

VALERIE AMEND, MS, RD, CD

INSTRUCTOR

Department of Family and Consumer Sciences

AREAS OF TEACHING

Human Nutrition

CREDENTIALS

Registered Dietitian

Certified Dietitian

ACADEMIC DEGREES

Masters of Science in Dietetics, 2009

Bachelor of Science in Dietetics, 2007

Ball State University

PROFESSIONAL

EXPERIENCE

- *Clinical and Outpatient Dietitian*, St. Joseph's Hospital, St. Vincent Health Network, 2010 to present
- *Instructor*, Ball State University, Family and Consumer Sciences Department, Aug 2009 to present

CURRENT PROFESSIONAL AND ACADEMIC ASSOCIATION MEMBERSHIPS

- Indiana Dietetic Association
- Indiana Dietetic Association Board of Directors
- Central Indiana Dietetic Association
- American Dietetic Association

PUBLICATIONS

- Kandiah, J., Resler, J. **Amend, V.** Effects of an Innovative Educational Contest to Lower Serum Phosphorous Levels and Calcium-Phosphorous Products in Hemodialysis Patients. *Topics in Clinical Nutrition* Vol. 25, No. 4, pp. 345–350.
- Kandiah, J. & **Amend, V.** An exploratory study on perceived relationship of alcohol, caffeine, and physical activity on hot flashes in menopausal women. *Health* Vol. 2, No. 10, pp. 1135-1237.
- Kandiah, J., Seals, B.L, and **Amend, V.** Relationship between restraint eating behavior and dietary calcium intake among adolescents. American Dietetic Association, Denver, Colorado – National (October 2009).
- Kandiah, J., Parkinson, N., and **Amend, V.** Factors influencing competence of food service directors in managing the national school lunch programs. American Dietetic Association, Denver, Colorado – National (October 2009).
- J. Kandiah, J. Resler, **V. Amend.** Effect of an innovative educational contest on serum phosphorous levels and calcium-phosphorous products among

- hemodialysis patients. *Journal of the American Dietetic Association*, September 2008 (Vol. 108, Issue 9, Page A36).
- J. Kandiah, C. Burian, **V. Amend**. Teaching New Mothers about Infant Feeding Cues Increases Breastfeeding Duration. *Journal of the American Dietetic Association*. September 2008 (Vol. 108, Issue 9, Page A113)
 - J. Kandiah, **V. Amend**, P. Bhagowalia. Technology and MyPyramid.gov: What do college students know? *Indiana Association of Family and Consumer Sciences*, Poster presentation, Fall Meeting, 2008.
 - J. Kandiah, **V. Amend**. Caffeine and Tannins. Chapter in *Nutrition and Exercise Concerns of Middle Age* edited by [Judy A. Driskell](#) (Author)

REFERENCES

Supervisor, Ball State University
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