CURRICULUM VITAE

Dorice A. Hankemeier, PhD, ATC, LAT

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EDUCATION

PhD **Old Dominion University** Norfolk, VA 2008-2011
Human Movement Sciences
Cognate: Curriculum and Instruction
Research Area: Evidence-Based Practice in Clinical Athletic Training Education

MSEd **Old Dominion University** Norfolk, VA 2001-2003
Major: Physical Education
Cognate: Athletic Training

BA **Central College** Pella, IA 1997-2001
Major: Exercise Science
Concentration: Athletic Training

PROFESSIONAL TEACHING EXPERIENCE

Ball State University Muncie, IN 2011 – present
Assistant Professor, School of Physical Education, Sport, & Exercise Science

- Professor in the CAATE Athletic Training Education Program
  - AT 340: Prevention and Care of Musculoskeletal Injuries
  - AT 370: Lower Extremity Orthopedic Evaluation in Athletic Training
  - AT 371: Upper Extremity Orthopedic Evaluation in Athletic Training
  - AT 497: Current Concepts in Athletic Training

Old Dominion University Norfolk, VA 2010 – 2011
Lecturer, Human Movement Sciences Department

- Lecturer in the Post-Professional Athletic Training Education Program
  - HMS 655: Supervised Teaching Internship
  - HMS 657: Lower Extremity Injury Management Strategies
  - HMS 691: Gross Anatomy for Sports Medicine Clinicians
  - HMS 695: Analysis of Human Motion
- Mentor to Master level graduate research projects and theses
- Lab supervisor for Motional Analysis Laboratory

Old Dominion University Norfolk, VA 2008-2010
Instructor, Human Movement Sciences Department

- Teaching advisor and mentor to Master level graduate teaching assistants
- Responsible for recruitment and admission of Fall 2009 master students
- Instructor in the Health Education and Exercise Science Departments
  - HE 224: Advanced First Aid
  - EXSC 322: Anatomical Kinesiology & Human Anatomy Labs

    - EXSC 340: Prevention & Care of Athletic Injuries
- Teaching Assistant for Human Movement Sciences Department
    - ESPR 618: Current Research in Athletic Training
    - ESPR 657: Lower Extremity Injury Management
    - ESPR 756: Education in Athletic Training
    - ESPR 711/811: Analysis of Human Motion

Anderson University Anderson, IN 2006 – 2008
Assistant Professor, ATEP Clinical Education Coordinator

- Clinical Instructor Educator, conducted annual ACI workshop
- Determined clinical assignments and rotations for athletic training students
- Developed clinical sites to use for affiliate rotations within the ATEP
- Completed academic advising for athletic training students
- Professor in the Department of Kinesiology
    - ATRG 1460: Emergency Response
    - ATRG 1590: Advanced Athletic Training
    - ATRG 1530: Theory and Conditioning of Athletes
    - ATRG 3440: Therapeutic Rehabilitation
    - ATRG 4910: Senior Seminar

Anderson University Anderson, IN 2003 – 2006
Instructor

- Approved Clinical Instructor in the CAATE ATEP
- Assisted in writing CAATE re-accreditation self study report
- Implemented Athletic Training Student Association and served as faculty sponsor
- Instructor in Department of Kinesiology
    - ATRG 1460: Emergency Response
    - ATRG1500: Clinical Experiences in Athletic Training I
    - ATRG 1530: Theory and Conditioning of Athletes
    - ATRG 3400: Clinical Experiences in Athletic Training IV
    - ATRG 3500: Clinical Experiences in Athletic Training V
    - PEHS 1490: Beginning Athletic Training for Non-Majors

Old Dominion University Norfolk, VA 2002 – 2003
Teaching Assistant

- Teaching Assistant in Department of Exercise Science, Sport, Physical Education, Recreation
    - EXSC 340: Prevention and Care of Athletic Injuries
    - HPER 416: Human Anatomy and Kinesiology

