Ph.D. with a Major in Counseling Psychology

Program Description and Application Information

Fully Accredited by the American Psychological Association since 1982

Recognized as the 2005 Department of the Year by the American Psychological Association of Graduate Students



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Counseling Psychology and Guidance Services
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Note. This publication is not intended to replace but rather to supplement the Ball State University Graduate Catalog and the Guidelines for Doctoral Degree Programs of Teachers College.

Inquiries about the accreditation status of our Doctoral Program can be made to:

American Psychological Association

Office of Program Consultation & Accreditation

750 First Street NE

Washington, D.C. 20002-4242

Phone: (202) 336-5979; Fax: (202) 336-5978

Email: apaaccred@apa.org

Website: http://www.apa.org/ed/accreditation

Information contained in this publication was revised in September 2009 but may be changed without notice.

Department of Counseling Psychology & Guidance Services

Our department's mission is to make a significant contribution to the fields of psychology and counseling through research, practice, service, and/or teaching, grounded in social justice and diversity paradigms tied to developmental, systems, holistic, and strength-based theories and strategies.

Philosophy of Training. We train students to become highly competent scientist-professionals in counseling, counseling psychology and/or social psychology to conceptualize and assist persons in the context of their relationships, educational and organizational settings, communities, environments, and the larger world. Students are taught to address and advocate for the psychological, social, spiritual, vocational, educational and physical well-being of individuals, families, groups, and organizations.

Our training philosophy is based on the principles and strategies reflected in our respective professional accrediting bodies (e.g., American Psychological Association; Council for Accreditation of Counseling and Related Educational Programs; Council on Rehabilitation Education). We have a particular focus on educational equity, equality for all groups, health and wellness, peace and human security, environmental preservation and enhancement, and sustainability. These principles and strategies are connected, in part, to the concepts reflected in UNESCO's Education for Sustainability Guidelines* and positive psychology.

*http://portal.unesco.org/education/en/ev.php-URL ID=38232&URL DO=DO TOPIC&URL SECTION=201.html

Ranking of Department and University

The Department of Counseling Psychology and Guidance Services (CPSY) was ranked 11th for scholarly productivity in four esteemed psychology journals, according to a study published in *The Counseling Psychologist* in 2005. The American Psychological Association of Graduate Students recognized our Department as the 2005 Department of the Year. Three of our students were honored with the prestigious Ball State University Distinguished Doctoral Dissertation of the Year Award.

Ball State University was ranked as the nation's top wireless campus in a 2005 survey conducted by Intel Corporation and published in *U.S. News & World Report*. Additionally, in 2007, at its Annual National Role Models Conference, Minority Access recognized Ball State as a university

committed to diversity. In 2006 and 2007, *The Princeton Review* named Ball State as one of the best universities in the Midwest.

Ph.D. with a Major in Counseling Psychology

"Counseling psychology draws upon and contributes to psychological knowledge, particularly in the following domains: vocational behavior...human cognition...human learning and behavior change...human communication and interpersonal behavior ...and the nature of optimal person-environment fit" (Blocher & Biggs, 1983).

The primary goals and purposes of counseling psychology are inherently applied and broadly defined. Counseling Psychologists are concerned with normal human development throughout a broad range of personal, vocational, interpersonal, community, and cultural contexts. Counseling as a profession must address the cultural diversity that exists worldwide. It must also acknowledge the inequities that have existed, for example, as a result of ethnocentrism (e.g., racism), sexism, marginalization, structural violence, ageism, classism, societal trauma, and negative bias toward physically and emotionally disabled individuals. The doctoral program offered through CPSY was developed to train psychologists capable of meeting these goals in a wide variety of settings with diverse multicultural populations. Moreover, the CPSY Department at Ball State University is strongly committed to the training and professional representation of students from diverse cultural and ethnic communities from around the world.

Counseling Psychologists have been described as the generalists of applied psychology. To the degree that this characterization is valid, some confusion regarding the appropriate role of counseling psychology is understandable. However, we believe that Counseling Psychologists offer a perspective and several services that, taken as a whole, are unique among psychological specialties. Unlike their colleagues in clinical psychology, who frequently describe themselves as concerned with severely disturbed clients, Counseling Psychologists historically have been concerned with "hygiology, with the normalities even of abnormal persons, with locating and developing personal and social resources and adaptive tendencies so that the individual can be assisted in making more effective use of them" (Thompson & Super, 1964). Thus, although the Counseling Psychologist may work with an acutely disturbed person, he or she is primarily interested in helping that person develop the skills needed to prevent such disturbances and to help other, better functioning people reduce unnecessary stress and enjoy life more.

Achieving the goal of improving an individual's psychological development has traditionally involved such services as psychological assessment and individual and group counseling. These services have been rendered to both adults and younger people. Another particularly important service of the Counseling Psychologist has been vocational and career counseling. According to some (Fitzgerald & Osipow, 1986), this activity may be one of the Counseling Psychologist's major contributions to his or her clients; given the importance of job and career to self-esteem and life satisfaction, it is indeed difficult to dispute this assertion.

