Monitoring Progress

Assess Your Current Success

Now that we have passed the midpoint of the semester, it is important to evaluate what you have done so far in your classes and look at what needs to be done before the semester ends.

Are you putting in enough time?

Some experts say for every hour in class, you should spend 2 hours outside of class studying for it. This means that if you are taking 15 hours, you should spend an additional 30 hours studying. In reality, the amount of time spent studying varies upon your knowledge of the subject, your interest level, the professor, the textbook, reading speed, etc. However, the point remains that many students do not dedicate enough time to studying so it is worth looking at the issue.

Do you have clear goals for this semester?

Now that you have been in class for 9 weeks, you know what is expected in your classes. Try the following exercises and see if they help you to clarify your study goals:

- List your classes in order from hardest to easiest
  1.
  2.
  3.
  4.
  5.
  6.
  7.
- List your classes in order from the most important to you (perhaps a class within your major) to the least important
  1.
  2.
  3.
  4.
  5.
  6.
  7.
- Now list your classes again in order beginning with the class you will need to study the most to the class you will study the least. List the number of hours per week you think you will need to study to attain your desired grade. Put that number in the estimated column. Keep in mind the amount of reading, writing, research, and project work that is involved in each class. Obviously, the higher the grade you want to receive, the more study hours it will take. Finally, track the number of hours you spend actually studying for that class each week. Include in this figure all the tutoring, SI, and small group sessions that you attend.

Class	Current Grade	Desired Grade	Estimated Hours	Actual Hours
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____
7. _____	_____	_____	_____	_____
Weekly total			_____	_____

From now until the end of the semester, **challenge yourself** to try to add more "Actual Hours" into your weekly total.

Figure your current GPA

If you are unsure about calculating your current GPA, please paste this link into your browser. At the right side of the webpage, click on the link that says "GPA Calculator". This will bring up a pdf file and it will help you figure out where you currently stand academically!

http://cms.bsu.edu/Academics/Advising/AcademicProgress/GradesGPA.aspx

We hope through this assessment, you will see that you are on target for getting the grades you desire. If not, remember to seek assistance in the Learning Center.

Contact for tutoring appointments:

Core Curriculum Desk	285-3776
Math, Physics, Accounting & Economics Desk	285-3780
Writing Desk	285-3778
Study Strategies Desk	285-3779

BE PROACTIVE ABOUT GETTING HELP RATHER THAN REACTIVE AFTER IT IS TOO LATE!!!