PROFESSIONAL CLINICAL EXPERIENCE

Functional Human Performance, P.C. Norfolk, VA 2008-2010
Athletic Trainer

- Part-time athletic trainer for Norfolk Christian School
    - Provide athletic training coverage for middle school and high school athletics
    - Communicate with athletes, coaches, athletic directors, and parents

- Research assistant for military fitness research at Naval Station Norfolk

Anderson University Anderson, IN 2003 – 2008
Assistant Athletic Trainer
- Responsible for athletic training coverage of NCAA Division III volleyball, women's soccer, cross country, women's basketball and track and field programs
- Served as Approved Clinical Instructor (ACI) for athletic training students
- Filed medical insurance claims for student athletes
- Coordinated physician visits and diagnostic testing

Lake Taylor High School Norfolk, VA 2002 – 2003
Head Athletic Trainer
- Provided daily coverage for 19 varsity and junior varsity sports
- Daily management of athletic training room
- Communicated with athletic director, school administration, coaches, parents, physicians, and other certified athletic trainers as needed

Hampton University Hampton, VA 2001-2002
Graduate Assistant Athletic Trainer
- Responsible for daily treatment and care of NCAA Division I volleyball and softball athletes
- Performed injury evaluations and implemented rehabilitation programs during the regular season and off-season
- Aided head athletic trainer with administrative duties of insurance and inventory

Central College Pella, IA 1997 – 2001
Undergraduate Athletic Training Student
- Central College NCAA Division III women's soccer, men's soccer, women's basketball, football
- Athletic Training Student for Pella High School
- Completed internship with Pella Regional Health Cardiac Rehabilitation

CERTIFICATIONS

- National Athletic Trainers' Board of Certification (#040202084) Current
- Licensed by Commonwealth of Virginia Current
- Clinical Instructor Educator Current
- CAATE Site Visitor Current
- Graston Rehabilitation Tools (M1 & M2) Current
- American Red Cross Instructor Current
  - CPR/FPR
  - Emergency Response
  - Community First Aid
  - AED
- Licensed by State of Indiana 2003 – 2008
- CAATE Approved Clinical Instructor 2003 – 2008
  - Anderson University
- BOC Certified Examiner 2002 – 2007

PROFESSIONAL AFFILIATIONS

- National Athletic Trainers' Association, Member 1999 – present
- Great Lakes Athletic Trainers' Association, Member 2011 – present
- Indiana Athletic Trainers' Association, Member 2011 – present
- Mid Atlantic Athletic Trainers' Association, Member 2008 – 2011
- Virginia Athletic Trainers' Association, Member 2008 – 2011
- Tidewater Sports Medicine Association, Member 2008 – 2011
- Old Dominion University Human Movement Society, Member 2008 – 2011
- Great Lakes Athletic Trainers' Association, Member 2003 – 2008
- Indiana State Athletic Trainers' Association, Member 2003 – 2008
- Old Dominion University Graduate Athletic Training Organization, Member 2001 – 2003
- Mid America Athletic Trainers' Association, Member 1999 – 2001
- Iowa Athletic Trainers' Association, Member 1999 – 2001

GRANTS FUNDED

- **Hankemeier, D.A.** *Assessment of Current Practice in Athletic Training in Regards to Clinician-Based and Patient-Reported Outcome Assessments.* Ball State University ASPiRE Grant Program, October 2011. Role: Principle Investigator. $1462

- Van Lunen, B.L., **Hankemeier, D.A.,** Welch, C.E., Walter, J.M. *Evidence Based Education for Athletic Training.* National Athletic Trainers' Association Board of Directors, May 2010. Role: Co-Principle Project Director. $24,569

- **Hankemeier, D.A**, Van Lunen, B.L. *Approved Clinical Instructors Experience with Teaching Evidence Based Practice in Athletic Training Education Programs.* Mid Atlantic Athletic Trainers' Association, November, 2009. Role: Principle Investigator. $1265

GRANTS SUBMITTED (not funded)

- Canfield, A.A., Nelson, C.N., Van Lunen, B.L., **Hankemeier, D.A.** *The Immediate Effects of a Short Course of Joint Mobilizations in the Treatment of Anterior Knee Pain.* Mid Atlantic Athletic Trainers' Association, November 2009; NATA Research & Education Foundation, February 2008.