More recently, Counseling Psychologists have offered a variety of other services that can enhance a client's psychological development, including marriage and family counseling, sex therapy, school counseling, health psychology, prevention, and gerontological counseling. Further, Counseling Psychologists consult in educational, medical, vocational, governmental, and correctional settings. In addition, Counseling Psychologists increasingly serve as program developers and evaluators of treatment, prevention, and intervention programs. Counseling Psychologists also engage in social action and justice work and conduct research and hold academic positions in university settings. Counseling Psychologists rely heavily on multicultural models to conceptualize and assist their various clients.

The major thrust of our program is to prepare students to perform these roles within the best traditions of professional practitioners and scientists of psychology. Toward this end, we have set several goals for successful doctoral candidates. We view these goals as mutually interdependent and reinforcing; they are not mutually exclusive.

Before proceeding we should note our program and curriculum are constructed according to what has been called the scientist-professional model of professional training in psychology (Meara et al., 1988). Our program emphasizes developing the skills needed by both the practitioner and the scientist. Like any psychology program, ours is dependent for its content on the theory and empirical data that make up the enterprise of psychology. Accordingly, successful students must demonstrate competence throughout the spectrum of psychological theory and method.

We believe our program goals reflect our consensual definition of counseling psychology, professional strengths, and programmatic purposes. We list the eight goals of our training program in this publication so that prospective students may compare them to their own professional interests.

Program Goals

Students will demonstrate:

- 1. breadth and knowledge of Counseling Psychology.
- 2. ability to think as scientist-professionals.
- 3. ethical and professional behavior.
- 4. competence as practitioners of counseling, assessment, consultation, psycho-education, and program development and evaluation.
- 5. competence as researchers.
- 6. competence as instructors.
- 7. competence in providing supervision.
- 8. multicultural competencies and involvement in social justice actions.

References

Blocher, D., & Biggs, D. (1983). *Counseling psychology in community settings*. New York: Springer Publishing Co.

Fitzgerald, L. E. & Osipow, S. H. (1986). An occupational analysis of counseling psychology. *American Psychologist*, 41, 535-544.

Meara, N., Schmidt, R., Carrington, D., Davis, K., Dixon, D., Fretz, B., Myers, R., Ridley, C., & Suinn, R. (1986). Training and accreditation in counseling psychology. *The Counseling Psychologist*, 16, 366-384.

Thompson, A. S., & Super, D. E. (Eds.). (1964). *The professional preparation of counseling psychologists*. New York: Teachers College, Columbia University.

Teaching Faculty 2009-10: Research and Teaching Interests Charlene Alexander, Ph.D. (University of Nebraska, 1992)

Research interests: international counseling; multicultural counseling competency development; school counseling; racial and ethnic identity measurement and assessment. Teaching interests: school counseling; ethical issues; school counseling administration and supervision. Alexander is the director of the masters program in school counseling.

Sharon Bowman, Ph.D. (Southern Illinois University, 1989)

Research interests: diversity, including race/ethnicity, women, and LGBT; mentoring and supervision. Teaching interests: supervision; multicultural counseling; and practicum. Bowman is the Department Chairperson and is a Fellow of the American Psychological Association.

Jacob Yui-Chung Chan, Ph.D. (University of Wisconsin – Madison, 2009) Research interests: positive psychology; community participation; aging; physical & psychiatric disabilities. Teaching interests: assessment; research; vocational rehabilitation; positive psychology; psychosocial aspects of disability.

Lawrence H. Gerstein, Ph.D. (University of Georgia, 1983)

Research interests: peace, community, and cross-cultural psychology; social justice; applications of social psychology; Eastern philosophy. Teaching interests: research; peace psychology; social justice; brief and family therapy. Gerstein is director of the doctoral program in counseling psychology, director of the Center for Peace and Conflict Studies, and is a Fellow of the American Psychological Association.

Jeong Han Kim, Ph.D. (University of Wisconsin – Madison, 2008) Research interests: application of virtue and character strengths to psychosocial adaptation study of people with chronic illness and disability; resilience; disability benefits and rehabilitation service provision; application of applied behavior analysis in rehabilitation counseling; rehabilitation counselors' professional identity development; multicultural and international rehabilitation. Teaching interests: professional foundations of rehabilitation counseling, counseling theories and techniques, multicultural counseling and issues, research methods, and supervision.

Theresa Kruczek, Ph.D. (Ball State University, 1991)

Research interests: child and adolescent survivors of child sexual abuse; treatment outcome; prevention; child mental health risk and resiliency factors; family systems and school issues. Teaching interests: family systems; child and adolescent counseling; pediatric psychology; school issues. Kruczek is director of the practicum clinic.

Donald Nicholas, Ph.D. (University of Southern Mississippi, 1983) Research interests: health psychology and behavioral medicine; psychosocial oncology; men and cancer. Teaching interests: practicum training; psychopathology; behavioral medicine, psychopharmacology.

Kristin Perrone, Ph.D. (Virginia Commonwealth University, 1998) Research interests: work-family interface; career development; attachment; marital and family dynamics; gender issues; giftedness and high achievers; stress and coping; life satisfaction. Teaching interests: practicum training; counseling skills and theories; group therapy; career theories and counseling; couples therapy. Perrone is the director of the masters programs in community and mental health counseling.

