolis, IN, March 13, 2007.
- Friesen, C.A. "Operation Wellness." Robert Wood Johnson Local Initiative Funding Partners Annual Meeting, Scottsdale, AZ, October 12, 2006.
- Friesen, C.A. "Operation Wellness: Development, Implementation and Mid-Term Evaluation." Indiana FACS Teachers' Statewide Conference, Indianapolis, IN, April 18, 2006.
- Altman, L, Foster, D, and Friesen, C. "Fundraising Activities for Student Organizations", Great Lakes Hospitality and Tourism Educators Conference, E. Lansing, MI, December 3, 2005.
- Friesen, CA. "Operation Wellness: Development, Implementation and Mid-Term Evaluation", Indiana Public Health Association annual meeting, Bloomington, IN, May 19 2005.
- Friesen, CA and Knox, FA. "Elementary Teachers' Perceptions, Practices, and Curriculum Needs Related to Nutrition Education and Physical Activity in Wells County, IN", 2005 Priester National Extension Health Education Conference, Lexington, KY, April 13, 2005.
- Friesen, CA and Whitaker, S. "Integrating the FCS Body of Knowledge into a Freshman Introductory Course", American Association of Family and Consumer Sciences Annual Meeting, San Diego, CA, June 29, 2004.
- Whitaker, SH, Friesen, CA, and Piotrowicz. "Inclusion of a Service Learning Component into a University FCS Core Curriculum," Indiana Association of Family and Consumer Sciences. November 6, 2003.
- Friesen, CA and Gardner, JG. "Use of GIS to Target Outreach Activities and to Evaluate Screening Success in the Indiana Breast and Cervical Cancer Early Detection Program", CDC's 15th National Conference on Chronic Disease Prevention and Control, Washington, DC, November 30, 2000.

Gardner, JG and Friesen, CA. "Application of GIS in the Indiana Breast and Cervical Cancer Early Detection Program", NBCCEDP Data Manager's Conference, Denver, CO, May 25, 2000.

Friesen, CA, Ferguson, DE, and Wray, PS. "Evaluation of a K-6 Grade Nutrition Education Curriculum with 'Kid-Appeal': 5 a Day - For Better Health". American Public Health Association Annual Meeting, Washington, DC, October 1994.

Friesen, CA, Ferguson, DE, and Wray, PS. "Five a Day - For Better Health: A Curriculum with Kid-Appeal". Society for Nutrition Education Annual Meeting, Portland, OR, July 1994.

SELECT INVITED ORAL PRESENTATIONS:

Friesen, CA. "Nutrition Guidelines for Wellness and Obesity Prevention: New Challenges, New Solutions." Indiana Association of Family and Consumer Sciences Annual meeting, Indianapolis, IN, September 24, 2010.

Friesen, CA. "Operation Wellness", Robert Wood Johnson Local Initiative Funding Partners Annual Meeting, Scottsdale, AZ, October 12, 2006.

Friesen, CA. "Operation Wellness: Development, Implementation and Mid-Term Evaluation", Indiana FACS Teachers' Statewide Conference, Indianapolis, IN, April 18, 2006.

Friesen, CA. "Operation Wellness: Overview", BSU Panel Presentation (One of four presentations) Delegation from the Netherlands, Middletown Project, Muncie, IN, November 11, 2004.

Friesen, CA. "Helping Lead a Horse to Water...And Hoping they Drink!" Presentation to Dr. David Haber, Fisher Institute for Wellness and Gerontology's Changing Health Behaviors graduate class at Ball State University, November 8, 2004.

Friesen, CA. "Childhood Obesity: What Can I Do?", Indiana Association of Health, Physical Education, Recreation and Dance (IAHPERD), Indianapolis, IN, November 5, 2004.

Friesen, CA. "Community Action for Active and Healthy Kids. Taking Action for Children's Health Conference." Sponsored by Action for Healthy Kids/Clarian Health/Dairy and Nutrition Council/Indiana Department of Education, Indianapolis, IN, November 4, 2004.

Knox, F. and Friesen, C. "Operation Wellness: The Process of Building a Community-Based Wellness Program." Indiana Association of Family Consumer Science Conference, July 26, 2004, Muncie, IN.

Friesen, CA. "Improving Your Presentation Skills: Practical Ideas for the Real World", Indiana Public Health Association (IPHA), Lafayette, IN. May 10, 2004.

Friesen, CA. "Obesity in America: Overview of Statistics, Resources, and Programs with an Emphasis on Operation Wellness." Eastern Indiana District Dietetic Association, Muncie, IN, October 14, 2003.