PUBLICATIONS

Peer Reviewed Publications

- Manspeaker, S.A., Van Lunen, B.L., Turocy, P., Pribesh, S., **Hankemeier, D.A.** (2011). Educator Perceptions of the Evidence-Based Teaching Model in Undergraduate Athletic Training Education. *Athletic Training Education Journal, 6(2), 76-87.*

- Manspeaker, S. A., Van Lunen, B. L., Turocy, P., Pribesh, S., **Hankemeier, D.A.** (2011). Student Knowledge, Attitudes, and Use of Evidence-Based Concepts Following an Educational Intervention. *Athletic Training Education Journal, 6(2), 88-98.*

- Welch, C.E., Van Lunen, B.L., Walker, S.E., Manspeaker, S.A., **Hankemeier, D.A.,** Brown, S., Laursen, R.M., Oñate, J.A. (2011). Evidence-Based Practice Knowledge, Comfort, and Importance Levels of Athletic Training Educators. *Athletic Training Education Journal, 6(1), 5-14.*

- **Hankemeier, D.A.,** Van Lunen, B. L. (2011). Approved Clinical Instructors' Perspectives on Evidence-Based Practice Implementation Strategies for Students. *Journal of Athletic Training,* 46(6), 655-664.

- **Hankemeier, D.A.,** Walter, J.M., Welch, C.E., Newton, E.J., Walker, S.E., Pribesh, S.L., Jamali, B.E., Manspeaker, S.A., Van Lunen, B.L. (In Press). Perceived Importance, Knowledge, and Confidence of Evidence-Based Practice Concepts in Athletic Training Educators, Clinicians, and Students. *Journal of Athletic Training*

- Welch, C.E., **Hankemeier, D.A.,** Walter, J.M., Newton, E.J., Van Lunen, B.L. (In Press). Attitudes, Beliefs, Barriers, and Accessibility to Evidence-Based Practice Resources Among Athletic Training Educators, Clinicians, and Students. *Journal of Athletic Training*.

- **Hankemeier, D.A.**, Van Lunen, B.L. (Under Review). Perceptions of Approved Clinical Instructors: Barriers in the Implementation of Evidence-Based Practice. *Journal of Athletic Training*

- **Hankemeier, D. A.** (2009) The Athletic Trainer's Guide to Psychosocial Intervention and Referral: A Book Review. *Athletic Training and Sports Health Care, 1*(5), 239-240.

Published Abstracts

- **Hankemeier, D.A.,** Van Lunen, B.L. *Perceptions for Approved Clinical Instructors: Strategies for Overcoming Barriers in the Implementation of Evidence-Based Practice*. 2011 NATA Annual Meeting and Clinical Symposium, Oral Presentation. New Orleans, LA. *Journal of Athletic Training*. 46(3):S37-38, 2011.

- Kowell, S.M., **Hankemeier, D.A.,** Van Lunen, B.L., Quada, E.J. *Subjective Visual Observations Are Related to PALpation Meter Measurements of the Pelvic Alignment*. 2011 NATA Annual Meeting and Clinical Symposium, Oral Presentation. New Orleans, LA. *Journal of Athletic Training*. 46(3):S137, 2011.

- Manspeaker, S.A., Van Lunen, B.L., **Hankemeier, D.A.** Program Evaluation of the Evidence-Based Teaching Model in Undergraduate Athletic Training Education: Student Outcomes. 2011 NATA Annual Meeting and Clinical Symposium, Oral Presentation. New Orleans, LA. *Journal of Athletic Training*. 46(3):S58-59, 2011.

