

UNDERGRADUATE MINOR IN INTERPERSONAL RELATIONS  
Department of Counseling Psychology and Guidance Services  
Teachers College

**About the minor:**

This minor is valuable for students entering careers that require much contact with people, such as psychology, social work, criminal justice, nursing, teaching, special education, speech pathology/audiology, etc. These courses are intended to (1) help students improve their own understanding of principles and dynamics of human interaction, (2) provide students with experiences that will enhance their effectiveness in human interaction, and (3) provide a complement for students majoring in human services areas.

**Requirements:**

The minor requires 15 total semester hours with a minimum of 9 hours required from the CPSY courses listed below. The minor is to be declared through the student's advising resource center. Students may complete the minor in one of two ways:

**Option 1:** They may take all 15 hours from courses in the Department of Counseling Psychology.

**OR**

**Option 2:** They may take a minimum of 9 hours of CPSY courses and take the remaining 6 hours from approved electives listed on this paper.

**Counseling Psychology Courses for the Minor in Interpersonal Relations:**

- CPSY 230 Human Relationship Development (3)
- CPSY 360 Interrelational Aspects of Sexuality (3)
- CPSY 400 Fundamentals of Counseling (3)
- CPSY 420 Techniques of Psychological Interventions (3)
- CPSY 470 Introduction to Cross-Cultural Counseling (3)
- CPSY 490 Issues in Counseling (1-6)

(This is an individual studies course provided to offer students an opportunity to pursue individual studies in a psychological topic of their interest or to assist a CPSY doctoral student or faculty member with research. Enrollment is by permission only. This course is not required to complete the minor but can be applied to the minor if it is selected.)

Up to 6 hours of the following electives may be applied to **Option 2** of the minor.

- NUR 350 Psychiatric Mental Health Nursing
  
- COMM/SPCH Human Communication Theory
- COMM/SPCH Nonverbal Communication in Human Interaction
- COMM/SPCH Interpersonal Communications
  
- HSC 261 Health, Sexuality, and Family Life
- HSC 465 Alcohol Problems

HSC 469	Health and Aging
HSC 471	Death and Dying
HSC 281	Stress Management
ANTH 341	Anthropology and Women
ANTH 481	Ethnohistory
PSYSC 213	Psychology of Human Adjustment
PSYSC 277	Psychology of Sexual Behavior
PSYSC 324	Psychology of Women
EDMUL 205	Introduction to Multicultural Education
EDMUL 206	Advanced Study of Ethnic and Multicultural Group Behavior
FCSFC 202	Family Wellness
FCSFC 475	Marriage
WMNST 210	Women's Studies
PHIL 202	Ethics
SOC 221	African-Americans
SOC 235	Sociology of Women
SOC 241	Deviance
SOC 260	Society and the Individual
SOC 421	Racial and Cultural Minorities in United States
SOC 424	Family
SOC 431	Aging and the Life Course
SOC 433	Sociology of Mental Health
SOCWK 200	Social Work Practice 1 with Field Experience
SOCWK 230	Human Behavior and the Social Environment 1
SOCWK 330	Human Behavior and the Social Environment 2
SOCWK 400	Social Work Practice 3
SOCWK 410	Social Work Practice 4
EDPSY 250	Human Growth and Development
EDPSY 350	Child Psychology
EDPSY 351	Adolescent Psychology
EDPSY 355	Adult Psychology
EDPSY 430	Mental Health
EDEL 452	Psychology of Early Childhood

