Mission Statement and Goals

The mission of the nationally-accredited Athletic Training Education Program at Ball State University is to prepare qualified entry-level athletic trainers for the profession.

The Goals of the Athletic Training Education Program are:

- 1. To provide quality evidence based athletic training didactic education.
- To provide quality athletic training clinical education in a variety of settings (e.g., college/university, high school, clinic).
- 3. To provide students with ample opportunities for clinical skill instruction and evaluation.
- 4. To guide students in the development of their core professional attitudes/ behaviors.
- To prepare quality entry-level athletic training professionals for employment in a variety of settings (e.g., college/ university, high school, clinic).
- 6. To assist students in gaining employment or admittance into graduate school.
- 7. To prepare students to sit for the Board of Certification (BOC) examination.

School Mission Statement

As a leader in professional preparation, scientific inquiry and applied technology, the School of Physical Education, Sport, and Exercise Science will provide high-quality educational experiences for our students, contribute to the scholarly advancement of our academic disciplines, and serve our professional societies and the community at-large.

Contact Information



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Visit our Athletic Training website at: www.bsu.edu/at



Ball State University practices equal opportunity in education and employment and is strongly and actively committed to diversity within its community.

Athletic Training Education Program







Undergraduate

Curriculum Requirements

Prerequisites (2 hours)

AT 196—Introduction to Athletic Training (2)

Required & Athletic Training Courses (60 hours)

- ANAT 201—Fundamentals of Mammalian Anatomy (3) or EXSCI 292—Anatomy (3)
- PHYSL 205—Fundamentals of Physiology (3)
- EXSCI 294—Anatomical Kinesiology (3)
- AQUA 260—Emergency Response (3)
- FCSFN 340—Principles of Human Nutrition (3)
- EXSCI 147—Weight Training (1)
- EXSCI 201—Introduction to Fitness Assessment (3)
- EXSCI 493—Physiology of Exercise (3)
- AT 340— Prevention and Care of Musculoskeletal Injuries (4)
- AT 370—Lower Extremity Orthopedic Evaluation in Athletic Training (3)
- AT 371—Upper Extremity Orthopedic Evaluation in Athletic Training (3)
- AT 372—Therapeutic Modalities in Athletic Training (3)
- AT 373—Therapeutic Exercise and Techniques in Athletic Training (3)
- AT 392—Practicum 1 in Athletic Training (3)
- AT 398—Applied Anatomy in Athletic Training
 (1)
- AT 492—Practicum 2 in Athletic Training (3)
- AT 495—Medical Aspects of Sport and Physical Activity (3)
- AT 477—Psychology of Injury Rehabilitation (3)
- AT 496—Clinical Experience in Athletic Training

 (1)
- AT 497—Current Concepts in Athletic Training
 (2)
- AT 498—Organization and Administration of Athletic Training (2)
- NUR 320—Pharmacotherapeutics (2)



Admission Requirements

The Athletic Training Education Program has selective admission requirements. The following are minimum requirements for admission into the Athletic Training Education Program:

- Completion of AT 196 (with a B- or better grade). This course must be completed or in progress at the time of application.
- Students must complete one academic year of Ball State residency (one semester for transfer students) with a minimum overall grade-point average of 2.75 at the time of application. Athletic training courses credit for transfer students may only be awarded for AT 196 and AT 340.
- Minimum of 25 hours of athletic training observation at the time of application, with a minimum of 50 hours at the time of interview.
- Formal letter of application.
- Completion of the Ball State Athletic Training Education Program Application; obtained from the School of Physical Education, Sport, and Exercise Science.
- Copy of all official transcripts.
- Two letters of recommendation (from references other than Ball State athletic training staff/faculty).
- Interview with Athletic Training Education Program Selection Committee.
- Completion of Technical Standards Waiver.

The Pre-Professional Program should begin in the fall or spring of the freshman year with formal application to the professional program due in the spring application cycle. Transfer students and those freshmen not admitted in the spring semester may apply during the fall application cycle. Decisions will be made by the Athletic Training Education Program Selection Committee before the end of the registration for the following semester.

Program Overview

The Athletic Trainer is one of the most important professionals on the sports medicine team. Duties consist of injury prevention, evaluation, treatment. rehabilitation procedures as directed by a physician. Various skills are required of the athletic trainer including taping, wrapping, padding, emergency care procedures, injury evaluation, and rehabilitation techniques. Other duties include conditioning, managing diets, and aiding in the purchase of and fitting of athletic equipment. Under the athletic trainer's supervision, the physically active person can return to competition or activity more safely and rapidly. **Employment** settings include sports medicine clinics, high schools (including teaching), colleges and universities, industrial settings, and professional sports.

The Athletic Training Education Program includes seven full-time certified athletic trainers, three are athletic training faculty. four are athletic training staff, and one is a physical therapist. Approximately 32 clinical instructors are associated with on and offcampus clinical experiences. Many off campus sports medicine professionals and facilities are also integrated into the clinical education program. The Athletic Training Research and Education Laboratory and several modern athletic training rooms provide important opportunities for hands-on education. The Ball State athletic training education is accredited by the Commission on Accreditation of Athletic Training Education (CAATE) and leads to Board of Certification Exam Eligibility.