- **Hankemeier, D.A.,** Van Lunen, B.L. *Approved Clinical Instructors' Perspectives on Evidence-Based Practice Implementation Strategies for Students.* 2011 NATA Athletic Training Educators' Conference, Poster Presentation. Washington, DC. *Athletic Training Education Journal*. 6(1 Supplement):S21-S22, 2011

- Newton, E.J., **Hankemeier, D.A.,** Van Lunen, B.L. *Evidence-Based Practice: Undergraduate Program Directors' Knowledge and Perceived Importance Level Using the Evidence-Based*

Concept Assessment. 2011 NATA Athletic Training Educators' Conference, Poster Presentation. Washington, DC. *Athletic Training Education Journal*. 6(1 Supplement):S24, 2011

- Manspeaker, S.A., **Hankemeier, D.A.,** Van Lunen, B.L. Curricular Infusion of Evidence-Based Practice via the Evidence-Based Teaching Model. 2011 NATA Athletic Training Educators' Conference, Poster Presentation. Washington, DC. *Athletic Training Education Journal*. 6(1 Supplement):S11, 2011

- Welch, C.E., Van Lunen, B.L., Walker, S.E., Manspeaker, S.A., **Hankemeier, D.A.,** Brown, S, Laursen, R.M., Onate, J.A. *Effectiveness of a Single-Day Evidence-Based Concepts Pilot Workshop for Athletic Training Educators.* 2011 NATA Athletic Training Educators' Conference, Poster Presentation. Washington, DC. *Athletic Training Education Journal*. 6(1 Supplement):S28-S29, 2011

- Welch, C.E., Van Lunen, B.L., Walker, S.E., Manspeaker, S.A., **Hankemeier, D.A.,** Brown, S, Laursen, R.M., Onate, J.A. *Assessment of Evidence-Based Practice Knowledge, Comfort, and Importance Levels of Athletic Training Educators.* National Athletic Trainers' Association Annual Meeting and Symposium, Oral Presentation. Philadelphia, PA. *Journal of Athletic Training*. 45(3):S14-S15, 2010

- **Hankemeier, D.A.,** Manspeaker, S.A., Welch, C.E. *Bilateral Multipartite Sesamoidectomies In a Recreational Athlete: A Case Report*. National Athletic Trainers' Association Annual Meeting and Symposium, Poster Presentation. San Antonio, TX. *Journal of Athletic Training*. 44(3):S104-S105, 2009

- Manspeaker, S.A., Welch, C.E., **Hankemeier, D.A.** *Complex Comminuted Fracture of the Proximal Phalanx after Crush Injury: A Case Report*. National Athletic Trainers' Association Annual Meeting and Symposium, Oral Presentation. San Antonio, TX. *Journal of Athletic Training*. 44(3):S16-S17, 2009

- **Hankemeier, D.A.,** Bennett, H.L., Van Lunen, B.L. *The Effects of a Six-Week Plyometric Training Program on Proprioception and Vertical Jump: A Single Subject Design.* National Athletic Trainers' Association Annual Meeting and Symposium, Poster Presentation. Saint Louis, MO. *Journal of Athletic Training*. 38(2):S103, 2003.

PRESENTATIONS

National

- Invited Breakout Speaker: 2011 NATA Athletic Training Educators' Conference. Washington, DC. "Instilling EBP in Our Students: Bridging the Clinical-to-Educational Gap"

Regional/State

- Invited Speaker: 2011 Iowa Athletic Training Society Summer Clinical Symposium. Pella, IA. " Incorporating Evidence-Based Practice into Clinical Practice"

- Welch, C.E., Van Lunen, B.L., Walker, S.E., Manspeaker, S.A., **Hankemeier, D.A.,** Brown, S, Laursen, R.M., Onate, J.A. *Assessment of Evidence-Based Practice Knowledge, Comfort, and Importance Levels of Athletic Training Educators.* Mid-Atlantic Athletic Trainers' Association Meeting, Oral Presentation, 2010.

- **Hankemeier, D.A.,** Manspeaker, S.A., Welch, C.E. *Bilateral Multipartite Sesamoidectomies In a Recreational Athlete: A Case Report*. Mid-Atlantic Athletic Trainers' Association Meeting, Poster Presentation, 2009.

Local

- Invited Panelist: Texas Christian University Athletic Training Student Association, Fort Worth, TX, November 12, 2010. "Graduate School, What's Next?"