Paul Spengler, Ph.D. (State University of New York at Albany, 1991) Research interests: clinical judgment; test construction; psychotherapy and career counseling; counseling persons with disabilities. Teaching interests: assessment; psychotherapy theory and research; family therapy; research methods; practicum training. Spengler is a Fellow of the American Psychological Association.

Michael White, Ph.D. (Pennsylvania State University, 1975) Research interests: social cognition and perception; attitudes toward the environment; stereotyping. Teaching interests: social psychology; research methodology. White is director of the masters program in social psychology.

Stefania Ægisdóttir, Ph.D. (Ball State University, 2000)

Research interests: psychological help-seeking; coping; test development; cross-cultural/international psychology; generalization of psychological concept across nations; psycho-education; community outreach; prevention; at-risk youth; criminal behavior; application of social psychology constructs to counseling. Teaching interests: research methodology; assessment; program development and evaluation, multicultural counseling; career issues/theories.

University Facilities, Services, and Support Facilities of Department of Counseling Psychology & Guidance Services

The Department operates an in-house Counseling Practicum Clinic that serves about six hundred clients a year from Muncie and surrounding communities. The clinic provides practicum and master's internship experiences for students enrolled in the graduate counseling programs. The clients are counseled by these students under the supervision of, and in consultation with, the faculty. The Departmental, instructional, and research facilities of the Department occupy the sixth floor of the Teachers College building include ten practicum rooms, an observation corridor, and group observation rooms. The practicum and group counseling rooms are equipped with digital video cameras. Doctoral students share office space in the Department, and have access to computers. Teachers College has wireless internet capability. As stated earlier, the university was ranked as the nation's top wireless campus in a 2005 survey conducted by Intel Corporation and published in *U.S. News & World Report*.

University Student Services

Approximately 20,000 undergraduate and graduate students are enrolled at Ball State. Several university offices offer various kinds of support to help students who may need various kinds of support. The Office of Scholarships and Financial Aid, (765) 285-5600, has information about and applications for student loans. Admittance to the doctoral program includes a required doctoral assistantship described in detail on page 10.

The Health Center includes an outpatient clinic and infirmary providing care for acute illness and injuries. It offers health insurance coverage for singles and families. The Housing and Residence Life Office (765-285-8000) has information about graduate residence halls, family housing, and off-campus housing. The Office of Disabled Student Development is available to assist students with special needs. The campus is designed so students with physical disabilities can easily be accommodated. Ball State has won national recognition for its programs and services for disabled students. In 1987 and 1991, the American Association of State Colleges and Universities/National Organization on Disability honored the university with the Disability Recognition Award for Creative Funding and Programming and the Recognition Award for Program Excellence. The Office of Multicultural Affairs administers programs for minority students, and the Center for International Programs offers activities and support for international students.

The Counseling and Psychological Services Center (APA-accredited internship site) is available for free testing, study-skills assistance, and personal counseling. The Center offers practicum opportunities for graduate students to provide counseling and outreach services to clients served by the Center. The Fisher Institute for Wellness works collaboratively with the Department for assistantship, research and practice opportunities.

Recreational activities such as a symphony orchestra, concert & artist series, & sports facilities on campus are offered free or at reduced rates for students.

Living in Muncie

The university is in Muncie, Indiana, a city of approximately 70,000 residents. Muncie is in east central Indiana, about 60 miles northeast of the state capital, Indianapolis. Other nearby cities include Fort Wayne (80 miles away), Cincinnati (120 miles away), and Chicago (200 miles away).

Multicultural Programming Committee

Ball State is committed to increasing the recruitment, enrollment, & retention of students from diverse cultural and ethnic backgrounds. The CPSY Department shares this commitment; a more diverse student body provides a better learning environment for all students. In 1988, the Department established a Multicultural Programming Committee (MPC) to assist in recruitment and retention of diverse students. MPC includes a mix of faculty and graduate students. One of MPC's goals is to increase the number of applicants from cultural groups underrepresented in the profession, and to ensure that all applicants receive fair consideration. MPC's second goal is to encourage a multicultural perspective in the course work and training experiences of all students, regardless of cultural background.

Admission Requirements and Evaluation

Admission to graduate study in counseling psychology requires applicants apply to both the Graduate School and the CPSY Department. The doctoral program in counseling psychology has a selective admissions policy.

Interested persons may telephone the Departmental office toll free at (877) 486-7608, write to the director of training, Dr. Lawrence Gerstein, at the Departmental address, send an e-mail to lgerstein@bsu.edu or cpsydoc@bsu.edu, or visit our website www.bsu.edu/counselingpsych, for more information. Applicants also need to write (gradschool@bsu.edu) or call the Graduate School, (765) 285-1297, to receive application materials for graduate study (www.bsu.edu/gradschool).

General Background of Candidates Selected

The Department prefers candidates who have strong backgrounds in psychology and work experience related to counseling psychology. Candidates may hold a bachelor's or master's degree. In terms of bachelor's level applicants, we prefer individuals who majored in psychology, but this is not required. Master's level applicants must have majored in counseling, counseling and guidance, psychology, educational or school psychology, clinical psychology, social work, or a related field. Candidates admitted with only a bachelor's degree will first pursue a master's degree in counseling in our program and will be officially admitted into the doctoral program upon successful completion of their master's degree. Until this time, they will be conditionally admitted into the doctoral program.

