THERESA A. KRUCZEK, PH.D.

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MUNCIE, IN 47304
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EDUCATION

Child Clinical Psychology Internship, 8/89-8/90, (APA Approved), Virginia Commonwealth University-Medical College of Virginia Hospital's Virginia Treatment Center for Children.

Ph.D., Ball State University, Counseling Psychology, 12/90, (APA Accredited)
Dissertation Title: Towards understanding career adjustment in traditional vs. nontraditional occupational setting.
Cognates: Social, Marriage and Family

M.A., Ball State University, Pre-Clinical Psychology, 8/86.

B.A., Purdue University, (Distinguished Graduate), Psychology, 5/83.

PROFESSIONAL POSITIONS

Ball State University, Department of Counseling Psychology and Guidance Services
Associate Professor, Muncie, IN
8/99 to Present Tenure Track Position, 9/98 to 8/98 Contract Position

- Director of the Counseling Practicum Clinic
- Master's level practicum instruction.
- Teaching undergraduate and graduate level content courses.
- Supervising doctoral students' clinical cases.
- Department, College and University committee assignments
- Conduct and supervise research, particularly in the area of child abuse/neglect
- Faculty Director of Caring Arts, an abuse prevention program for children with emotionally handicapping conditions.

Virginia Commonwealth University-Medical College of Virginia, Department of Psychiatry
Assistant Professor (Collateral) at Virginia Treatment Center for Children (VTCC). Richmond, VA.
9/92 to 6/98, Clinical faculty member in the Division of Child Psychiatry & Psychology. Specialty areas included child abuse, family therapy, and pediatric consultation/liaison. Teaching emphasis in family systems theory and intervention, play therapy, consultation/liaison services, and projective assessment. Academic responsibilities included:

- Providing training seminars and supervision with an APA approved pre-doctoral internship in clinical child psychology.
- Providing training and supervision for child psychiatry fellows, residents and medical students.
- Coordinating the family therapy training program.
- Conducting treatment outcome research with the child abuse population.

Clinical responsibilities included:

- Serving as a clinician in the outpatient and residential treatment programs at VTCC.
- Providing individual, family, and group psychotherapy as well as psychological assessment to students in the residential and day school program.
- Participating in the eligibility review process and providing school consultations (for VTCC students and outpatient clients' schools)

Administrative positions included:

- Member of the adolescent, residential treatment unit executive team (9/21 – 6/95)
- Service Development Team (administrative unit that designed full continuum of care service delivery system and reallocated staff resources within programs). 12/94 – 6/95.
- Outpatient Clinic Director (during start up phase of outpatient service, program development). 6/95 – 12-95.
- Coordinator of the sexual abuse survivor treatment programs across the continuum of care. 9/21 – 6/98.

Children's Hospital, Department of Psychology
Licensed Clinical Psychologist, Adjunct Faculty.
9/90 to 9/92. Richmond, VA. Adjunct Faculty Member of the Virginia Commonwealth University-Medical College of Virginia.
Populations served:

- Pediatric chronic illness – inpatient and outpatient. Subspecialty diagnostic groups included Developmental Pediatrics and Pediatric Endocrinology.
- Children's rehabilitation – inpatient and outpatient.

Academic responsibilities included:

- Supervising doctoral practicum students.
- Conducting research through the Developmental Pediatrics Clinic.

Clinical responsibilities included:

- Providing individual, group and family therapy as well as psychological assessments.
- Participated on multi-disciplinary treatment teams
- Providing consultation and liaison services to schools and community agencies.
- Providing in eligible review process and providing school consultations for outpatients and patients returning to their home schools.

Virginia Commonwealth University-Medical College of Virginia Hospital, Department of Psychiatry
Child-Clinical Psychology Pre-Doctoral Intern at Virginia Treatment Center for Children (VTCC)
9/89 to 9/90, Richmond, VA.
Responsibilities included:

- Providing individual, group and family therapy for children and adolescent inpatient, outpatient, and day treatment populations.
- Performing psychological assessments.
- Providing consultation and liaison services with community agencies.
- Participating on multi-disciplinary treatment teams.
- Providing case management services.
- Behavior management consultations to the residential and day school programs.