Friesen, CA. "Operation Wellness: How Can a FCS Professional Impact the Epidemic of Obesity?" Keynote Address: Shaping Lives of Families and Professionals, Multi-State AFCS Conference, Indianapolis, IN, July 29, 2003.

Friesen, CA. "Operation Wellness: Connecting the FACS Curriculum to Community Initiatives that Increase Wellness and Enhance Health of Individuals and Families". Indiana Family and Consumer Sciences Teachers Professional Development Conference, Indianapolis, IN, April 28, 2003.

Friesen, CA. "Stress and Nutrition: Fight Back with Phytochemicals", Indiana State Family and Consumer Science Educator's Conference, Indianapolis, IN, May 2, 2002.

Friesen, CA. "Nutrition and Chronic Disease: Making the Pieces Fit", Indiana Family and Consumer Sciences Teachers Professional Development Conference, Adams Mark, Indianapolis, IN, May 1, 2001.

Friesen, CA. "Incorporating Technology into the High School Classroom: Nutrition and Health Areas", Two-hour presentation to high school Health/Family Consumer Science teachers and coaches. Switzerland County High School, Vevay, IN, January 22, 1999.

Friesen, CA. "Use of Technology (e.g., software and Internet) to Teach Nutrition at the Elementary Education Level", Legacy 21 Professional Development Series (broadcast live via local TV, IHETS, and tape-delayed), Ball State University, Ball Communications Building, Room 129, October 16, 1997.

Friesen, CA. "The '5 A Day - For Better Health' Program". Indiana Dietetic Association Annual Spring Meeting, Indianapolis, IN, April, 1994.

CHAIR, GRADUATE STUDENT THESIS:

- (1) Roberta (Bobbi) Kumley
Assigned: January 2010
Proposal: May 2010
Defended: November 2010
- (2) Alisha Harmeson
Assigned: January 2009
Proposal: March 2009
Defended: November 2010
- (3) Josette Dudoit
Assigned: September 2008
Proposal: January 2009
Defended: April 2009
- (4) Theresa Weiss
Assigned: January 2008
Proposal: February 2008
Defended: August 2008
- (5) Laura Hormuth
Assigned: April 2006
Proposal: Scheduled February 2007
Defense: November 2007

- (6) Tonya Chapman
Assigned: January 2006
Proposal: February 2006
Defense: November 2007
- (7) Grete Hornstrom
Assigned: January, 2005
Proposal: March, 2005
Defense: April 2007
- (8) Susan Delagrang
Assigned: September 2002
Proposal: October 2002
Defended: April 2006
- (9) James Allain
Assigned: October 2004
Proposal: November 2004
Defended: November 2005
- (10) Fran Knox
Assigned: December 27, 2004
Proposal: January 12, 2005
Defended: April 2005
- (11) Darci Cook
Assigned: Spring 2000
Proposal: Summer 2000
Defended: April 2005
- (12) Jennifer Purcell
Assigned: January 23, 2004
Proposal: March 12, 2004
Defended: June 15, 2004
- (13) Kristine Slavin-Smith
Assigned: May 31, 2002
Proposal: September 25, 2002
Defended: June 18, 2004
- (14) Komal Shah
Assigned: March 20, 2003
Proposal: June 13, 2003
Defended: November 21, 2003
- (15) Jody Miller
Assigned: June 5, 2003
Proposal: June 2003
Defended: November 24, 2003
- (16) Emily Bone

Assigned: November 2001
Proposal: January 2002
Defended: December 2002

COMMITTEE MEMBER, GRADUATE STUDENT THESIS:

- (1) Ashley Magistrelli
Assigned: August 2009
Proposal: September 2009
Defended: May 2010
- (2) Andrew Wheat
Assigned: May 2009
Proposal: August 2009
Defended: May 2010
- (3) Michaela Krukenberg
Assigned: May 2008
Proposal: August 2008
Defended: April 2009
- (4) Anthea Janele Bayless
Assigned: August 30, 2004
Proposal: September 3, 2004.
Defended: June 2006
- (5) Emily Suiter
Assigned: November 28, 2001
Proposal: January 2002
Defended: November 2002

CHAIR, UNDERGRADUATE HONORS THESIS:

- (1) Katrina Boisvert
Assigned: January 2005
Defended: May 2005
- (2) Jennifer Lounsberry
Assigned: August 2004
Defended: December 2004

GRANTS FUNDED:

Title: The "BackPack for Kids" Program: Enhancing the Nutrition of Low-Income Children in Delaware County, One Bite at a Time
Agency: BSU Honors College
Amount: \$300
Status: Funded
Date: August 2010-May 2011
Co-PI's: Dr. Carol A. Friesen and Stacey C. Driver, Honors Student in Dietetics
Submitted: March 23, 2010

Title: Athens or Bust!
Agency: Indiana Special Olympics International
Amount: \$1500
Status: Funded
Date: August 2009-May 2010
Co-PI's: Dr. Carol A. Friesen, Andrea Singer and Lauren Steinmetz
Submitted: June 2009

Title: The Sounds of Health: Using Emerging Media for Health Education and Practice
Agency: BSU Provost's Immersive Learning Initiative
Amount: \$18,641
Date: July 2009-May 2010
Co-PI's: Drs. Carol A. Friesen and Jane Ellery, Stan Sollars, and Patty Hollingsworth
Submitted: March 2009

Title: BioMeasure Adult Measuring Instrument Validation Study
Agency: Glenview Health Systems
Amount: \$3,025
Date: July 2008-May 2009
Co-PI's: Drs. Carol A. Friesen and Jo Carol Chezem
Submitted: February 2008

Title: Implementation of a Nutrition Assessment Lab
Agency: BSU Provost's Epi Immersion Grant
Amount: \$5,500
Date: July 1, 2006-June 30, 2007
Co-PI's: Dr. Carol Friesen and Kimberli Pike
Funded: May 18, 2006

Title: Building Intellectual Capital in the Sciences, Lilly V Proposal:
Development of a Nutrition Assessment Lab
Agency: BSU Lilly V Grant
Amount: \$60,042
Status: Funded
Date: July 1, 2006-June 30, 2007
Co-PI's: Drs. Carol Friesen, Jo Carol Chezem and Jayanthi Kandiah
Submitted: May 2006

Title: Student Learning Outcomes in Family and Consumer Sciences: Comparison of Pre-Test (FCS 103) and Post (FCS 403) Test Assessment Tools Related to Core Competencies, Technology, and Professional Development.
Agency: BSU Summer Assessment Grant
Amount: \$1,0000
Status: Funded
Date: Summer 2006
PI: Dr. Carol Friesen
Submitted: April 1, 2006

Title: FCS Graduate Student Evaluation Survey.
Agency: BSU Summer Assessment Grant
Amount: \$3,0000

Status: Funded
Date: Summer 2005
Principal: Drs. Carol Friesen, Sue Whitaker, and Scott Hall
Submitted: April 8, 2005

Title: Diabetes Prevention and Control Grant (Sub-Contract to BSU)
Agency: Indiana State Department of Health.
Amount: \$29,692
Status: Funded at 100%
Dates: March 30, 2004-March 31, 2005
Principal: Carol Friesen
Submitted: March 26, 2004

Title: Center for Workplace Wellness
Agency: BSU Provost Initiative
Amount: \$50,000
Status: Funded at 100%
Dates: July 1, 2004-June 30, 2005
Principal: Jane Ellery, Fishers Institute of Wellness
Co-PI: Carol Friesen, FCS, Nancy Dillard, Nursing, Sam Cotton, IT
Submitted: January 15, 2004

Title: Assessment of FCS Program Effectiveness
Agency: BSU Summer Assessment Grant
Amount: \$2,400
Status: Funded
Date: Summer 2005
Principal: Drs. Joan McFadden and Carol Friesen.
Submitted: April 2, 2004

Title: Diabetes Prevention and Control Grant (Sub-Contract to BSU)
Agency: Indiana State Department of Health.
Amount: \$29,692
Status: Funded at 100%
Dates: March 30, 2004-March 31, 2005
Principal: Carol Friesen
Submitted: March 26, 2004

Title: Epidemiologic Consultation IN-BCCP.
Agency: Indiana State Department of Health.
Amount: \$25,298
Status: Funded at 100%
Dates: July 1, 2004-June 30, 2005
Principal: Carol Friesen
Submitted: March 3, 2004

Title: Center for Workplace Wellness
Agency: BSU Provost Initiative
Amount: \$50,000
Status: Funded at 100%
Dates: July 1, 2004-June 30, 2005
Principal: Jane Ellery, Fishers Institute of Wellness

Co-PI: Carol Friesen, FCS, Nancy Dillard, Nursing, Sam Cotton, IT
Submitted: January 15, 2004

Title: Inclusion of a Service Learning Component into the FCS Major: Discovering the Heart and Soul of the Profession.