Application Dates

All application materials must be received by December 15.

Tentative Timetable:

Initial Screening Early January
Notification of admission status
Interviews Early-February

Candidates begin the program and assistantships in August.

Background Required

Bachelor's candidates:

- 1. Bachelor's degree from an accredited institution and have an overall bachelor's GPA of at least 3.2 on a 4.0 scale.
- 2. Completed at least 15 semester or 24 quarter hours in undergraduate psychology classes with a GPA of 3.2 in such courses. Psychology majors are preferred, but this is not required.
- 3. Combined GRE (Verbal & Quantitative) of at least 1100.

Master's candidates

- 1. Master's degree from an accredited institution and have an overall master's GPA of at least 3.2 on a 4.0 scale.
- 2. Completed four graduate courses in counseling or counseling psychology, including Theories, Techniques, and Practicum. If Theories and Techniques are taken as one class, then Practicum and two other classes in counseling or counseling psychology are required in addition to the Theories/Techniques class.
- 3. Combined GRE (Verbal & Quantitative) of at least 1000. At our discretion, the Department may admit one applicant a year with GREs below 1000 assuming the applicant is outstanding in other areas and is competitive with others in the applicant pool.

Early Admission Process for CPSY Students

Students who are *currently* enrolled in one of our Department's master's programs (school, clinical mental health, or rehabilitation counseling) are invited to apply for early admission to the doctoral program. The faculty adopted this policy to provide outstanding master's students with a chance to continue their education in our Department without interruption. CPSY students choosing this option must meet the following requirements: be scheduled to graduate by July of the year of admission; have completed or be currently enrolled in a counseling internship; have a master's GPA of 3.75 or greater in one of the counseling master's programs; and have GREs (V + Q)

at 1100 or greater. These applicants should also demonstrate strong backgrounds in psychology and have work experience related to counseling. All application materials must be filed by November 3 of the academic year before the student would start the doctoral program. A decision will be made by the middle of November. Only two (2) students per year may be selected through this early process. CPSY students not meeting these more stringent requirements are strongly encouraged to apply for the regular deadline of December 15. Further details are available in the CPSY office.

Materials To Be Submitted for Application

International candidates:

Applicants from other countries or those who live in the United States who are *not* American citizens must apply to the CPSY Department through the Center for International Programs at Ball State University. The CPSY Department application is also required. All application credentials are evaluated by the Director of International Programs, the Graduate School, and the Department of Counseling Psychology and Guidance Services.

International candidates should obtain an application from the Center for International Programs instead of the Graduate School; **submit all application** materials directly to the Center for International Programs by November 15 to allow time to process the application. For information about admission and application requirements, contact:

Center for International Programs
Ball State University
Muncie, IN 47306
(765) 285-5422; intadmit@bsu.edu
www.bsu.edu/web/international/

U.S candidates:

Separate application materials must be sent to the Graduate School and CPSY Department. Applicants should submit their materials several weeks before the December 15 deadline to allow time to process the application.

Submit the following materials to the Graduate School by December 15:

Graduate School Attn: Doctoral Admissions Ball State University Muncie, IN 47306 (765) 285-1286; gradschool@bsu.edu www.bsu.edu/gradschool/

- 1. **Graduate Admission Application Form and Application Fee.**Application form and graduate catalog are available from the Graduate School and online.
- 2. **Graduate Record Examination Scores General Test** (verbal, quantitative, and analytical scores). Scores more than five years old are not accepted. The Graduate School will forward scores to the Department. Use the Departmental code 2005 for counseling psychology.
- 3. **Two (2) Official Transcripts of All Previous College Work.** This includes transcripts from institutions granting degrees and institutions at which courses were taken outside a degree program or for transfer credit. Transcripts must be issued directly from the institution of study. Upon receipt, the Graduate School will forward one set of your transcripts to the Department. (If you are a student or graduate of Ball State, the Graduate School will obtain your transcripts that are already on file).

Send the following application materials to the Department of Counseling Psychology and Guidance Services by December 15:

Department of Counseling Psychology and Guidance Services Attn: Doctoral Admissions Teachers College Room 622 Ball State University Muncie, IN 47306-0585

- 1. **Departmental Application Form.** This form can be found on our website. The following documents must be attached to the application form: (a) brief autobiography (no more than 2 pages), (b) vita, and (e) matching interest form (see form on website). Applications without these documents will be considered incomplete.
- 2. **Three Letters of Recommendation.** Use the recommendation forms provided by the Department that are found on our website.

Applicants must register to take the Graduate Record Examination (GRE) approximately *four to six weeks before the testing date*. A computerized version of the exam is given weekly. Please note that it takes approximately six weeks for the scores to be sent to the Graduate School at Ball State University, so we recommend taking the GRE no later than October. Information regarding the GRE (including registration application and list of test sites) can be obtained from many college testing centers or by calling the Graduate Record Examination Service at (609) 771-7670.

Applicant Evaluation by the Department

The application review is a three-step process. Credentials submitted by applicants are reviewed by the Department at each step. Successful candidates will be those who reach Step 3.