Madison Clinic/St. John's Medical Center

Inpatient and Outpatient Therapist
7/88 to 8/89, Anderson, IN. 20 hours weekly.
Responsibilities included:

- Providing individual and family therapy.
- Performing psychological assessment with adolescent and general outpatient population.
- Providing play therapy for children.
- Community consultation and education services.

Ball State University
Doctoral Fellow
9/86 to 5/89, Muncie, IN. 10-20 hours weekly.

Responsibilities included:

- Practicum supervisor for master's level and first year doctoral level students.
- Participated in counseling practicum clinic.
- Teaching undergraduate courses in Counseling Psychology and Guidance Services department.
- Participated in research.

Comprehensive Mental Health Services-Henry County
Staff Clinician
5/85 to 8/86, New Castle, IN. Full Time Position.
Population served:

- Families of children with behavior problems; abused women and children.

Responsibilities included:

- Serving as a general counselor.
- Providing individual, marital, family, and group counseling.
- Providing psychological assessments.

SCHOLARSHIP
Refereed Publications

Hoffman, M.A., & Kruczek, T., (In press). A Bioecological Model of Mass Trauma: Individual, Community and Societal Effects. *The Counseling Psychologist.*

Gorbett, K., & Kruczek, T. (2008). Family factors predicting social self-esteem in young adults. *The Family Journal, 16,(1)*, 58-65.

Kruczek, T., & Salsman, J. (2006). Prevention and Treatment of PTSD in the School Setting. *Psychology in the Schools, 43(4),* 461-470..

Davis, Andrew S., Kruczek**,** T., & Mcintosh, D. (2006). Understanding and treating psychopathology in the schools: Introduction to the special issue. *Psychology in the Schools, 43(4),* 413-417.

Kruczek, T., Harris, K., Alexander, C. (2005). An after-school counseling program for high-risk middle school students. *Professional School Counseling, 9(2)*, 160-163.

Alexander, C., Kruczek, T., & Ponterotto, J. (2005). Building multicultural competencies in school counselor trainees: A cross-cultural immersion experience. *Counselor Education and Supervision*, *44(4),* 255-266.

Kruczek, T., & Ægisdóttir, S. (2005). Adaptive coping in adolescent abuse survivors: A preliminary study of the Solution Focused Recovery Scale. *Traumatology. 11(1)* 41-55.

Kruczek, T., & Zagelbaum, A. (2004). Increasing adolescent awareness of at risk behaviors via psychoeducational drama. *The Arts in Psychotherapy. 31,* 1-10.

Petersen, L., Kruczek, T., & Schaefner, A. (2004). Gender roles and the family life cycle: The case of women with cancer. *The Journal of Feminist Family Therapy. 2/3*, 99-119.

Wark, M.J. & Kruczek, T., & Boley, A. (2003). Emotional neglect and family structure: Impact on student functioning. *Child Abuse and Neglect, 27(9),* 1033-1043.

Alexander, C., Kruczek, T., Ramirez-Chase, M., & Zagelbaum, A. (2003). A review of articles in *Elementary School Guidance & Counseling, The School Counselor,* and *Professional School Counseling. Professional School Counseling, 7(1)*, 29-34.

Kruczek, T. & Smith, C. (2001). Promoting adaptive self-care in abuse survivors. *Journal of Clinical Assignments, Handouts & Homework in Psychotherapy Practice,1(3)*, 15-31.

Kruczek, T.A., & Vitanza, S. (1999). Treatment effects with an adolescent abuse survivor's group. *Child Abuse and Neglect, 23,* 477-485.

Kruczek, T. A. & Resnick, R. J. (1996). Adolescent consultation: New concepts in training. *Journal of Professional Psychology: Theory, Research, and Practice, 27,* 194-197.