- Invited Panelist: Old Dominion University Alumni Association, Norfolk, VA, November 3, 2010. "Athletic Training Dinner & Discussion"

- Radio Interview: Christian Broadcasting Hope, Anderson, IN, October 19, 2007. Interview with Jennifer Wilson, "Restoring Your Muscles and Exercise"

RESEARCH MENTORSHIP EXPERIENCE

- Masterton, S.M., **Hankemeier, D.A.**, Walter, J.M., Van Lunen, B.L., Webb, T.A. *A Comparison of Pre-Screening Measures in Athletes With and Without Functional Ankle Instability.* Human Movement Science Department: Spring 2012

- Webb, T.A., **Hankemeier, D.A.,** Walter, J.M., Van Lunen, B.L., Masterton, S.M. *A Comparison of Pre-Screening Measures in Athletes With a History of Bilateral and Unilateral Ankle Sprains.* Human Movement Science Department: Spring 2012

- Bobo, A.C., Gaven, S.L., **Hankemeier, D.A.,** Van Lunen, B.L. Differences in Patellar Mobility and Alignment in Individuals with and without Patellofemoral Pain Syndrome. Human Movement Science Department: Spring 2012

- Ingle, L.B., Welch, C.E., **Hankemeier, D.A.,** Van Lunen, B.L. *Employer's Perceptions of NATA-Accredited Post-Professional Athletic Training Education Program Graduates.* Human Movement Sciences Department: Spring 2011

- Newton, E.J., **Hankemeier, D.A,** Van Lunen, B.L. *Evidence-Based Practice: Undergraduate Program Directors' Knowledge, Perceived Importance and Attitude and Beliefs Using the Evidence-Based Concept Assessment.* Human Movement Sciences Department: Spring 2011

- Quada, E.J., **Hankemeier, D.A.,** Van Lunen, B.L., Kowell, S,M., Canfield, A.A., Nelson, C.R., Onate, J.A., Walker, M.L. *The Correlation Between Visual Observations and Inclinometric Measurements*

for Assessments Related to Patellofemoral Pain Syndrome. Human Movement Sciences Department: Spring 2010

- Kowell, S.M., **Hankemeier, D.A.,** Van Lunen, B.L., Quada, E.J. Subjective Visual Observations are Related to Palpation Meter Measurements of the Pelvic Alignment. Human Movement Sciences Department: Spring 2010

- Canfield, A.A, Van Lunen, B.L., **Hankemeier, D.A.** The Effects of a Short Course of Joint Mobilizations on Individuals with Anterior Knee Pain. Human Movement Sciences Department: Spring 2010

- Nelson, C.R., Van Lunen, B.L., **Hankemeier, D.A.,** Walter, J.M, McDevitt, S.A. *The Relationship Between Generalized Joint Laxity and Patellar Mobility.* Human Movement Sciences Department: Spring 2010

- Welch, C.E., Van Lunen, B.L., Walker, S.E., Manspeaker, S.A., **Hankemeier, D.A.,** Brown, S, Laursen, R.M., Onate, J.A. *An Assessment of Athletic Training Educators' Knowledge and Calibration of Evidence-Based Diagnostic Concepts.* Exercise Science, Physical Education, and Recreation Department: Spring 2009

PROFESSIONAL SERVICE

- CAATE Site Visitor — 2009 – present
  - Barton College (Team Member)
  - SUNY Stony Brook (Team Member)
  - Barry Universtiy (Team Member)
- Mid Atlantic Athletic Trainers' Association Student Quiz Bowl Emcee — 2010
- Virginia Athletic Trainers' Association Student Quiz Bowl Committee — 2008 – 2010
- Tidewater Sports Medicine Strength Symposium Coordinator — 2008
- Indiana Athletic Trainers' Association Scholarship Committee — 2005 – 2008
- BOC Exam Proctor & Model — 2003 – 2007