Step 1. To be considered for Step 1, candidates must have been reviewed by the Graduate School and must have

- 1. Received by date of entry a bachelor's degree or master's degree from an accredited graduate institution.
- 2. An overall undergraduate (for bachelor level applicants) or graduate (for master's level applicants) grade-point average of at least 3.2 on a 4.0 scale.
- 3. For applicants with a bachelor's degree, taken at least 15 semester or 24-quarter hours in undergraduate psychology classes with a GPA of 3.2 in such courses. Psychology majors are preferred, but this is not required. For applicants with a master's degree, taken four or more graduate courses in counseling or counseling psychology, including Theories, Techniques, and Practicum. Consideration will be given to a master's degree applicant only if the person is currently enrolled in or has completed a beginning practicum or its equivalent. If the applicant is presently enrolled in such a practicum, acceptance to the doctoral program will be contingent upon its successful completion (with a grade of B or better).
- 4. Submitted all required application materials by the deadline.

Step 2. If conditions of Step 1 are met, the following criteria are considered:

- 1. *Quality of Transcripts*. Preference will be given to applicants with broad training in psychology. The Graduate School minimum GPA is 3.2 on a 4.0 scale, but successful applicants to the program generally have undergraduate or graduate GPAs higher than 3.5.
- 2. *Types of Experience*. Applicants who have experience in counseling psychology or closely related subjects are preferred.
- 3. Test Scores. Applicants with a bachelor's degree must have a combined GRE (Verbal & Quantitative) of at least 1100. Applicants with a master's degree must have a combined GRE (Verbal & Quantitative) of at least 1000. Applicants with a master's degree with scores below 1000 are encouraged to apply but should have substantial evidence of other academic and professional experience and accomplishments. At our discretion, the Department may admit one applicant a year with GREs below 1000 assuming the applicant is outstanding in other areas and is competitive with others in the applicant pool.

- 4. *Professional/Scholarly Activity*. Preference will be given to applicants who have completed a thesis, published professional articles, or have presented research, conducted workshops, or presented other material to professional societies, or assisted with research.
- 5. Letters of Reference. Consideration will be given to the qualification ratings circled on the three recommendation forms as well as to the written comments.
- 6. Applicant's Autobiography, Professional Goals, Philosophy of Human Behavior and Counseling, Vita, Multicultural and Social Justice Experiences and Interests, and Matching Interest Form. Preference will be given to applicants whose personal goals match the purposes of counseling psychology and the goals of the program. The autobiography will also serve as an example of the applicant's writing skills.

Step 3. The faculty will review each applicant's file according to the listed criteria and rank each candidate individually. Composite ratings will then be computed and ranked. Using these rankings, two groups of applicants will be designated. The groups are as follows:

Invited for interview. Approximately 30 applicants are invited for a one-day, on-campus interview. Applicants meet with faculty and students and are introduced to the Ball State campus. If an on-campus interview is not possible, alternate procedures will be arranged.

Not invited for interview. These candidates will be denied admission for the coming year.

After the interview process is completed, final rankings of the faculty will be complied and offers made to applicants based on these rankings. Applicants who receive an offer have until April 15 to decide whether to accept the invitation to join the program.

Applicant Pool

Seventy-five to 110 applications have been considered annually in recent years. Ten students are admitted annually into the counseling psychology program. Typically, however, 4 students are already admitted prior to the interview day: two early admissions from our master's program and two students who were conditionally admitted into the PhD program with a B.A. degree.

Attrition Rate

We accept only students who we believe are capable of completing the program. From the doctoral class of 2000 through the 2008-09 entering class, there have been 82 students in our Ph.D. program. Eight of these students (9.8%) have left the program either for personal reasons or because they chose to pursue a different doctoral degree.

Acceptance of Offer for Admission to the Program

The Department supports the following statement adopted by the Council of Graduate Schools in the United States:

Resolution for Graduate Scholars, Fellows, Trainees, and Assistants

Acceptance of an offer of financial support (e.g., graduate scholarship, fellowship, traineeship, or assistantship) for the next academic year by a prospective or enrolled graduate student completes an agreement that both student and graduate school expect to honor. In that context, the conditions affecting such offers and their acceptance must be defined carefully & understood by all parties. Students are under no obligation to respond to offers of financial support prior to April 15; earlier deadlines for acceptance of such offers violate the intent of this Resolution. In instances where a student accepts an offer before April 15, & subsequently desires to withdraw that acceptance, s/he may submit in writing a resignation of the appointment at any time through April 15. However, an acceptance given or left in force after April 15 commits the student not to accept another offer without first obtaining a written release from the institution to which a commitment has been made. Similarly, an offer by an institution after April 15 is conditional on presentation by the student of the written release from any previously accepted offer. It is further agreed by the institutions and organizations subscribing to the above Resolution that a copy of this Resolution should accompany every scholarship, fellowship, traineeship, & assistantship offer.