White, M. J., Kruczek, T. A., Brown, M., & White, G. (1989). Occupational sex stereotypes among college students. *Journal of Vocational Behavior, 34*, 289-298 .

Zentall, S. S., & Kruczek, T. A. (1988). The attraction of color for active attention-problem children. *Exceptional Children, 54,* 357-363.

Book Chapters

Nicholas, D., Ægisdóttir, S., & Kruczek, T. (2009). Family and cultural issues in adaptation to cancer. In M. Fisch & A. Burton's *Cancer Pain Management.* New York, NY: McGraw-Hill.

Kruczek**,** T., Vitanza, S., & Salsman, J. (2008).Post-traumatic stress disorder in children. In Gullotta, T. &
Blau, G. (Eds), *Handbook of childhood behavioral issues: Evidence-based approaches to prevention and treatment.* New York, NY, US: Routledge/Taylor & Francis Group.

Kruczek, T., Salsman, J., & Vitanza, S. (2005). Prevention and Treatment of Post-Traumatic Stress Disorder
in Adolescents. In Bloom, & Gulotta, T. (Eds.), *Handbook of adolescent behavioral problems: Evidence-based approaches to prevention and treatment*. New York, NY US: Springer Science.

Petersen, L., Kruczek, T., & Schaefner, A. (2004). Gender roles and the family life
cycle: The case of women with cancer. In A. Prouty Lyness (Ed.), *Feminist Perspectives in Medical Family Therapy*. Binghamton, NY: Haworth Press.

Kruczek, T. (2001). Inside-outside masks. In H.G. Kaduson & C.E. Schaefer (Eds.), *101 more favorite play therapy techniques* (pp. 70-74). New Jersey: Jason Aronson Inc.

Kruczek, T. (2001). Medicine bags. In H.G. Kaduson & C.E. Schaefer (Eds.), *101 more favorite play therapy techniques* (pp. 103-106). New Jersey: Jason Aronson Inc.

Presentations

Kruczek, T. (August, 2009). *Bioecological Model of Vicarious Trauma or Secondary Traumatic Stress.* Paper presented at the 117th Americal Psychological Association Convention in Toronto, Canada.

Wood, H., & Kruczek, T. (April 2009). *Efficacy of a Play Therapy Group with Internalizing,Externalizing,*
and Autism Spectrum Disorders. Paper presented at Great Lakes Conference 2009 in Muncie, IN.

Wheeler, K, Kruczek, T., Duffy, K., & Wright, D. (March 2007). *Psychometric Properties of an Adaptive Behavior Scale for Children.* Paper presented at Great Lakes Conference 2007 in Cleveland, OH.

Kruczek.T. Wright, D., Duffy, K., & Ægisdóttir, S. (April 2006). *Dose response effects of a prescriptive play therapy group.* Paper presented at Great Lakes Conference 2007 in West Lafayette, IN.

Kruczek, T., Wright, D., Duffy, K., & Ægisdóttir, S. (April 2005). *Efficacy of children's creative art therapy group.* Paper presented at Great Lakes Conference 2004 in Bloomington, IN.

Salsman, J. & Gorman, K., & Kruczek, T. (April 2005). *Body image disparagement and a drive for thinness among college females.* Poster presented at Great Lakes Conference 2004 in Bloomington, IN.

Salsman, J. & Kruczek, T. (November, 2004). *Eating disorder behaviors in college females*. Poster presented at the Fall 2004 Indiana Psychological Association Conference in Indianapolis, IN

Ramirez-Chase, M., Kruczek, T., & McIntosh, D., (August, 2004). *Eating disorders and dieting behavior in Paraguayan adolescents.* Poster presented at the 112th American Psychological Association Convention.

Ægisdóttir, S., Brown, T, Canel, D., Dhanbhoora, K., Harris, K., Kruczek, T., Olenick, T, Raney, S., & Shankar, J. (April, 2004). *Got Cultural Sensitivity?* Roundtable presented at Great Lakes 2004 Regional Conference in Muncie, IN.