UNIVERSITY SERVICE

- Ball State University, Sports Medicine Minor Advisor — 2011 – present
- ODU Darden College of Education, Dean Search Committee — 2009-2010
- ODU Post-Professional Athletic Training Program Admittance Coordinator — 2009
- Anderson University, Cultural Trip Leader to Ireland — 2008
- American Red Cross Blood Drives On-Site Coordinator — 2004 – 2008
- Anderson University, Athletic Training Student Association Advisor — 2003 – 2008
- Anderson University, Athletic Training Instructor Search Committee — 2007
- Anderson University, Mission Trip Leader to Belize — 2006
- Anderson University, Mission Trip Leader to Dominican Republic — 2005

VOLUNTEER and TOURNAMENT EXPERIENCE

- North American Sand Soccer Championships 2008 – 2010
- Royal Palms Lacrosse Tournament 2005 – 2009
- Norfolk Public Schools Middle School Football 2008
- Belden Lineman Football Camp 2006 – 2008
- Point Guard College Basketball Camp 2005 – 2007
- Bishop Dullaghan Football Camp 2006
- Indiana East/West All-Star Basketball Game 2005
- Anderson Distance Running Camp 2004 – 2005
- North American Sand Soccer Championships 2002 – 2003
- National Youth Sports Camp 2002 – 2003
- ODU Baseball, Basketball, and Field Hockey Camps 2002 – 2003
- National Senior Olympic Games 2003
- JFK Memorial Field Hockey Tournament 2003
- National Junior AAU Basketball Championships 2003
- Boo Williams AAU Basketball 2003
- Futures Stars Basketball 2000

CONTINUING EDUCATION

- Indiana Athletic Trainers' Fall Symposium 2011
- NATA Annual Meeting and Clinical Symposium, New Orleans, LA 2011
- NATA Educator's Conference, Washington DC 2011
- NATA Annual Meeting and Clinical Symposium, Philadelphia, PA 2010
- Mid-Atlantic Athletic Trainers' Association Meeting, Virginia Beach, VA 2010
- NATA Annual Meeting and Clinical Symposium, San Antonio, TX 2009
- Graston Rehabilitation Tools Module II Workshop 2009
- Mid-Atlantic Athletic Trainers' Association Meeting, Virginia Beach, VA 2009
- Virginia Athletic Trainers' Association Meeting, Charlottsville, VA 2009
- NATA Educator's Conference, Washington DC 2009
- Tidewater Sports Medicine Association Symposium, Norfolk, VA 2008
- NATA Annual Meeting and Clinical Symposium, St. Louis, MO 2008
- NATA Educator's Conference, Dallas, TX 2007
- Indiana Athletic Trainers' Fall Symposium, Indianapolis, IN 2007
- BOC Exam Proctor, Anderson, IN 2007
- Indiana Athletic Trainers' Fall Symposium, Indianapolis, IN 2006
- NATA Annual Meeting and Clinical Symposium, Atlanta, GA 2006
- BOC Exam Proctor & Model, Anderson, IN 2006
- Indiana Athletic Trainers' Fall Symposium, Indianapolis, IN 2005
- NATA Annual Meeting and Clinical Symposium, Indianapolis, IN 2005
- BOC Exam Proctor & Model, Anderson, IN 2005
- Indiana Athletic Trainers' Fall Symposium, Indianapolis, IN 2004
- NATA Annual Meeting and Clinical Symposium, Baltimore, MD 2004
- Graston Rehabilitation Tools Module I Workshop 2004
- BOC Exam Proctor, Anderson, IN 2004
- Indiana Athletic Trainers' Fall Symposium, Indianapolis, IN 2003
- NATA Annual Meeting and Clinical Symposium, St. Louis, MO 2003

- BOC Exam Proctor, Anderson, IN 2003
- Approved Clinical Instructor Workshop, Anderson University 2003
- Duquesne University Athletic Training Alumni Weekend, Pittsburgh, PA 2003
- NATA-BOC Examiner Training, Richmond, VA 2003
- Mid-Atlantic Athletic Trainers' Association Meeting, Virginia Beach, VA 2003
- Virginia High School League Wrestling Weight Management, Norfolk, VA 2002