Characteristics of Doctoral Students Entering 2004-2008/09

| | Mean | Minimum | Maximum |
|------------------|------|---------|---------|
| | | | |
| Age of Admission | 26.5 | 23 | 46 |
| Master's G.P.A | 3.89 | 3.54 | 4.0 |
| GRE Scores (V+Q) | 1125 | 810 | 1430 |

Characteristics of Doctoral Students Entering 2004-2008/09 continued

| Sex | ex Race/Ethnicity | | |
|-------|-------------------|------------------|----|
| Men | 12 | Caucasian | 35 |
| Women | 35 | African American | 3 |
| | | Latino/a | 1 |
| | | International | 8 |

| Undergraduat | e Majors | Graduate Majors | |
|--------------|----------|-----------------------|----|
| Psychology | 39 | Counseling Psychology | |
| | | Or Counseling | 39 |
| Counseling | 1 | Clinical Psychology | 5 |
| Other | 7 | Other | 3 |

Ratio of Acceptance to Applicant of Entry Year 2008-09: 1:16 (6%)

Selected Scholarship of Students while in Ph.D. Program

| Publications | Conference Presentations |
|----------------|---------------------------------|
| Average of one | Average of three |

Curriculum Requirements

Basic Requirements

Please note the following curriculum reflects the required coursework and experiences in the doctoral program in counseling psychology. Applicants with only a bachelor's degree must also complete coursework and experiences required in one of our Department's master's programs in counseling. These programs include clinical mental health, school counseling, rehabilitation, or a double major in social psychology and clinical mental health

Total hours. A minimum of 97 semester hours of graduate work beyond a bachelor's degree is required for graduation.

Minimum Time On-Campus. Two full-time academic years after the master's degree are required, but three years are preferred.

Major. The major must consist of a minimum of 73 semester hours of graduate work. Depending on the student's background, students will have a 73-hour major with two 15-hour cognates (a total of 103 semester hours) or a 73-hour major with one 24-hour cognate (a total of 97 semester hours).

Transfer Course Work. Courses successfully completed during the student's master's program may be used to meet some course requirements, subject to approval of the director of the doctoral program and the student's doctoral committee. Students must complete at least 48 hours in the doctoral program at the Ball State campus.

Doctoral Assistantship and Residency. All students are required to complete at least two academic years in residence as full-time students in the program, after a master's degree has been obtained. Although only two years are required, students are strongly encouraged to complete a third year on campus, during which the dissertation is completed, before beginning an internship. Bachelor's level students admitted to the doctoral program will be offered assistantships in the Department as they come available. The typical assignment for such persons will be to work in the Practicum Clinic or in the Department Office. All first-year doctoral students entering with a master's degree are required to accept the assistantship. However, one firstyear student each year may decline the assistantship, with the permission of the Department. The request must be made in writing when the offer of admission is accepted; approval will be determined once the doctoral class is complete. Students may decline the assistantship after the first year. Summer monies are usually available. During the assistantship period, a full-time commitment to the program is expected and required. The assistantship carries a stipend. For the 2008/09 academic year (Fall & Spring Semesters), our doctoral students earned \$9,587. One of our students was awarded a prestigious university fellowship for this academic year. This fellowship paid \$15,500.

For students on assistantship, tuition is waived for the entire calendar year; however, student fees are to be paid by the student. The assistantship training assignments constitute an integral part of the doctoral training program. Students must complete four training assignments during the course of their program whether or not the assistantship is accepted. These include teaching undergraduate courses, staffing the Department's Practicum Clinic, serving as a research assistant, and supervising master's level trainees. Most master's level students are able to graduate from the program in four to five years, including the internship year. Most bachelor's level students are able to graduate from the program in six years, including the internship year.

Dissertation. DISS 799, Doctor's Dissertation, must be taken for a minimum of 10 hours. The dissertation must be psychological and scientific in content, method, and analyses.

Program of Study

During his or her doctoral program, each student must complete the following course work:

A. Psychological Foundations

- Biological bases of behavior
 One of the following courses is required:
 PSYSC 668 Physiological Psychology (3)
 EDPSY 652 Neuropsychological Assessment (3)
- Cognitive-affective bases of behavior (e.g., learning, memory, perception, thinking, motivation, emotion)
 One of the following courses is required:
 PSYSC 615 Learning and Motivation (3)
 PSYSC 616 Perception & Cognition (3)
 EDPSY 765 Theories of Learning (3)
- 3. Social bases of behavior (e.g., social psychology; cultural, ethnic, and group processes; sex roles; organizational and systems theory)

The following course is required: SOPSY 610 Social Psychology (3)

One of the following courses is required:

SOPSY 615 Social Cognition (3)

SOPSY 620 Group Dynamics (3)

SOPSY 640 Social Psychology of Attitudes (3)

SOPSY 655 Counseling Applications of Social Psychology (3)

SOPSY 660 Contemporary Social Psychology (3)

4. Individual behavior (e.g., personality theory, human development, individual differences, abnormal psychology)
The following courses are required:
CPSY 636 Psychopathology (3)

CPSY 678 Theories and Techniques of Counseling the Culturally Diverse (3)
PSYSC 613 Developmental Psychology (3)

5. History and systems of psychology The following course is required: PSYSC 691 Systems of Psychology (3)

B. Counseling Theory, Supervision, and Practice

Theories and techniques
 The following courses are required:
 CPSY 688 Process and Techniques of Group Counseling (3)
 CPSY 720 Advanced Theories of Counseling (3)

2. Practicum courses

The following courses are required after admission to the doctoral program even if they or equivalent courses were taken before admission:

CPSY 746 Doctoral Practicum in Counseling Psychology (3) CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)

CPSY 722 Theories and Techniques of Supervision (2) CPSY 740 Practicum in Counselor Supervision (1)

3. A minimum of 400 hours of practicum is required, of which at least 150 hours are in direct service experience and at least 75 hours are in formally scheduled supervision. Prior to internship, students must be enrolled in CPSY 749, Individual Supervised Experience in Counseling Psychology (1-6), every semester seeing clients through the Department Clinic and/or community.