Gorbett, K., & Kruczek, T. (February, 2004). *Effect of perceived family functioning on social self-esteem in early adulthood..* Paper presented at the 2004 Indiana Counseling Association Conference in Indianapolis, IN.

Kruczek, T., Ægisdóttir, S., & Vitanza, S. (2003, July). *Child Adaptation to Sexual Trauma: Factor Analysis of a New, Parent Rating Scale.* Paper presented at the annual Victimization of Children & Youth International Research Conference in Durham, NH.

Petersen, L., Schaefner, A., & Kruczek, T. (2003, April). *Facilitation of Interviewing Skills: Didactic and Experiential Exercises.* Paper presented at the 5th Annual Teaching and Learning Conference in Muncie, IN

Anderson, H., Blankenbuehler, S., Kruczek, T., Lowry, M., & Wright, D. (2003, April). *The Caring Arts Program*. Paper presented at the Annual Indiana Campus Compact Student Service Learning Conference in Muncie, IN

Zagelbaum, A, Alexander, C. & Kruczek, T. (2002, August). *The 9/11 tragedy: Some school-based initiatives.* Paper presented at APA Convention in Chicago, IL.

Kruczek, T., & Anderson, H. (2002, March). *Developing Service Learning Experiences: Pearls and Pitfalls*. Paper presented at the 4th Annual Teaching Learning Conference in Muncie, IN.

Alexander, C., Kruczek, T., Ramirez-Chase, M., & Zagelbaum, A. (2001, March). *Training school counselors: Educational enhancement vs. mental health.* Roundtable conducted at Houston 2001 Counseling Psychology Conference in Houston, TX.

Borges, N. & Kruczek, T. (2001, March). *Health psychology training in counseling psychology.* Workshop conducted at Houston 2001 Counseling Psychology Conference in Houston, TX.

Kruczek, T., Vitanza, S., DuBois, S., & Carlson, T. (2001, March). *Hospital internships: Are counseling psychology students adequately prepared?* Roundtable conducted at Houston 2001 Counseling Psychology Conference in Houston, TX.

Ordonez, A., Schoen, E., & Kruczek, T. (2001, March). *School violence.* Paper presented at the Houston 2001 Counseling Psychology Conference in Houston, TX.

Kruczek, T. & Kelly, J. (2001, April). *Theories of personality: Developmental perspectives on aging or lack thereof?* Poster presented at The 47th Kirkpatrick Memorial Conference on Aging in Muncie, IN.

Alexander, C., Sebastian, M., Gray, D., Kirkwood, M., & Kruczek, T. (2000, February). *Enhancing the training of school counselors through the development of collaborative partnerships with*

schools. Symposium conducted at the annual meeting of the American Association of Colleges for Teacher Education, Chicago, IL

Zagelbaum. A., Dixon, D., Kruczek, T., & Mobley, M. (2000, April). *School's out: Bridging school and community boundaries.* Symposium conducted at the Great Lakes 2000 Regional Conference in Muncie, IN.

Kruczek, T. & Vitanza, S. (2000, June). *The solution focused recovery scale: An exploratory factor analysis.* Paper presented at the Victimization of Children & Youth International Research Conference, Durham, NH.

Ordonez, A. & Kruczek, T. (2000, June). *Cross-cultural applicability of a self-report method to assess the effects of trauma in children.* Paper presented at the Victimization of Children & Youth International Research Conference, Durham, NH.

Wark, M.J. & Kruczek, T. (2000, June). *The impact of child neglect and family structure on student function.* Paper presented at the Victimization of Children & Youth International Research Conference, Durham, NH.

Wark, M.J., Boley, A., & Kruczek, T. (2000, July). *Child neglect and family structure: Impact on Student Functioning.* Paper presented at the Annual Colloquium of the American Professional Society on the Abuse of Children (APSAC), Chicago, IL.