Agency: Indiana Campus Compact 2003-2004 Scholarship of Engagement

Amount: \$3,000

Status: Funded at 100%

Dates: May 2003-May 2004

Principal: Drs. Sue Whitaker and Carol Friesen

Submitted: April 8, 2003.

Title: Evaluation of Computer Competency of FCS Faculty and Students.

Agency: BSU Summer Assessment Grant

Amount: \$1,200

Status: Funded

Date: Summer 2003

Principal: Dr. Carol Friesen

Submitted: April 1, 2003

Title: Analysis of Cholesterol Levels of Wells County Fourth Grade Students, 2001-03.

Agency: Caylor-Nickel Foundation

Amount: \$8,505

Status: Funded at 100%

Dates: August 2003-May 2004

Principal: Carol Friesen

Submitted: March 18, 2003

Title: Epidemiologic Consultation IN-BCCP.

Agency: Indiana State Department of Health.

Amount: \$30,598

Status: Funded at 100%

Dates: July 1, 2003-June 30, 2004

Principal: Carol Friesen

Submitted: February 28, 2003

Title: Bridging the Gap between FCS 103 and FCS 403.

Agency: Lilly II Department Retention Grant

Amount: \$20,000

Status: Funded at \$17,300

Dates: May 2003 – May 2004

Principal: Drs. Sue Whitaker and Carol Friesen

Submitted: February 21, 2003

Title: Operation Wellness

Agency: Robert Wood Johnson Foundation
Local Initiative Funding Partners (LIFP)

Amount: \$1,000,000

Status : Funded at \$900,000

Dates: July 1, 2003-June 30, 2007

Principal: Carol Friesen

Submitted: November 27, 2002

Title: Assessment of the Physical Activity Patterns and Nutrition Knowledge and Beliefs among Teachers in Grades K-12 and Students in 4th, 6th, and 8th Grade in Wells County
Agency: Caylor-Nickel Foundation
Amount: \$15,000
Status: Funded at 100% to Ball State University
Dates: August 2002-May 2003
Principal: Carol Friesen
Submitted: July 2002

Title: Helping Students Build a Commitment to the Major and Profession through Understanding the Heart and Soul of Family and Consumer Sciences.
Agency: Lilly II Grant through BSU
Amount: \$20,000
Status: Funded, \$2,500
Dates: May 2002-May 2003
Principal: Drs. Carol Friesen and Sue Whitaker
Submitted: March 2002

Title: Epidemiologic Consultation to the Indiana Breast and Cervical Cancer Early Detection Program (IN-BCCP).
Agency: Indiana State Department of Health.
Amount: \$53,700-\$75,000
Status: Funded at 100% to Ball State University
Dates: September 1996 to 2003
Principal: Friesen, CA

Title: Evaluating the Quantity of Nutrition Education Included in Indiana's Elementary Schools
Agency: OARSP, Ball State University
Amount: Summer Graduate Student (\$947) plus a \$292 SEET award.
Status: Funded at 100%
Dates: July 1, 1999-July 24, 1999
Principal: Friesen, CA

Title: Development, Implementation, and Evaluation of a Nutrition Education Curriculum for Children in Grades K-6
Agency: MCH Block Grant from the ISDH
Amount: \$10,000
Status: Funded at 100%
Dates: July 1991
Principal: Friesen, CA, Marion County Health Department

PROFESSIONAL MEMBERSHIPS:

American Dietetic Association, 1980-present.
Indiana Dietetic Association, 1990-present.
Central Indiana Dietetic Association, 1990-present.
Society for Nutrition Education, 1980-present.
American Public Health Association, 1988-present.
Indiana Public Health Association, 1990-present.
Indiana Nutrition Council, 1991-present.

American Association of Family and Consumer Sciences, 1998+.
Indiana AAFCS, 1998-present.

PROFESSIONAL HONORS:

- Mary and Hulman
- Finalist, Ball State University Outstanding Teacher of the Year, 2004 and 2001.
- Outstanding Teacher of the Year, Department of FCS, Ball State University, 2003-04 and 2000-2001.
- Outstanding Teacher of the Year, Department of FCS, Ball State University, 2000-2001.
- Outstanding Future Leader, American Home Economics Association, 1990.
- Michigan Outstanding Young Professional, Michigan Home Economics Association, 1990.
- Outstanding Graduate Student, College of Human Ecology, Michigan State University, 1989-90.