C. Professional Orientation and Ethics

The following course is required: CPSY 797 Doctoral Seminar in Counseling Psychology (2)

D. Assessment Techniques

1. General assessment The following course is required: EDPSY 746 Theories of Measurement (3) 2. Intelligence assessment The following course is required: EDPSY 650 Individual Testing 11 (Wechsler Scales) (3)

3. Personality assessment
One of the following courses is required:
CPSY 652 Projective Personality Appraisal (3)
CPSY 657 Objective Personality Appraisal (3)

E. Career Development and Assessment

The following course is required: CPSY 610 Career Theories and Realities (3)

F. Research (Design, Methodology, and Statistics)

1. Before beginning the dissertation, students will have received training in the conduct and design of research through participation in research assistantship assignments and the following courses:

CPSY 753 Advanced Research Methods in Counseling Psychology (3) ID 705 Research Colloquium (2) EDPSY 642 Intermediate Statistics (3) (minimum grade of B)

- 2. Students are expected to complete the following:
 - i. Write a research dissertation
 - ii. Be involved with faculty members in continuing research during residency
 - iii. Demonstrate writing skills associated with and appropriate to research in counseling psychology.
- 3. Students are expected to demonstrate proficiency in the following areas:
 - i. Computer competency as demonstrated by successful completion of the Departmental Computer Competency Examination.
 - ii. Statistical Methods as demonstrated by a grade of A or B in one of the following courses:
 EDPSY 741 Applied Regression Analysis for the Social Sciences (3)
 EDPSY 742 Multivariate Statistical Techniques (3)
 EDPSY 743 Introduction to Factor Analysis (3)

- iii. Research techniques as demonstrated by a grade of A or B in the following courses:CPSY 753 Advanced Research Methods in Counseling Psychology (3)ID 705 Research Colloquium (2)
- 4. After successful completion of comprehensive exams, committee approval of a dissertation prospectus, and admission to candidacy to the doctor's degree, students may enroll in DISS 799, Doctoral Dissertation. A minimum of ten hours of DISS 799 is required. Further, post-internship, students must enroll in 3 hours of DISS 799 each Fall and Spring Semester until they graduate.

G. Elective in Counseling Psychology (3)

H. Cognates

Cognates may be in any of several specified subjects. There is flexibility in the development of areas of greatest interest for each candidate and areas related to the person's anticipated employment setting. A student must have either one 24-hour cognate in psychology or two 15-hour cognates, at least one of which must be in psychology. The most commonly chosen cognates for students in the program are:

Consultation Social Justice Diversity in Counseling Psychology **School Counseling Educational Psychology** School Psychology Gerontology Social Psychology Health Psychology Rehabilitation Counseling Couple and Family Counseling Wellness Management Psychological Assessment Vocational Psychology Research Methodology Other graduate programs Neuropsychology directly related to the Anthropology student's professional goals

Time to Completion

Since the class of 2000, it has taken students on average 5.3 years to complete their doctoral degree (Median = 5 years). Since 2000, the percentage of students completing their doctoral degrees in 4 years is 13.3%, 5 years is 53.3%, 6 years is 26.7%, and 7 years is 6.7%. Note that this data is

based on graduation rates through August 2007 and does not include time to obtain a master's degree (for bachelor's level applicants).

Doctoral Committee Formation

Upon admission each student is advised by the director of training until a doctoral committee is appointed. The student's doctoral committee will consist of two faculty from the Department of Counseling Psychology and Guidance Services (one of whom serves as the chairperson), one or two cognate representatives, and an at-large university member who is appointed by the Graduate School. A doctoral committee chair is not identified until at least the tenth week of the fall semester of the first year. Committee selection is based on mutual agreement between the student and the faculty members selected. In general, each faculty member in the Counseling Psychology Department is limited to chairing three committees over a two-year period and serving as a member of two committees for each entering class.

Examinations

Students will be required to take comprehensive preliminary examinations (written and oral, see *Graduate Catalog*), normally after completing one and one-half to two years on campus in the program. Students must pass the examinations prior to applying for internship. A practitioner's skills examination, also required of all students, will normally be completed during the student's second year and must be passed prior to applying for internship as well. All doctoral students, including graduates of our master's program, must complete an APA ethics examination prior to seeing clients. A score of 80% on this examination is considered a pass. Students are also expected to pass the Departmental computer competency examination. They are required to take this examination no later than fall of the second year. The student must pass this examination before proposing the dissertation. Students must successfully defend their dissertation proposal by February 1 of the year in which they submit rankings for internship.

Internship

CPSY 799, Internship in Counseling Psychology (O credit hours), must be taken for an academic year, full-time, or its equivalent over two years, for a minimum time of 1,500 hours. The recommendation is that students take a calendar year internship, or its equivalent over two years, for a minimum time of 2,000 hours in an APA-approved site. Sites not approved by APA must meet APPIC (Association of Psychology Postdoctoral and Internship

Centers) criteria or be individually approved by the Graduate Studies Committee in accordance with the committee's internship guidelines.