Kruczek, T. A., Spodek, J. C., White, G., and VanderHill, W. (1999, August). *Selecting and working with a mentor.* Panel discussion moderator at the 4th Annual Graduate Student Development Conference at Ball State University, Muncie, IN

Wark, M. J., Boley, A., and Kruczek, T. A. (1999, April). *Child neglect and family structure: Impact on student functioning.* Paper presented at the Annual Great Lakes Conference, Columbus, OH

Kruczek, T. A. and Alexander, C. (1999, February). *Fostering collaborative parent/school partnerships.* Presentation at the Preparing students for success in the 21st Century Regional Conference sponsored by the Metropolitan School District of Warren Township, Indianapolis, IN

Kruczek, T.A., Vitanza, S., & Akin, K. (1998, July). *Adolescent abuse survivor's group: A dose response outcome study.* Paper presented at the 5th International Family Violence Research Conference, Durham, NH.

Kruczek, T. A. (1995, November). *Developing competence and coping in sexually abused adolescents.* Paper presented at the 9th National Symposium on Child Victimization, Washington, DC.

Kruczek, T.A. (1995, October). *Solution focused interventions with victims of sexual abuse.* Presented at the Medical College of Virginia, Department of Psychiatry Grand Rounds, Richmond, VA.

Kruczek, T. A. (1995, July). *Efficacy of group therapy with sexually abused adolescent females.* Paper presented at the 4th International Conference on Family Violence Research, Durham, NH.

Kruczek, T. A. (1995, April) *A structured therapy group for sexually abused adolescent females.* Lecture presented at the Virginia Psychological Association Convention, Alexandria.

Brunk, M., Kelly, T., & Kruczek, T. (1995, April) *Creative solutions toward privatization of mental health services.* Symposium presented at the Virginia Psychological Association Convention, Alexandria.

Hazra, M. & Kruczek, T. A. (1993) *The effects of two doses of Ritalin on Attention Deficit, Hyperactivity Disorder Children.* Paper presented at the Ambulatory Pediatric Society-Region 4 Conference, Richmond, VA.

Dixon, D. & Kruczek, T. A. (1989) *Causal attribution in the counseling supervision process.* Paper presented at the American Psychological Association Conference.

Brown, M., Kruczek, T. A., White, M. J., & White, G. (1989) *Occupational sex stereotypes as a function of Holland occupational type.* Paper presented at the American Psychological Association Conference.

White, M. J., Kruczek, T. A., Brown, M., & White, G. (1989) *Occupational sex stereotypes among college students.* Paper presented at the Midwestern Psychological Association Conference, Chicago.

Unpublished Manuscripts

Kruczek, T. A. & Johnson, P. Service coordination barriers between primary medical and mental health care providers. Manuscript preparation funded by the National Alliance for the Mentally Ill for presentation to the 107th Session of the U.S. Congress.

LICENSURE AND CERTIFICATION

Indiana, Licensed Psychologist and Health Services Provider in Psychology Certification, #20041547A
Indiana, School Counselor Certification
Virginia, Licensed Clinical Psychologist, #1871 (Inactive)

GRANTS AND AWARDS

RECEIVED

Community Partners Grant, August 2009-May 2010 ($50,000). Choose Respect: Implementation and Evaluation of a Middle School Dating Violence Prevention Program. Choose Respect is a CDC developed and supported experimental, primary prevention program.

Research Grant, 2004-5 Academic Year, from the Association for Play Therapy, ($1500). Prescriptive play group therapy for children with emotionally handicapping conditions.

Scholarship of Engagement Grant, 2002-2003 Academic Year, from Indiana Campus Compact, ($2000). The Caring Arts Program.

Ball State University 2001, New Faculty Research Grant from Office of Academic Research and Sponsored Programs, S.E.E.T. funds ($620). Abuse coping scale: Item development and pilot study.

Ball State University, Fisher Institute for Wellness and Gerontology, 2000 Faculty Development Award. ($500) Late Life Personality.

National Alliance for the Mentally Ill, 1998. ($74,000 total, $7,000 my investigation) Received grant (along with Stephanie Vitanza, Ph.D. and Robert Cohen, Ph.D.) to investigate barriers to coordination between primary care and mental health care providers.

