Student Recreation and Wellness Center

The Student Recreation and Wellness Center opened its doors on August 18, 2010 after two years of construction. The 200,000-square-foot center includes a three-level fitness room, suspended track, indoor turf field, five court gymnasium, multipurpose room, food service area, and gathering areas for patrons to meet and relax with friends. The facility also houses the Outdoor Pursuits Center, an outdoor resource center that features a 34-foot climbing wall and offers clinics, programs, and rental equipment for various outdoor activities.

Ball State University SRWC Fitness Center is approximately 13,000sq ft. This State of the Art space offers over **250 pieces of fitness equipment**. The equipment includes a wide variety of options for individuals of all fitness levels including **free weights, selectorized weight machines, over 60 pieces of cardio equipment** to meet all fitness needs.
BSU Fit offers many **trained instructors** who teach a variety of fitness classes for all levels of fitness we offer over 70 classes each week during the school year. Some of those include **Spinning, Pilates, Zumba, PIYO, strength training.** These classes are offered all year round and will challenge the fitness levels of all participants.

Recreation facilities are available to all enrolled students. Full-time and part-time students have full access to:

- Student Recreation and Wellness Center (SRWC)
- Ball Gym Fitness Room/Track
- Ball Gym Pool
- Cardinal Creek Tennis Complex
- Field Sports
- Lewellen Pool
- Racquetball Courts

Students who are enrolled in the current semester automatically obtain their SRWC membership. In the fall, students can gain access to all recreation facilities starting the Thursday before the first day of classes.

Phone: 765-285-1753

Link to BSU Recreation Services: http://www.bsu.edu/recreation