In general, our students have done extremely well in securing an excellent internship placement. Most have been placed in one of their top three ranked internship sites. As of the 2009-10 internship year, seventy-seven students had secured a one-year, full time, paid doctoral internships since the 2000-01 internship year. Eighty-six students had applied for internship (89.5% rate of placement). Seventy-two students (93.5%) were placed in APA/CPA approved sites with 76 sites approved by APPIC. For the 2009-10 internship year, 10 of our students applied and 9 were matched in APA internships with one student not matched at all.

Predoctoral Internship Placements 2000 to 2009/10

| 11 cu octor ur interniship i iuccinicitis 2000 to 2007/10 | | | |
|---|---------|-----------------------|-----|
| | Type of | Placement | |
| Counseling Center | 40 | Mental Health Center | 11 |
| Hospital | 12 | School | 2 |
| Veteran's Administra | tion 9 | Corrections | 3 |
| | | | |
| Status of Internship Placement | | | |
| APA Approved Site 72 | • | Non-APA Approved Site | e 5 |

Performance Requirements

Comprehensive Review of Practitioner Skills

A major objective of the program is that our students function as capable practitioners upon graduation. Our system for ensuring competence involves two evaluation procedures. The first consists of a series of faculty evaluations of practitioner skills. All doctoral students are required to see clients throughout their time on campus. Their activity with their clients is supervised and evaluated by the faculty through either group or individual supervision. (Almost all regular faculty members are licensed psychologists with state certification or are license-eligible.) Deficiencies in practice are determined and necessary corrections effected. Practitioner skills are developed through a variety of experiential courses, each requiring direct client contact and formal supervision. During assistantship rotation, students are assigned to the Practicum Clinic office, where they have further client contact. In all of these activities, the student's committee monitors the student's experiential activities, as does the director of training.

A second and additional means of evaluating student competence is an evaluation procedure modeled after the ABPP examinations. In this

evaluation, students submit samples of their best work to a panel of the faculty for evaluation. It should be noted that any work appropriate to the role of a Counseling Psychologist (e.g., counseling, career development, workshop planning, teaching, research, psycho-education, consultation, social action) is acceptable. The description of this procedure follows.

A. Evaluating Practitioner Skills

Three faculty members are elected each year to serve as evaluators of practitioner skills of doctoral students. This committee conducts oral examinations twice a year; the specific times are announced at the beginning of each semester. Students qualify to sit for this examination after presenting to the committee a portfolio of practitioner skills appropriate to the role of a Counseling Psychologist. The portfolio must include audio or videotapes, or both, case conceptualizations, and written materials along with other documents, such as teaching evaluations and summaries of outreach, research and other projects. These materials must be presented to the committee at least two weeks before the scheduled examinations. If the committee judges these materials to be acceptable, the student is invited to take the examination. If either the portfolio materials or the oral examination is judged by the committee to be unsatisfactory, the committee makes specific recommendations to the student regarding improvements needed. Students not satisfactorily completing this requirement are eligible to re-submit their portfolios for the next examination. In no case may a student apply for internship before having successfully completed this requirement. A student who does not satisfactorily complete this examination in three attempts is recommended for termination from the program.

B. Guidelines for Committee to Evaluate Practitioner Skills of Doctoral Students

The following list of general skills and professional behavior is used to determine competencies of the student to be evaluated. The competent counseling psychology practitioner demonstrates:

- 1. Personal commitment to development of professional competencies
- 2. Appropriate verbal and nonverbal communication skills
- 3. Problem-identification and assessment skills
- 4. Case conceptualization and theoretical integration skills
- 5. Goal-setting skills
- 6. Appropriate multicultural counseling skills
- 7. Appropriate plans for client change
- 8. Effective intervention strategies
- 9. Understanding of counseling process factors

- 10. Ability to evaluate counseling progress and assess outcomes
- 11. Termination and referral skills
- 12. Understanding and use of ethical principles in practice

Computer Competency Project

The Counseling Psychology computer competency examination requires students to demonstrate skills in the use of computers through organizing and analyzing research data. These skills include creating and editing data files, writing programs for analyses, running statistical programs (e.g., SPSSX, BMDP, SAS, etc.), and interpreting the results of computer analyses. As stated earlier, students are required to take this examination no later than fall of the second year of study. The student must pass this examination before proposing the dissertation.

Graduation

Formal application for graduation must be made through the Graduate School according to the deadlines established by that office. One of the several forms required by the Graduate School is an updated course-check sheet, which must be approved by the director of training. The Department requires two hard bound copies of the completed dissertation; one for the Department and one for the student's chairperson. Over the years, our graduates have secured excellent positions in a host of settings.

Positions Held by Counseling Psychology Doctoral Graduates (July 1994 to August 2009) from Available Information

| | Number |
|---|--------|
| Faculty member or psychologist at university or college | 52 |
| Psychologist in private practice | 14 |
| Psychologist in agency, institution, or hospital | 45 |
| Post-doctoral fellowship | 7 |
| 1 | |