Virginia Commonwealth University, 1994 Faculty Grant-In-Aid. ($7,000) Efficacy of group therapy with sexually abused adolescent females.

Unfunded Application

National Institute of Health/Centers for Disease Control and Prevention – National Center for Injury Prevention and Control, ($400,000). A Holistic, Strength-based, multi-systemic approach to engaging fathers: Adaptations of an empirically supported child maltreatment prevention program.

Scholarship of Engagement Grant, 2002-2003 Academic Year, from Indiana Campus Compact, ($2190). The Effect of Service Learning in Counselor Education.

NIMH R03 Grant, Spring 1997, ($400,000). Evaluating the efficacy of a short-term treatment for adolescent survivors of sexual abuse.

ADDITIONAL TEACHING EXPERIENCE

University of Richmond, 1991-1998.
Adjunct Faculty. Instructor for master's level professional seminars in the areas of clinical issues and psychological assessment.

WORKSHOPS PRESENTED

Preventing high risk sexual behaviors in adolescents. Provided a one hour workshop at the Annual Friends of
the Family Conference. Muncie, IN. February 2007.

Understanding Sexual Development in Your Child. Provided an hour and fifteen minute workshop at the annual Friends of the Family Conference. Muncie, IN. October 2004.

Basics of Play Therapy. Provided a one hour and fifteen minute workshop at 13th Annual Guidance and Counseling Workshop. Muncie, IN. April 2004

Sexually Inappropriate Behaviors in Children and Teens: Assessment and Treatment. Provided a one hour workshop as part of the 3rd Annual Child Psychiatry Forum sponsored by Ball Memorial Hospital, Muncie, IN. February 2004.

Developing Classroom Behavior Management Plans. Provided a one hour and fifteen minute workshop at 12th Annual Guidance and Counseling Workshop. Muncie, IN. April 2003

Diagnosing Impulse Control Disorders in Children and Teens. Provided a one hour workshop as part of the 4th Annual Child Psychiatry Forum sponsored by Ball Memorial Hospital, Muncie, IN. February 2003.

Promoting Active Learning in the Classroom. Provided a one hour workshop to graduate teaching assistants sponsored by the Department of Counseling Psychology and Guidance Services, Ball State University. Muncie, IN. October 2001.

Fostering Adaptive Coping Skills in Abuse Survivors. Provided a half day pre-conference Workshop at Great Lakes 2000, sponsored by the Department of Counseling Psychology and Guidance Services, Ball State University. Muncie, IN. April 2000.

Addressing the Needs of Abused Children and Teens Within the Community Mental Health Setting. Provided a two day workshop sponsored by Richmond Behavioral Health Authority (RBHA). Richmond, VA. December 1998.

Facilitating Adaptive Functioning in Teenagers. Provided a workshop to local family practice groups. Richmond, VA. November 1998.

Minimizing Doctor's Office Fears in Children. Provided a workshop to local pediatrics practice. Richmond, VA. August 1998.

Coping with Child Abuse and Trauma. Provided a half-day workshop sponsored by Commonwealth Institute for Child and Family Studies. Richmond, VA. January 1997.

Group Therapy with Sexually Abused Teens. Provided at the 34th Annual Child Psychiatry Forum. Richmond, VA. May, 1996.Solution Focused Interventions. Provided a two part workshop to the Fredericksburg, VA Community Services Board employees. October 1994.

Time Efficient Therapy with Sexually Abused Teens. Provided at the 33rd Annual Child Psychiatry Forum. Richmond, VA. May 1995.

Parenting Teenagers. Provided a workshop for faculty and staff. Virginia Commonwealth University. Spring 1993, 1994, Winter 1997.

MEMBERSHIPS

American Psychological Association (APA)
American Counseling Association
American School Counselior Association
Indiana Psychological Association (IPA), Board of Directors, Representative for Science & Education
Collaborative Family Healthcare Association
Psi Chi, Honorary Fraternity